

BALLARAT ASSOCIATED SCHOOLS INCORPORATED

2024 Chairperson: Mr Stephan Fields Ballarat High School

2024 Secretary/Public Officer: Mr Steven Mifsud Damascus College

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1. MISSION STATEMENT

It is the purpose of Ballarat Associated Schools to provide structured competition for the member schools to maximise the opportunities for students to participate in organised sport.

A structured competition will be defined as having at least three member schools represented. Ideally each member school will be represented in all BAS competitions for which they are eligible.

The number of teams entered into each competition will be limited by the constraints of facilities, officials, supervision and funding.

2. STRUCTURE OF ASSOCIATION

2.1 Member Schools

- Ballarat Clarendon College
- Ballarat Grammar
- Ballarat High School
- Damascus College
- Loreto College
- St Patrick's College

Any school in the Ballarat and surrounding regions may apply to become a member by agreeing to pay the appropriate membership fee and by indicating its preparedness, not only to take part in sporting activities, but also to play an administrative role in the work of the Committees.

2.2 Associate Members

A school could become an affiliated member of BAS and pay \$1,055 (2024) per team entry up to 6 teams in one year. Fees shall increase by CPI annually. If more than 6 teams are entered the school would be required to become a full member paying the full yearly subscription and adhering to membership requirements e.g. attending BAS Inc. meetings. Rowing will be considered as 1 team and invoiced separately based on the yearly subscription. Individual MOUs will be drafted for affiliated members to encompass this information.

Associate Member Schools

- Mount Clear College
- Phoenix College
- Mercy Regional College, Camperdown (2024)

2.3 Controlling Body

Ballarat Associated Schools will be governed by a group known as Ballarat Associated Schools Incorporated comprising of the Heads (or a representative of the Head) of each of the member schools. The governing body will be referred to as BAS Inc.

2.4 Heads of Sport

The Heads of Sport, as appointed by each individual school, will be responsible for the school-based co-ordination of BAS Carnivals, competitions and associated activities.

2.5 Executive Officer

An Executive Officer shall be appointed by BAS Inc. under an employment agreement. The Executive Officer will be responsible for the co-ordination of all BAS activities and the ongoing operations of the Association. Duties will be outlined in the agreement.

2.6 General Meetings

BAS Inc. will meet in each term of the school year, including an Annual General Meeting to be held in Term 1. The Chairperson will hold office for two years, and shall be a Principal of a member School. The office of Chairperson will be filled on a rotating basis by member schools.

Heads of Sport will meet each term of the school year, with 2 meetings held in Term 1. The meetings of BAS Heads of Sport will be chaired by the Principals' nominated representative of the Ballarat Associated Schools Inc.

Each school will be entitled to one vote only, as directed by the Principal of the school.

2.7 Extraordinary General Meeting

The Chairperson of the Association may convene an extra-ordinary meeting of the Association at any time, provided that at least four days' notice is given, if requested to do so by BAS Inc. and any three schools through their Principals agreeing that a meeting is required.

2.8 Quorum

A quorum shall consist of representatives of four member schools. No regulation shall be changed except at a general meeting of the Association.

2.9 Fees

Each member school will be required to pay a yearly subscription fee that will be determined by BAS Inc. at the Term 3 Meeting of the previous year.

3. OPERATIONS

3.1 Ballarat Associated Schools Incorporated; PURPOSE

The purposes of the Association are:

- 1. To be a group of like-minded schools in the Ballarat region who associate for the purposes of sporting, cultural and social inter-change in a mutually supportive manner for the benefit of the students of the schools.
- 2. To arrange and enter into inter-school activities in order to cultivate friendship, goodwill and a spirit of fair play and comradeship.
- 3. To promote a spirit of co-operation, generosity, courtesy, consideration and healthy competition amongst member schools at all times.
- 4. To assist, strengthen, represent and promote the interests of schools in the Ballarat and surrounding region in any way whatsoever.
- 5. To take any action deemed expedient or necessary on matters affecting the sporting activities and cultural and social inter-changes with other schools.
- 6. To protect the autonomy of member schools. This autonomy includes the right to participate in sporting, cultural, and social inter-changes with other schools.
- 7. To maintain consultation, co-operation and harmonious relations with other school organisations and appropriate bodies.
- 8. To liaise and consult with government and other authorities and bodies and the public and to advise these bodies of the views and policies of BAS Inc.
- 9. To take any action as is deemed expedient on matters affecting the advancement of sporting activities and social and cultural inter-changes between member schools

Solely for the purpose of furthering the purposes set out above BAS Inc. shall have power:

- to co-ordinate sports activities, dates and fixtures;
- to authorise membership BAS:
- to authorise a code of ethics for BAS Inc. and BAS;
- to oversee adherence to constitutions by member schools;
- to take legal responsibility for individuals and affiliated bodies who are acting on the behalf of BAS Inc;
- to oversee the financial operations of the Association, which although managed in one account, will retain and manage separate records for Co-Ed, Boys and Girls, set and collect membership fees, and report to the BAS Inc. as required.

- to open and operate such bank accounts and payment of such fees as are necessary to transact business;
- to conciliate and arbitrate between affiliated bodies in the event of a dispute;
- to transact business of a lawful nature in light of the purposes of BAS Inc;
- to subscribe or to join other organisations as BAS Inc. sees fit;
- to appoint, employ, remove or suspend such managers, officers, clerks or secretaries as may be necessary or convenient for the purposes of BAS Inc.
- to print and publish material in line with purposes;
- to co-ordinate the rotation of member schools in positions of responsibility in affiliated bodies;
- to produce an Annual Report each financial year.

3.2 BAS Inc. POSITIONS OF RESPONSIBILITY

The positions of *Chairperson*, *Public Officer / Secretary*, *Convenor of Heads of Sport Meetings and Chair of Rowing* shall be held by members of BAS Inc. for a period of 2 years. These responsibilities will rotate among member schools as per a designated sequence.

3.2.1 BAS Inc. Chairperson

2024 - Ballarat Grammar / Ballarat High School

2025 - Ballarat High School

2026 - Damascus College

2027 - Damascus College

2028 - Loreto College

3.2.2 BAS Inc. Public Officer

2024 - Damascus College

2025 - Damascus College

2026 - Damascus / Loreto College TBC (June transition)

2026 - Loreto College

2027 - Loreto College

3.2.3 BAS Inc. Convenor of Heads of Sport Meetings

2024 - Loreto College

2025 - Ballarat Clarendon College

2026 - Ballarat Clarendon College

2027 - Ballarat Grammar

2028 - Ballarat Grammar

3.2.4 Host Schools Rowing

2024 - Damascus College 2025 - St Patrick's College* 2026 - St Patrick's College*

2027 - Ballarat Clarendon College 2028 - Ballarat Clarendon College

4. BAS CONTACTS - 2024

MEMBER SCHOOLS

BALLARAT CLARENDON COLLEGE (BCC)

Address: 1425 Sturt St, Ballarat, 3350

Phone: (03) 5330 8200 Fax: (03) 5332 3553

Email: college@clarendon.vic.edu.au

Founded: 1864 Ballarat College; 1870 Clarendon PLC

Motto: "E Studiis Veritas et Claritas" Colours: Red with Black and Gold

Principal: Ms Jenny Bourke

Email: bourke@clarendon.vic.edu.au

Child Safe Officer: Mr Dean Griffin: Head of Student Wellbeing

griffin@clarendon.vic.edu.au

School Contact: Jordan Taylor

Phone: 5330 8160 / Mobile: 0428 019 611 Email: TaylorJo@clarendon.vic.edu.au Sport Assistant: Ms Tess Lourey Email: Lourey@clarendon.vic.edu.au

Phone: 0457 440 855

BALLARAT GRAMMAR (BG)

Address: 201 Forest St, Wendouree, 3355

Phone: (03) 5338 0700 Fax: (03) 5338 1931

Founded: 1910 Ballarat Grammar; 1877 Queen's

Motto: "Honores Laborem Sequuntur"

Colours: Gold with Blue Headmaster: Mr Adam Heath

Email: headmaster@bgs.vic.edu.au

Child Safe Officer: Mark Warwick: Senior Child Protection Officer

Mark.Warwick@bgs.vic.edu.au

School Contacts: Mr Dean Rossato

Phone: 5338 0878 / Mobile: 0409 967 510 Email: Dean.Rossato@bgs.vic.edu.au Sport Assistant: Mr Leigh Cassidy Email: Leigh.cassidy@bgs.vic.edu.au

BALLARAT HIGH SCHOOL (BHS)

Address: Sturt St West, Ballarat, 3350

Phone: (03) 5338 9000 Fax: (03) 5334 2623

Founded: 1907

Motto: "Duty Always"

Colours: Light Blue and Green Headmaster: Mr Stephan Fields

Email: ballarat.hs@education.vic.gov.au

Child Safe Officer: Michele Kennedy: Assistant Principal School Operations

Michele.Kennedy@education.vic.edu.au

School Contacts: Mr Robert Simmonds

Sport Office: 5338 9078 / Mobile: 0408 413 743 Email: Robert.Simmonds@education.vic.gov.au

Sport Assistant: Mr Ashley Rogers

Email: Ashley.Rogers@education.vic.gov.au

Phone: 0400 491 957

DAMASCUS COLLEGE (DC)

Address: 1412 Geelong Road, Mt Clear, 3350

Phone: (03) 5337 2222 Fax: (03) 5330 2366

Founded: 1995 (from the amalgamation of Sacred Heart College,

St Paul's College and St Martin's in the Pines).

Motto: "To live by the Light of Christ" Colours: Navy with Maroon and Gold

Principal: Mr Steven Mifsud

Email: principal@damascus.vic.edu.au

Child Safe Officer: Mr Christopher Grant: Deputy Principal

c.grant@damascus.vic.edu.au

School Contacts: Mr Gavin Webb

Phone: 5337 2222 / Mobile: 0438 068 446 Email: g.webb@damascus.vic.edu.au Sport Assistant: Mr Patrick Dillon Email: P.Dillon@damascus.vic.edu.au

LORETO COLLEGE (LC)

Address: 1600 Sturt St, Ballarat, 3350

Phone: (03) 5329 6100 Fax: (03) 5329 6111

Founded: 1875

Motto: "Cruci dum Spiro fido"
Colours: Royal Blue and Gold
Principal: Ms Michelle Brodrick

Email: principal@loreto.vic.edu.au

Child Safe Officer: Mrs Chris Shaw: Deputy Principal

cshaw@loreto.vic.edu.au

Contact: Mr Liam Gill

PE Office: 5329 6147 / Mobile: 0411 561 120

Email: LGill@loreto.vic.edu.au

Trainee: Email:

ST PATRICK'S COLLEGE (SPC)

Address: 1431 Sturt St, Ballarat 3350 Postal Address Locked Bag 31, Ballarat 3350

Phone: (03) 5331 1688 Fax: (03) 5331 8150

Founded: 1893

Motto: "Facere et Docere"

Colours: Blue with White and Green

Headmaster: Mr Steven O'Connor

principal@stpats.vic.edu.au

Child Safe Officer: Mr Richard Brodrick: Acting Deputy Principal

rbrodrick@stpats.vic.edu.au

School Contact: Mr Jason Lappin

Phone: 53311688 / Mobile: 0419 470 594

Email: <u>JLappin@stpats.vic.edu.au</u> Sports Administrator: Simon Dwyer Email: <u>sdwyer@stpats.vic.edu.au</u>

ASSOCIATE MEMBERS

MT CLEAR COLLEGE (MCC)

Address: 59 Olympic Avenue, Mount Clear 3350.

Phone: (03) 5330 1500 Fax: (03) 5330 2670

Founded: 1981 Merger of Ballarat Technical School and Ballarat Girls High School

Motto: "Care, Commitment, Respect, Responsibility"

Colours: Black with Red Trim

Principal: Ms Jen Bromely-Lynch (Acting Semester 1)

mount.clear.sc@education.vic.gov.au

Child Safe Officer: Ms Fionna Wooller: Student Services Co-ordinator

Fionna.wooller@education.vic.edu.au

School Contact: Ms Morgan Thomas

Phone: 5330 1500 / Mobile: 0422 331 822 Email: Morgan.Thomas@education.vic.gov.au

PHOENIX P-12 COMMUNITY COLLEGE (PC)

Address: Hertford Street, Sebastopol Victoria 3356 Postal Address: P.O. Box 49, Sebastopol, Victoria 3356

Phone: (03) 5329 3293

Email: phoenix.p12.cc@edumail.vic.gov.au

Founded: 2011 with the amalgamation of Sebastopol College and Redan

Primary School.

Principal: Ms Karen Snibson

Email: Karen.Snibson@education.vic.gov.au
Child Safe Officer: Deanne Joosten- Assistant Principal
Email: deanne.joosten@education.vic.gov.au
Motto: "In Knowledge there is Opportunity"

Colours: Black, Purple and Gold

School Contact: Andrew Hooper

Phone: (03) 5329 3293 / Mobile: 0409 137 978 Email: Andrew.Hooper@education.vic.gov.au

Sport Assistant: Sean Robinson

Phone: 0473 218 472

Email:

BAS EXECUTIVE OFFICER

Contact: Mrs Sharyn Canny

Postal Address: PO Box 212N, Ballarat North 3350

Phone: 0421 052 969

Email: sharyn@bas.vic.edu.au

5. SPORT RULES AND REGULATIONS

5.1 Conduct of Competition

Inter-school sport in Ballarat should be pursued in such a way that competitors accept that while it is expected that they will strive for victory, the long-term purpose of the game is to establish and foster comradeship. Members of the home side should always remember that they are the hosts so that before, during and after the game, the welfare of the visitors is promoted.

The following basic principles have been accepted in Ballarat school competitions for some years:

- 1. No team should withdraw from a fixture without giving adequate prior warning of its inability to compete. Likewise, it is discourteous to take part in a match without a full team and the necessary officials.
- 2. If a student has accepted an invitation to play for the school, it imposes an obligation on him/her to put that fixture before any other commitment. Further, the team members must then be prepared to observe the principles of good sportsmanship.
- 3. The umpires have complete control of the game and deserve the support of all players, coaches and spectators, all of whom should make it their business to know and understand the rules of the game. Umpires often face difficult decisions; it is not the place of students or parents to dispute these decisions. Umpires are asked to report to the coach any student who loses his temper or indulges in unacceptable behaviour or foul play. While umpires do have the right to send a player from the field, it is always hoped that such situations will not arise.
- 4. Spectators, whether students or adults, will naturally be strongly partisan in their support. However, verbal abuse of umpires and the use of audible disparaging remarks about those on the field are not acceptable forms of behaviour.
- 5. Possibly the coaches hold the key to a proper approach to sport. They should always remember that they are dealing with children who are learning how to play a game. Hence their influence is of paramount importance if games are to be played in the correct spirit. Encouragement of weaker performers is highly desirable as every child should be made to feel an important part of a team.

5.2 Code of Ethics

 In addition to the guidelines outlined in the Association Handbook, players, coaches and spectators will be expected to observe the following send-off rule:

Competitors and spectators will be removed from the competition for the following reasons:

- (a) Striking or unduly rough play.
- (b) Poor language/abusive behaviour being directed towards members of the opposition, umpires, any other officials or team mates.
- (c) Continual disputing of umpiring decisions. Players will be given one warning and if they infringe a second time they will be sent off. Seeking clarification of umpiring decisions should only be done by the coach or team captain in a calm and sensible manner.
- (d) In games such as Hockey, which have rules relating to suspending players for infringement of rules, it must be left to the judgement of the umpire whether the offence is serious to warrant a red card, ("send off" permanent suspension) or only a temporary suspension.

NB: The umpire or teacher representative from each of the participating schools will be responsible for enforcing this rule.

- Decisions on whether a student should be permitted to play BAS sport will be made on a case by case basis by the school concerned, but generally suspensions or penalties imposed by external organisations (e.g. community / club sport) shall NOT be carried over to school sport and participation in BAS.
- Each school must make a commitment to re-schedule matches that have been unable to be played.
- If there is a disagreement between schools in a washout decision the Executive Officer needs to be consulted for the final decision.
- If a washout or forfeit is to occur then schools must be notified by at least 1.30pm on the scheduled day of the match. If a school fails to notify then it will be expected to cover the costs involved in the match for the other school and the Association.

5.3 Child Safe Standards

5.3.1 Statement of Commitment

Ballarat Associated Schools Incorporated (BAS) is committed to the safety and wellbeing of all children and young people. All children participating at and involved in BAS events have the right to feel safe and be safe. The wellbeing of our children and young people will be the primary focus of our care and decision-making.

BAS has zero tolerance for child abuse.

BAS is committed to providing a child safe environment where children and young people are free to enjoy life to the full without any concern for their safety, feel empowered and their voices are heard about decisions that affect their lives. Our policies, procedures, strategies and practices in relation to children and young people will be inclusive to the needs of all students including Aboriginal and Torres Strait Islander students, students from culturally and/or linguistically diverse backgrounds, students with disabilities, students who are vulnerable, LGBTQI+ students and international students.

Every person involved with BAS has a responsibility to understand the important and specific role they play individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.

It is the responsibility of all member schools to ensure they are compliant with Ministerial Order 1359 – Implementing the Child Safe Standards – Managing the risk of child abuse in schools and school boarding premises, and further that they have implemented robust policies and procedures for their workers, students and the broader community.

In its planning, decision-making and operations BAS will:

- Provide children and young people with positive and nurturing experiences and take a preventative, proactive and participatory approach to child safety;
- 2. Value and empower children and young people to participate in decisions which affect their lives;
- 3. Foster a culture of openness that supports all persons to safely disclose risks of harm to children and young people;
- 4. Respect diversity in cultures and child rearing practices while keeping the safety of all children and young people paramount;
- 5. Provide written guidance on appropriate conduct and behaviour towards children and young people;
- 6. Engage only the most suitable people to work with children and have high quality staff and volunteer supervision and professional development;
- 7. Ensure children and young people know who to talk with if they are worried or are feeling unsafe,
- 8. and that they are comfortable and encouraged to raise such issues;
- Report suspected abuse, neglect or mistreatment promptly to the appropriate authorities;
- 10. Share information appropriately and lawfully with other organisations where the safety and wellbeing of children is at risk;
- 11. Value the input of and communicate honestly and openly with families and carers. The views of staff, contractors, officials, children, young people and families are taken seriously and their concerns are addressed in a just and timely manner; and
- 12. Systematically and continually identify and assess risks to child safety and will eliminate, where possible, or reduce all potential sources of harm.

Adapted from Our Community (2016) Child Protection Toolkit: The Department of Education and Training. Updated Jan 2023

5.3.2 Conduct

Safeguarding Children and Young People at BAS Events and Activities

It is the purpose of Ballarat Associated Schools (BAS) to provide structured competition for the member schools to maximise the opportunities for students to participate in organised sport.

The purposes of the Association are:

- To be a group of like-minded schools in the Ballarat region who associate for the purposes of sporting, cultural and social inter-change in a mutually supportive manner for the benefit of the students of the schools.
- 2. To arrange and enter into inter-school activities in order to cultivate friendship, goodwill and a spirit of fair play and comradeship.
- 3. To promote a spirit of co-operation, generosity, courtesy, consideration and healthy competition amongst member schools at all times.

(Please see BAS Handbook for a complete list of purposes of BAS)

Commitment to the Safety of Children and Young People - see 5.3.1

(Refer to the BAS website for a full statement re: BAS Commitment to Child Safety www.bas.vic.edu.au)

Purpose of this Code of Conduct

This Code of Conduct has a specific focus on safeguarding children and young people at BAS Events and Activities against sexual, physical, psychological and emotional abuse or neglect. It is intended to complement other professional and/or occupational codes, as well as the policies and procedures of each member school.

All staff, volunteers, officials, contractors, and board/school council members at BAS are expected to actively contribute to a school sporting association culture that respects all members and affirms the values of care for others, compassion and justice. They are required to observe and enact child safe principles and expectations for appropriate behaviour towards and in the company of children, as noted below. All staff, volunteers and contractors are responsible for promoting the safety, wellbeing and empowerment of children. The prevention and reporting of abuse is vital.

Acceptable behaviours

All staff, volunteers, officials, contractors, visitors, parents/guardians and board/school council members are responsible for supporting the safety of children within our association by:

- Adhering to the BAS Child Safety Policy and upholding the associations commitment to child safety at all times;
- Taking all reasonable steps to protect the young people at our events from abuse:
- Reporting any conflicts of interest (such as an outside relationship with a child) that may affect my ability to perform my role;
- Treating everyone in the BAS community with respect, modelling positive and respectful relationships and acting in manner that sustain a safe and

- positive environment, including listening to and valuing the ideas and opinions of children and young people;
- Promoting the cultural safety, participation and empowerment of Aboriginal and Torres Strait Islander young people;
- Promoting the cultural safety, participation and empowerment of young people with a disability, who are vulnerable, LGBTQI+ students and international students, all students with culturally and /or linguistically diverse backgrounds and respecting cultural, religious and political differences and acting in a culturally sensitive way, particularly when interacting with children who are Aboriginal or otherwise culturally or linguistically diverse;
- Promoting the safety, participation and empowerment of young people with a disability;
- Listening to children and young people and responding to them appropriately;
- Ensuring as far as practicable that adults are not alone with a child;
- Reporting and acting on any breaches of this Code of Conduct, complaints or concerns appropriately and treat them seriously and with respect;
- If an allegation of child abuse is made, ensuring as quickly as possible that the young person/people are safe in accordance with the BAS Child Safety Policy;
- Reporting any allegations of child abuse to the school's concerned Child Safety Champion and/or the BAS Executive Officer. Please note that this does not remove any external reporting obligations you may have.
- Understanding and complying with all reporting obligations as they relate to mandatory reporting and reporting under the Crimes Act 1958 (Vic);
- Respecting the privacy of children and their families, and only disclosing information to people who have a need to know;
- Ensuring that this Code of Conduct is followed in any interactions with students from every associated member school of BAS when attending any BAS events or activities.

Unacceptable behaviours

All staff, volunteers, contractors, visitors, parents/guardians and board/school council members must NOT:

- Put young people at risk of abuse;
- Ignore or disregard any suspected or disclosed child abuse;
- Engage in open discussions of a mature or adult nature in the presence of young people;
- Use inappropriate language in the presence of young people;
- Express personal views on culture, race or sexuality in the presence of young people;
- Discriminate against any young person on the basis of age, gender, race, culture, vulnerability, sexuality, ethnicity or disability;
- Tolerate racism in any form;
- Exhibit behaviours with young people which may be construed as unnecessarily physical;

- Initiate unnecessary physical contact with a young person or do things of a personal nature that a young person can do for themselves, such as toileting or changing clothes;
- Develop any 'special' relationships with children that could be seen as favouritism (for example, the offering of gifts or special treatment for specific children);
- Consume alcohol or take illicit drugs under any circumstances at an event where students are present;
- Work with any young person while under the influence of alcohol or illegal drugs;
- Exchange personal contact details such as phone number, social networking sites or personal email addresses with a young person;
- Have any online contact with a child or their family (including by social media, email, instant messaging etc.), unless necessary i.e. by providing families with information relevant to their involvement and participation in BAS events and activities;
- Use any personal communication channels/devices such as a personal email account to contact a child or their family unless necessary i.e. by providing families with information relevant to their involvement and participation in BAS events and activities.

Responsibilities in matters of Child Safety:

All staff, volunteers, officials, contractors, visitors, parents/guardians and board/school are responsible for:

- Listening and responding to concerns of young people; particularly if they are telling you that they or another young person have been abused or that they are worried about their safety/the safety of another young person;
- Reporting any allegations of child abuse as outlined in the BAS Child Protection – Reporting Obligations;
- Understanding and complying with all reporting obligations as they relate to mandatory reporting and reporting under the Crimes Act 1958 (Vic) and as contained in the BAS Child Safety Policy;
- Reporting any child safety concerns as outlined in the BAS Child Protection – Reporting Obligations;
- Ensuring child safety protocols at all BAS events and venues are implemented;
- Ensuring risk assessments at all BAS events and venues incorporate child safety;
- Completing all training provided by BAS in a timely manner;
- Take any and all complaints seriously and follow BAS's Complaints Handling process.

Not following standards of acceptable and unacceptable behaviour is a breach of this Code of Conduct and may result in disciplinary action. Some behaviours on their own may not be a serious breach of the Code of Conduct but together may indicate a concerning pattern of behaviour that poses a risk to the safety of children. Our disciplinary policy provides further information on processes that will be followed if breaches are identified.

Some breaches of this Code of Conduct may need to be reported to the Victorian Police, or to the Commission for Children and Young People.

5.3.3 Child Safe POLICY:

Available at www.bas.vic.edu.au

5.3.4 Complaints and Grievances

BAS is committed to providing a safe and supportive environment. From time to time, students and parents can feel aggrieved about something that is happening within our Association that that they believe requires attention, further investigation or change in procedures or a resolution.

For a copy of the complete guidelines and process, please refer to www.bas.vic.edu.au

5.4 Carnival Rotation Duties

BAS Member schools are required to HOST one of the 5 Major carnivals throughout the school year including: Swimming, Athletics, Road Relay, Cross Country & Lap of the Lake. Exceptions will be made for schools who do not participate in the above events.

BAS Rowing / Head of the Lake shall be hosted in a separate arrangement on a 2-year rotation between participating schools.

Events will be paired according to their organizational requirements and shared between 2 schools alternating every 2 years.

The HOST school is required to stipulate the number of staff required per event and advise participating schools of the number of staff they must provide at the event. The importance of the provision of adequate and competent staff is supported by the Principals.

Athletics / Road Relay – shared between BG & SPC Athletics / Lap of the Lake – shared between LC & BCC Swimming & Cross Country – shared between BHS & DC

		2024	2025	2026	2027	2028	2029	2030
Athletics Field	SPC/BG	SPC	BG	BG	SPC	SPC	BG	BG
Athletics Track /	LC/BCC	BCC	BCC	LC	LC	BCC	BCC	LC
Recording								
Swimming	BHS/DC	DC	BHS	BHS	DC	DC	BHS	BHS
Road Relay	BG/SPC	BG	SPC	SPC	BG	BG	SPC	SPC
Cross Country	DC / BHS	BHS	DC	DC	BHS	BHS	DC	DC
Lap of the Lake	BCC / LC	LC	LC	BCC	BCC	LC	LC	BCC

5.5 Supervision

A staff member from each school is required to accompany each team as supervisor, unless teams are on adjacent courts. Adequate and active supervision must be provided.

5.6 Uniforms

Players are expected to wear uniform appropriate to the school and sport when participating in BAS competition.

5.7 First Aid Provision

It is the responsibility of each school to ensure all teams are accompanied by appropriately trained staff and have been provided with adequate first aid equipment to cater for the sport that teams are involved in.

All schools are expected to provide:

Mobile phones or other means of communication.

First Aid Kit including supplies relevant to the activity.

Emergency contact details and health information for their own students.

At all times, staff in charge of teams are to ensure that the health and safety of the students involved in a fixture is maintained at a standard that is satisfactory for the sport being undertaken.

For ALL matches the HOME TEAM (the 1st named team on the fixture whether a match is being played at a school venue or at an alternate venue) are responsible for providing appropriate BACK UP and SUPPORT for a school's accompanying first aid staff and equipment.

The home team's responsibilities also include:

The provision of a SAFE playing environment.

Availability of sufficient water, ice and adequate shade and ventilation is available for both teams.

Stretcher, ice, heat, first aid kit,

Qualified First Aider onsite at school venues.

At BAS Carnivals and major events (Swimming, Athletics and Cross Country) the Executive Officer will arrange the provision of First Aid, with at least 2 medics in attendance. Individual schools will still be (ultimately) responsible for the welfare of their own students and ensure appropriately equipped and trained staff accompany their students.

5.7 Eligibility

- (a) Players must be currently enrolled in the school that they are representing. Only full-time pupils of the member schools shall be eligible to participate in BAS Sporting Competitions.
- (b) Where teams are graded, a player having played 50% of the team's matches in a higher grade or section, is no longer eligible to play in a lower grade or section.
- (c) In accordance with the spirit of the competition, it would be deemed most inappropriate if a school was to stack a team according to form, week to week.
- (d) Any player may only participate in one match per round per sport or competition.

- (e) There is no required number of games to play before a student is eligible to play in the Finals.
- (f) Players are permitted to move from B to A Grade (Seconds to Firsts) during finals. Players are not permitted to move from A to B Grade (Firsts to Seconds) unless both teams are participating in the Final when teams may be chosen on merit.

THERE IS NO RESTRICTION ON PARTICIPATION / MEMBERSHIP OF A TEAM PROVIDED THE STUDENT QUALIFIES IN THAT AGE GROUP.

5.8 Age Grouping

SENIOR: Senior competition will be available to all students within a

school - Open.

INTERMEDIATE: Intermediate shall mean students in Year 10 and below.

JUNIOR: Junior shall mean students in Year 8 and below.

Where a competition is conducted in only Junior and Senior divisions, Junior shall be defined as Years 7, 8 and 9.

5.9 Fixturing

It is the aim of the Association to schedule, wherever possible, an even number of byes within a fixture. Draws will also, where team entries permit, be prepared on a yearly rotation system.

Rescheduling of matches must be completed with joint agreement. If a suitable rematch time cannot be found the original rostered time shall stand. If one team is unable to play the designated fixture, they will forfeit the match.

In the event of cancellation due to weather, the BAS Executive Officer will determine the allocation of points.

In the event of a wash-out of a round, teams allocated a bye would stand on four points prior to the round being declared washed-out. If any team forfeits, then the winning team would be awarded four points. If wash-out occurs, then teams receive equal points of two points each.

Schools are required to confirm their team entries by Wednesday in the first week of each term, if not before, to assist in the timely production of fixtures.

5.10 Scoring

Unless otherwise stated: -

Win 4 points
Draw 2 points
Loss 1 point
Bye 4 points

Forfeit 0 points (score as stated for specific sports)

Where an uneven number of byes occur in a competition the 2nd bye shall be treated in the same manner as a forfeit, receiving the same score and points.

Where 2 teams finish on equal points at the end of preliminary rounds the results of the matches <u>between these teams</u> shall be used to determine final positions. For Junior and Intermediate competitions, if the results of matches between the two teams is still equal a joint premiership shall be awarded.

When 3 or more teams finish on equal points percentage; **points / goals for** divided by **points goals against x 100**, shall be determined using the scores for and against for the matches between these teams.

When final ladder positions are required for the purpose of a playoff and teams cannot be separated by the methods stated above a playoff will determine the final ladder positions

5.11 Mercy Rule

All Coaches in BAS competition will do their utmost to ensure that all games are a fair and even contest. The suggested mechanisms needed to achieve this will be decided on and used at the discretion of the participating coaches, who on reaching agreement on the standard of the game, will then implement measures to attain the desired outcome.

Coaches can provide an even and fair competition by endeavouring to ensure that opposing players are matched evenly. Another way is to rotate players during the course of the game. At no time are players to make this process demeaning or patronising to their opposition.

The Executive Officer and Heads of Sport shall have the right to monitor all games and approach a Coach or Supervising Staff Member and remind them of their responsibility to abide by the "Mercy" Rule in the best interest, and spirit, of the competition.

The Executive Officer will monitor final scores at the end of each round and check if a problem exists. If it does, they will speak to the relevant Head of Sport and recommend appropriate action to address the problem. If the problem is not addressed the Executive Officer has the power to apply reasonable and appropriate penalties. Overall percentages are not used to determine final ladder positions, only the percentage from matches between the tied teams.

Mercy Rules shall be applied to Junior and Intermediate competition. See specific recommendations under relevant sport sections.

5.12 Late Starts

The BAS requests that where a team is late for a game, 15 minutes lee-way be given where possible in starting games. After that time, the rules of the particular sport in relation to late starts apply.

5.13 Disputes

The handling of disputes is ultimately the responsibility of BAS Heads / Principals. All disputes or claims arising out of any contravention of any Regulations governing sporting contests between BAS schools, or charges against individual players, teams or school officials, shall in the first instance be referred to the Head of Sport of the respective school who may choose to follow up the matter with the appropriate Head of Sport in conjunction of the BAS Executive Officer.

If the matter is not resolved it shall be referred to the Head / Principals of the schools concerned or, if required the BAS Inc. Chair for consideration and adjudication. Any recommendations shall be transmitted to the Chair of Heads for consideration through the Executive Officer.

5.14 Results

RESULTS for ALL BAS Sports are required to be entered into the BAS SportsDash within 48 hours after the completion of the match.

<u>Both</u> schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

CRICKET RESULTS; Go to http://admin-cricket.resultsvault.com to login. ALL OTHER SPORTS; Visit http://admin-sport.resultsvault.com to login.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

5.15 Finals

In all SENIOR competitions, a Grand Final will be played between the top two teams on the ladder at the end of preliminary rounds.

In INTERMEDIATE and JUNIOR competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.

5.16 Grand Final Venue

Unless otherwise stated the Grand Final will be played at the home venue of the higher placed team, if it is deemed to be an appropriate and safe venue. The safety and appropriateness of the venue is to be determined by the Executive Officer of BAS and the Chairperson if there is any dispute.

Where a season has been conducted in its entirety at a single venue then the Grand Final will be conducted at that venue unless stated otherwise in the competition fixture or by negotiation between the participating schools.

5.17 Abandoned Games Procedures

These procedures are to apply to all grades of BAS sport, unless otherwise specified for an individual sport.

- Where an independent umpire in charge of a fixture determines that the game is
 no longer able to proceed due to risk to the safety of the players or
 inappropriate behaviour of both teams, then the game is classed as abandoned
 and points shall be shared between the two competing schools. In such a
 situation the umpire will be asked to submit a written report to the Executive
 Officer of BAS.
- If in the opinion of one (or both) of the school-appointed coaches the match is proceeding in a manner that is inappropriate for the safety of the students involved or the spirit of BAS competition, OR the match cannot continue due to the constraints of the venue availability, the coach will approach the opposing coach to raise the concern.

The following options are then available to the coaches:

- (i) Agreement on the issue of concern.
 - Match stopped immediately. Umpire approached and informed of the concerns. Players to be made aware of the need for a change in behaviour by each coach to his individual team. Play recommenced with a review between coaches to occur at the next scheduled break.
 - Stop the match immediately, with the game to be classed as an abandoned game, no points awarded to either team.
 - Continue the match with a review of the issues at the next scheduled break in play.
- (ii) If there is no agreement between coaches on the issue of concern, one coach has the option of withdrawing his team from the match if he feels that there is a risk to their safety. If this occurs points will not be awarded for the match until the following procedure is applied:

Written reports including time of abandonment, score, conditions etc. submitted to the BAS Executive Officer by the coaches of each team, the umpire and staff who were witnesses at the match.

The outcome for the match would be at the discretion of the Principals of the two competing schools, taking in all the individual and specific circumstances.

5.18 Protocol for inclusion / exclusion of 'core' sports

Suggestions for a sport to achieve 'core sport' status in the BAS competition:

 BAS will support the trial introduction of a 'new' sport, if the sport is; to be administered by an external body, including the provision of administrators, officials, playing venues and required equipment; the sport does not exceed the acceptable running costs of other BAS sports; more than 3 BAS schools enter teams in the trial season.

- Until the sport becomes a Premiership Sport non-BAS schools can be invited to enter the competition and participate at any level once approval is attained. (There will need to be a recommended cut off point with 'invited' schools for the sport. Delegates/Sport Coordinators and finally Heads will need to endorse which non-BAS schools are invited.)
- 3. Three or more schools (50 to 75/%) need to have participated in the same competition for a sustained period of two consecutive seasons before it achieves 'core sport' status and is recognised as a BAS Premiership Sport.
- 4. Once 'core sport' status is achieved, if the number of competing BAS schools drops to 3 schools or less, for 2 consecutive years' then the sport loses its core sport status and will not recognised as a Premiership Sport or be administered by BAS.
- 5. If the number of competing BAS schools drops to 3 schools or less in any division of a core sport, for 2 consecutive years' it is recommended that a different night or format be trialled the following year. If entries are still 3 schools or less, then that division will no longer run and provision will be made for other divisions to include the students no longer provided for, E.g. Junior, Senior Open.

6. ATHLETICS

All BAS Athletic Carnivals shall be conducted according to the rules of Athletics Australia: (https://www.athletics.com.au/info-hub/rules-technical-information/) except where the following regulations state otherwise.

- 1. The Annual Combined Athletic Carnival shall be held in Term 2 on a date to be decided by BAS Inc. preferably in week 3.
- 2. Commencing 2024 the BAS Athletics Carnival will be conducted in age groups, with students only eligible to compete in their current or, a higher year level.
- 3. A competitor shall compete in only one year level for any event.
- 4. A competitor may not compete in more than four individual events and one relay.

Competitors who fail to report in person to an event within 20 minutes of the published start time will be eliminated from that event. Students who have registered for their field event then have 40 minutes from the published start time of that event to compete.

- 5. An Appeals Committee made up of Heads of Sport will deal with any protest lodged by team managers in conjunction with the Chief Referee.
- 6. Unless otherwise stated there shall be two divisions in each event and one student from each school shall compete in each division. Results will stand and points allocated according to the division that students are entered in prior to competition.
- 7. Points scoring for the Aggregate Championship shall be:

	1st	2nd	3rd	4th	5th	6th	7th	8th
Division 1	16	14	12	10	8	6	4	2
Division 2	8	7	6	5	4	3	2	1
Relays	16	14	12	10	8	6	4	2

As well as Aggregate Championships (Boys Aggregate, Girls Aggregate and Co-Educational Shield), there will be championships for Senior Boys and Girls (Years 11 & 12), Intermediate Boys and Girls (Years 9 & 10) and Junior Boys and Girls (Year 7 & 8) divisions using the same points table.

- 8. Athletes who complete at least one attempt at a field event will receive at least one point.
- 9. If 32 points or fewer separate the 1st and 2nd schools, no winner will be announced on the day of the meeting, pending a recount; a winner shall be announced before mid-day on the Tuesday following the carnival.

10. List of Events:

Shot Put	Boys and Girls all year levels (Div. 1 & 2)
High Jump	Boys and Girls all year levels (Div. 1 & 2)
Long Jump	Boys and Girls all year levels (Div. 1 & 2)
Triple Jump	Boys and Girls all year levels (Div. 1 & 2)
100/200 metres	Boys and Girls all year levels (Div. 1 & 2)
400 metres	Boys and Girls all year levels (Div. 1 & 2)
800 metres	Boys and Girls all year levels (Div. 1 & 2)
1500 metres	Boys and Girls all year levels (Div. 1 & 2)
800 metres Walk	Open Boys and Girls (4 competitors per school)
*Walk to be held at the start	of the program (9.20am) and will not earn
aggregate points)	
Relays	4 x 100 metres Boys and Girls all year levels
Reinstated 2023	
Discus	Boys and Girls Junior, Inter and Senior (Div. 1 & 2)
Javelin	Boys and Girls Junior, Inter and Senior (Div. 1 & 2)
3000 metres	Removed from the program in 2018
Hurdles	Removed from the program commencing 2023

11. Specifications:

Shot Put weights are to be the same weights as recommended by Athletics Australia;

Yr 7 Boys 3kg	Yr 10 Boys 4kg	Yr 7 Girls 3kg	Yr 10 Girls 3kg
Yr 8 Boys 3kg	Yr 11 Boys 5kg	Yr 8 Girls 3kg	Yr 11 Girls 3kg
Yr 9 Boys 4kg	Yr 12 Boys 6kg	Yr 9 Girls 3kg	Yr 12 Girls 4kg

Discus weights are to be the same weights as recommended by Athletics Australia:

Yr 7 Boys 1kg	Yr 10 Boys 1kg	Yr 7 Girls 1kg	Yr 10 Girls 1kg
Yr 8 Boys 1kg	Yr 11 Boys 1.5kg	Yr 8 Girls 1kg	Yr 11 Girls 1kg
Yr 9 Boys 1kg	Yr 12 Boys 1.5kg	Yr 9 Girls 1kg	Yr 12 Girls 1kg

Javelin weights are to be the same weights as recommended by Athletics Australia:

Yr 7 Boys 600g	Yr 10 Boys 700g	Yr 7 Girls 400g	Yr 10 Girls 500g
Yr 8 Boys 600g	Yr 11 Boys 700g	Yr 8 Girls 400g	Yr 11 Girls 500g
Yr 9 Boys 700g	Yr 12 Boys 700g	Yr 9 Girls 500g	Yr 12 Girls 500g

Suggested starting Heights and Progressions for High Jump – Girls and Boys

High jump starting heights and progressions are suggestions only. If it is necessary to lower or raise the starting height, this can be done by the Official running the event. The starting height cannot be lower than the height of the landing area. The bar rise increments are also recommendations and can be adjusted accordingly but should not be less than 3 cm.

Girls	Starting	1st Prog	2nd Prog	3rd Prog	Prog
01110	Height	1311109	211d 1 10g	ord i rog	1 109
Yr 7	1.10m	1.15m	1.20m	1.25m	By 5
Yr 8	1.10m	1.15m	1.20m	1.25m	By 5
Yr 9	1.15m	1.20m	1.25m	1.30m	By 5
Yr 10	1.20m	1.25m	1.30m	1.35m	By 5
Yr 11	1.20m	1.25m	1.30m	1.35m	By 5
Yr 12	1.25m	1.30m	1.35m	1.40m	By 5
Boys	Starting Height	1st Prog	2nd Prog	3rd Prog	Prog
Boys Yr 7		1st Prog 1.25m	2nd Prog 1.30m	3rd Prog 1.35m	Prog By 5
	Height		J	J	
Yr 7	Height 1.20m	1.25m	1.30m	1.35m	By 5
Yr 7 Yr 8	Height 1.20m 1.20m	1.25m 1.25m	1.30m 1.30m	1.35m 1.35m	By 5 By 5
Yr 7 Yr 8 Yr 9	Height 1.20m 1.20m 1.25m	1.25m 1.25m 1.30m	1.30m 1.30m 1.35m	1.35m 1.35m 1.40m	By 5 By 5 By 5

12. PROCEDURE to be adopted should the Athletics carnival be interrupted by rain after it had commenced.

Where the weather is considered bad enough to abandon the program, the decision will be made by a majority of the BAS Inc. Heads whose schools are participating in the carnival and who can be quickly and easily be contacted. Where a decision is made to abandon the program due to poor weather conditions, it was decided that:

If a relief day is still available then the program will be stopped and then restarted at the same point on the reserve day.

If no reserve day is available and more than 50% of events have been decided then the result will be based on placings at the end of events completed at the time of abandonment of the program

If no reserve day is available and less than 50% of events have been completed then no result will be declared for the carnival for that year.

NB: Any records set in events completed, will stand as BAS records.

6.1 School Officials Duties List

- Each school is allocated two field events and must be responsible for the organisation, supervision and recording of all results on the day.
- Each event must have a minimum of 2 officials these officials can be one of the following:
 - 1. Two PE trained staff members one to oversee each event, plus a further two assistants which can be senior students, staff, gap or uni students.
 - 2. One PE trained staff member to oversee both events and a further three adults, staff, gap or uni students.

SCHOOL	TRACK OFFICIALS	FIELD OFFICIALS	OTHER OFFICIAL TASKS
Loreto College OR Ballarat Clarendon College	(1) Finish Marshal x 1 – for all track events, record for distance events and organise competitors at the end of the race. (2) Finish Recorders x 2 – record places and times and distribute ribbons.	REQUIRED	 (3) Computer results recording x 3 (4) *Walk Judge - 1 staff Official (5) Morning Tea for all staff 6/7 Staff + Team Managers
	Team Manager for students		or Stall + Team Managers
St Patrick's College OR Ballarat Grammar	 (1) Commentator x 1 (2) Starter x 1 - for all track events (3) Starters marshals x 2 - for all track events 	 (4) Official Track Referee x 1 – to clarify any questions relating to the track events. (5) Official Field Referee x 1 –to clarify any 	(6) *Walk Judge – 1 staff Official (7) Lunch for all staff and managers
	Team Manager for students	questions relating to the field events. Senior Students to assist Field Events as required	6/7 Staff + Team Managers + Students if required
St Patrick's College OR Ballarat Grammar	Team Manager for students	*Hurdles event x 1– responsible for height and distance *Boys High Jump – 2 staff *Girls High Jump – 2 staff	5 Staff + Team Managers
Ballarat High School	(1) Timekeeper x 1 – manual back up Team Manager for students	*Boys Triple Jump – 2 staff *Girls Triple Jump – 2 staff	5 Staff + Team Managers
Damascus College	(1) Timekeeper x 1 – timing gates Team Manager for students	*Boys Long Jump – 2 staff *Girls Long Jump – 2 staff	5 Staff + Team Managers
Ballarat Clarendon College OR Loreto College	(1) Chief Finish Marshal x 1 – for all track events, record for distance events and organise competitors at the end of the race.	*Boys Shot Put – 2 staff *Girls Shot Put – 2 staff	5 Staff + Team Managers

Team Manager for	
students	

7. BADMINTON

7.1 Badminton – Co-Ed

All Badminton games shall be played according to the rules of the Badminton World Federation except where the following rules state otherwise. Simplified Rules: (https://system.bwfbadminton.com/documents/folder_1_81/Regulations/Simplified-Rules/Simplified%20Rules%20of%20Badminton%20-%20Dec%202015.pdf) (https://corporate.bwfbadminton.com/statutes/#1513733461252-a16ae05d-1fc9)

- 1. **First named school to provide shuttles and score sheet**. Games commence at 4.00pm sharp. Play is to cease at 5.30pm at all venues even if fixture is not completed.
- 2. Sports uniform must be worn. No school uniforms are to be worn on court.
- 3. Matches will be played at Ken Kay Badminton Stadium. If the competition is too large for one centre D Grade will be played at St. Patrick's College, at the same time as the A-C Grades. Competition gym shoes must be carried into the stadium.
- 4. Plastic shuttles should be used for "B", "C" and "D" Grades. Feather shuttles should be used for "A" Grade.
- 5. There will be four grades with the following restrictions:
 - 6 players per team guaranteed entries
 - D Grade Years 7 & 8 (Mixed or single sex teams). (2 teams per school)
 - C Grade Years 9 & 10 (Mixed or single sex teams). (2 teams per school)
 - B Grade (3 boys and 3 girls) Open (2 teams per school) *There may be an option for a B Grade boys or girls competition entries permitting)
 - A Grade (3 boys and 3 girls) Open (1 team per school)

In the event of a school having more teams for a particular grade than the stipulated number then they will be entered into a ballot for remaining places within that grade.

- 6. Points will be awarded as for all BAS Sports. See 5.11
 Should games be equal at the conclusion of all matches, the school with the most points from 6 games will be declared the winner.
 - A game is played to 21 points.
 - Every time there is a serve there is a point scored.
 - The side winning a rally adds a point to its score.
 - At 20 all, the side which gains a 2-point lead first, wins that game.
 - At 29 all, the side scoring the 30th point, wins that game.
- 7. Schools are required to rank their players in order of ability; 1 being the strongest player. Males (M1, M2 & M3) and Females (F1, F2 & F3) are to be ranked separately.

In accordance with the spirit of the competition, it would be deemed as most inappropriate for a school to alter these rankings weekly or throughout the competition. It is understandable that rankings may be required to change according to player availability and injury, but every effort must be made to keep rankings consistent with player ability.

- 8. Format of Play, for mixed competitions:
 - Each round will consist of 6 games:
 - 1. 2 men's doubles, designated as MD1 and MD2 in order of strength.
 - 2. 2 women's doubles, designated as WD1 and WD2 in order of strength.
 - 3. 2 mixed doubles, designated as XD1 and XD2 in that order of strength.
 - Where possible, the order of play should be:
 - 4. MD2 and WD2
 - 5. MD1 and WD1
 - 6. XD2
 - 7. XD1
 - Each player can only play in a maximum of two games.
 - Following the team's rankings, men's and women's doubles ranking of pairs will be as follows:
 - 8. M1/M2 or F1/F2
 - 9. M1/M3 or F1/F3
 - 10. M2/M3 or F2/F3
 - Following the teams rankings, the mixed doubles ranking will be based on the sum of each individuals rankings. For example M1 and F1 pair for a minimum value of 2 making them the strongest pair. M1 and F3 pair for a value of 4 as would M2 and F2. If two pairs of equal sum are both selected to play mixed; the school may choose which order to play the pairs in; otherwise, the strongest pair (lowest sum) must play XD1.
- 9. If schools do not have six players for a team entered on the night, then they may still play that round, but will forfeit games accordingly:

- 1 player = forfeit 2 games
- 2 players = forfeit 2 games
- 3 players = forfeit 4 games

A team must have four eligible players for a match for premiership points to proceed.

NB: Players can only play 2 sets in one team per night.

10. Grand Final: A and B Grade ONLY - in the event of a tied result (points equal then games equal), the results of the matches between the equal teams shall be used to determine final positions.

NB: In C and D Grade competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership. In the event of a tied result (points equal then games equal), the results of the matches between the equal teams shall be used to determine final positions.

11. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

7.2 BAS Singles Badminton Championship

Boys: Brehaut Family Trophy

Girls: BAS Lemonade & Trophy Shoppe Girls Singles Championships

A Senior Singles Championship will be held each year during Term 2, generally during week 6, at the Ken Kay Stadium.

Each school will be eligible to enter 4 players. Should the fixture permit and at the discretion of BAS EO, schools may request entry of additional players in this event. These players will be seeded by the senior badminton coaches in conjunction with the Badminton Association.

Each school must have its entries to the BAS Executive Officer two (2) weeks prior to the date set for the preliminary rounds.

The competition will follow a round robin format for both boys and girls.

Each school is to supply one tube of regulation feather shuttles to the event convenor at the commencement of the preliminary rounds.

Preliminary rounds will be played best of 3 to 21 point sets – No setting

Quarter Final - best of 3x21 point sets.

Should a quarter final be required, the first 2 sets will be won by the player who first scores 21 points. If a third set is required, the set shall be won by the player which first scores 21 points, except, if the score becomes 20-all, the player which gains a two-point lead first, shall win that set. In the event the score is 29-all, the first to 30 will win the match.

Semi Finals and Final - best of 3x21 point sets.

A set shall be won by the player which first scores 21 points, except, if the score becomes 20-all, the player which gains a two-point lead first, shall win that game. In the event the score is 29-all, the first to 30 will win the set.

*This may be adjusted in relation to the number of entries and preliminary matches played.

Competition will commence at 11am and aim to conclude by 3.00pm.

8. BASKETBALL

8.1 Basketball - Senior Boys

- All games shall be played according to the rules of the Victorian Basketball Association, (http://basketballvictoria.com.au/rules-of-the-game/) except where the following regulations state otherwise:
- 2. Matches are to be played in Term 3 on Thursdays 4.00pm and 4.50pm at St Patrick's College.
- 3. Each game will be 2 X 20-minute halves. Size 7 ball to be used.
- 4. Independent referees will be appointed where possible. When this is not possible BOTH schools are to arrange their own referee for matches or risk being required to forfeit that match if no officials are provided.
- 5. Each team is to supply a competent timekeeper/scorer. Both scorers are to sit together during the game.
- 6. A team must have 4 eligible players to take the court before a match for premiership points may proceed. No more than 12 players are permitted in any team for basketball.
 - Uniforms must have numbers, if this is not possible, bibs with numbers must be worn
- 7. During the preliminary rounds, no extra time will be played if a tie exists at full time.
- 8. Clock stops: For all time outs

 Every whistle last 1 minute second half
- 9. **Forfeit** The score for a forfeit shall be recorded as 20 0.

10. **Final:**

- (a) The two teams that finish on top of the ladder after the preliminary rounds will play off in a Grand Final.
- (b) Grand Final will be played under the same match conditions as the preliminary rounds, except for when a tie exists at the end of normal time.
- (c) When a tie exists at the end of normal time, 5 minutes extra time will be played, continuing to shoot at the same end.
- (d) If a tie still exists at the end of extra time, another period of extra time will be played.
- (e) If a tie still exists after 2 periods of extra time joint premiers shall be declared.

BAS Scoresheets must be completed prior to the start of the match and signed by both coaches and referees at the conclusion of the game.

RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

8.2 Basketball - Intermediate Boys

All games shall be played according to the rules of the Victorian Basketball Association, (http://basketballvictoria.com.au/rules-of-the-game/) except where the following regulations state otherwise:

- 1. Times of play on Wednesdays in Term 3 4.00pm & 4.50pm. All games to be played on a Home and Away basis if possible.
- 2. Games to be 2 X 20-minute halves with two minutes at half time.
 - One time out per team per half.
 - Clock stops for all time outs and for every whistle in the last minute of the second half.
 - Size 7 ball to be used.
- 3. Each side is to supply a **referee**. Both sides are to supply a scorer. **Scorers** are to sit together throughout the match.
- 4. **Uniforms** must have numbers, or bibs with numbers on them must be worn.

A team must have 4 eligible players to take the court before a match for premiership points may proceed. No more than 12 players are permitted in any team for basketball.

- 5. **Forfeit:** The score for a forfeit will be recorded as 20 0.
- 6. **Mercy Rule**; Once a team is leading by 30 points or more, that team is required to restrict defence to behind the opposition's 3-point area.

If after half time the margin reaches 40 points, coaches are to call a time out at which point the game will be 'called' and deemed to be over. The score at this time will be recorded as the final score.

The remainder of the game will be played as a 'friendly' game, where coaches can implement strategies to ensure the game is fun and enjoyable with the emphasis on giving less experienced players the opportunity to play a more active role in the match.

7. The team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the **premiership.**

Where two teams are equal on points at the end of the preliminary rounds, their positions will be determined by percentage of points for and points against in matches between the tied teams. If a tie still exists, a tie-break match will need to be played.

8. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the

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8.3 Basketball - Junior Boys

All games shall be played according to the rules of the Victorian Basketball Association, (http://basketballvictoria.com.au/rules-of-the-game/) except where the following regulations state otherwise:

- Times of Play: Tuesday Term 3.
 Year 8 Matches at 4pm / Year 7 Matches at 4.50pm
- 2. Games to be 2 X 20-minute halves with two minutes at half time.
 - One time out per team per half.
 - Clock stops for all time outs and for every whistle in the last minute of the second half.
 - Size 6 ball to be used by Year 7's. / Size 7 ball to be used by Year 8's.
- 2. Each side is to supply a **referee**. All sides are to supply a scorer. **Scorers** are to sit together throughout the match.
- 3. Uniforms must have numbers, or if not, bibs with numbers must be worn.
- 4. A team must have 4 eligible players to take the court before a match for premiership points may proceed. No more than 12 players are permitted in any team for basketball.
- 5. **Forfeit:** The score for a forfeit will be recorded as 20 0.
- 6. **Mercy Rule**; Once a team is leading by 30 points or more, that team is required to restrict defence to behind the opposition's 3-point area.

If after half time the margin reaches 40 points, coaches are to call a time out at which point the game will be 'called' and deemed to be over. The score at this time will be recorded as the final score.

The remainder of the game will be played as a 'friendly' game, where coaches can implement strategies to ensure the game is fun and enjoyable with the emphasis on giving less experienced players the opportunity to play a more active role in the match.

7. The team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the **premiership.**

Where two teams are equal on points at the end of the preliminary rounds, their positions will be determined by percentage of points for and points against in matches between the tied teams. If a tie still exists, a tie-break match will need to be played.

8. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

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8.4 Basketball - Girls

Played under the rules of the Victorian Basketball Association, (http://basketballvictoria.com.au/rules-of-the-game/) except where the following regulations state otherwise:

- 1. The regulation ball size for all BAS Girls games is SIZE 6.
- 2. The official starting time for games will be 4.00pm and 4.50pm. If a team is late the other team shall be awarded one point for each minute the team is late, up to ten minutes, at which time a walkover shall be declared. *Keeping in mind section 5.10. Late Starts where some leeway is given if possible and is not affected by court availability.*
- 3. A team must have 4 eligible players to take the court before a match for premiership points may proceed. No more than 12 players are permitted in any team for basketball.
- 4. The match shall consist of 2 x 20-minute halves with 2 minutes at half time.
 - Each team is allowed one time out per half.
 - The clock shall stop for all time outs.
 - The clock shall stop on all whistles in the last minute of the second half.
- 5. BAS will attempt to appoint independent referees where possible. When this is not possible BOTH schools are to arrange their own referee for matches or risk being required to forfeit that match if no officials are provided.
 - Each team shall provide one umpire and one scorer for all home and away matches.
- 6. **Forfeit**: The score for a forfeit will be recorded as 20 0.
- 7. 3 Point Line If a 3-point line is in place at the venue, the rule applying to 3-point shots shall apply.
- 8. **Mercy Rule for Junior and Intermediate matches only;** Once a team is leading by 30 points or more, that team is required to restrict defence to behind the opposition's 3-point area.

If after half time the margin reaches 40 points, coaches are to call a time out at which point the game will be 'called' and deemed to be over. The score at this time will be recorded as the final score.

The remainder of the game will be played as a 'friendly' game, where coaches can implement strategies to ensure the game is fun and enjoyable with the emphasis on giving less experienced players the opportunity to play a more active role in the match.

- 9. FINALS: For SENIOR competition ONLY
 - (f) All finals shall consist of 2 x 20-minute halves. Each team shall be allowed two time-outs per half. The clock shall stop on all whistles in the last minute of the second half. The clock shall stop on all time outs.
 - (g) If a tie exists at the end of normal time
 - (h) 5 minutes extra time will be played, continuing to shoot at the same end.
 - (i) If a tie still exists at the end of extra time, another period of extra time will be played.
 - (j) If a tie still exists after 2 periods of extra time joint premiers shall be declared.
 - (k) BAS will attempt to appoint independent umpires for all BAS Basketball Finals.
- 10. In INTERMEDIATE and JUNIOR competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.
- 11. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

9. CRICKET

BAS Cricket shall be played according to the rules of Cricket Australia: (https://www.cricketaustralia.com.au/cricket/rules-and-regulations) unless otherwise stated in the regulations listed below.

9.1 Cricket - First XI, Second XI Boys, Third XI Boys (commencing 2021)

9.1.1 Twenty / 20 Cricket

First XI T20 Cricket will be played Fridays at 4pm in Term 4.

Second XI Cricket will be played Thursdays at 4pm in Term 4 and the following Term 1. The number of rounds will be determined by the number of entries received.

Third XI Cricket will be played Wednesdays at 4pm in Term 4 and the following Term 1. The number of rounds will be determined by the number of entries received.

The WINNER of the First XI T20 competition will be awarded the Percy Beames Trophy

1. Hours of Play and Intervals

Standard Scheduled Start and Cessation Times are as follows and are subject to travel time and traffic conditions:

First Session	4.00pm - 5.15pm
Interval	5.15pm - 5.30pm
Second Session	5.30pm - 6.45pm

First XI T20 matches must be played on turf wickets

Second XI matches are to be played on turf wickets whenever possible but may be rescheduled to a hard wicket if necessary.

2. Duration

The matches will consist of one innings per side, each innings being limited to a maximum of 20 overs.

3. If there is time lost during an innings

In the first innings, the calculation of the number of overs to be bowled shall be based on one over for every full 4 minutes in the total time available for play up to the scheduled close of play. In the second innings of the match, overs shall be reduced at a rate of one over for every full 4 minutes lost, unless the first innings finished early / second innings started early in which case no overs are lost until the time that has been gained is subsequently lost.

4. Players/ Eligibility

A team must have 8 eligible players to take the field before a match for premiership points may proceed. No more than 12 players are permitted in any 1st XI match.

Players are not permitted to play in the 2nd XI Twenty/20 match of a particular round if they are selected in the week (corresponding round) for the First XI. This only applies if the school has a First XI team. Intermediate players are

eligible only if they have not represented the school in intermediate cricket during the same school week.

First XI teams are allowed 12 players per team. Any 11 players may bat or bowl. Fielders may interchange at any time with the umpire's approval. A player may bowl immediately upon returning to the field.

Second XI teams are allowed to bat or bowl any 11 players. Teams can consist of 12 players, but may be varied if both teams and the umpire agree.

5. Timed Out

The incoming batter or their partner must be in position to receive the next ball within 90 seconds of the fall of the previous wicket. The umpire will determine the time and the batter will be given out on appeal if they infringe this rule.

6. Ball

A <u>new 4 piece ball</u> is to be used at the commencement of each innings, for <u>First</u> XI matches.

In Second XI matches, the ball shall be second hand and in good condition with consistent hardness. The quality of the ball is to be agreed upon prior to the match beginning, by the two coaches involved. The umpire will decide any dispute on this. New balls are not to be used.

7. The Result

Each side must have faced (or had the opportunity to face) seven overs in order to constitute a match. The Duckworth Lewis Method shall be used in interrupted matches.

In the event of a tie at the end of play:

- (a) Each team will face one extra over.
- (b) Prior to the commencement of the extra overs each team shall select 3 batsmen and 1 bowler. The names of the selected players are to be given in writing to the umpire.
- (c) The fielding restrictions for each extra over shall be the same as at the start of the 20th over.
- (d) The same match balls shall be used by each team for the extra over.
- (e) The loss of two wickets in the over ends the team's innings.
- (f) If a tie still exists at the end of the extra innings, the team with the most sixes combined from its two innings shall be the winner.
- (g) If the number of sixes hit by both teams is equal, the team that hit the most boundaries (fours and sixes) in the extra over shall be the winner.
- (h) If that result is still a tie, the process of one extra innings each shall be repeated.

8. Fielding Restrictions for each Innings

No catchers required.

Overs 1 – 5. Maximum 2 fielders outside circle.

Overs 6 – 20. Maximum 5 fielders outside circle.

If no circle is marked, the umpire will deem a fielder as outside the circle if they are closer to the boundary than they are to the wicket in use.

Wicketkeepers under 18 years of age at September 1 of the current season shall be required to wear an approved helmet with full face protection at all times in accordance with Cricket Australia guidelines.

9. Number of Overs per Bowler

Each bowler may bowl a maximum of four overs. In a delayed or interrupted match, no bowler may bowl more than one fifth of the total overs allowed unless such a number has been exceeded before the interruption.

10. No Ball Free Hits All no balls are worth one run and any other runs scored. The batter on strike for the next ball will receive a free hit for the next legitimate delivery. Fielders may only change position if a different batter is on strike for the free hit.

11. Bowling

(a) Short Pitched Bowling

One short-pitched ball (i.e., a ball over shoulder height of the batsmen) is allowed per over. Normal wide conditions still apply.

(b) Leg Side Wides

First XI: All balls bowled down the leg side which pass outside the line of the striker's body shall be called wide.

Second XI: Bowlers allowed one legitimate ball down the leg side per over. Any more shall be called wide.

12. Slow Play and Time Wasting

Batting and fielding teams are both required to minimise slow play and time wasting (i.e., Slow field placements or strikers not ready when bowler is ready, within reason.) Umpires can apply 5 run penalties for repeated infringements.

First infringement will incur a verbal warning to the offending player/ captain.

Second infringement will incur an official warning to the offending player/captain.

Third and further infringements will incur 5 run penalties against the offending team.

13. Net Run Rate for calculation of premiership points and percentage

A team's net run rate is calculated by deducting from the average runs per over scored by that team, the average runs per over scored against that team. In the event of a team being all out in less than its full quota of overs, the calculation of its net run rate shall be based on the full quota of overs to which it would have been entitled and not on the number of overs in which the team was dismissed.

Only those matches where results are achieved will count for the purpose of net

run rate calculations. Where a match is abandoned, but a result is achieved under Duckworth/Lewis, for net run rate purposes Team 1 will be accredited with Team 2's Par Score on abandonment off the same number of overs faced by Team 2. Where a match is concluded but with Duckworth/Lewis having been applied at an earlier point in the match, Team 1 will be accredited with 1 run less than the final Target Score for Team 2 off the total number of overs allocated to Team 2 to reach the target.

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Allocation of Premiership Points:

Win	4 points
Loss	1 point
Tie	2 points
Forfeit	0 points

14. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

9.1.2 Two Day Regulations

First XI Two Day Cricket will be played Fridays at 4pm in Term 1.

- 45 overs maximum per innings
- Maximum 9 overs per bowler (6 over spells for fast bowlers)
- Field restrictions:

No catchers required.

Maximum 2 fielders outside circle for overs 1 - 10.

Maximum 5 fielders outside circle for overs 11 – 45.

If no circle is marked the umpire will deem a fielder as outside the circle if they are closer to the boundary than they are to the wicket in use.

Wicketkeepers under 18 years of age at September 1 of the current season shall be required to wear an approved helmet with full face protection at all times in accordance with Cricket Australia guidelines.

1. Hours of play

4pm – 7pm. Subject to travel times and traffic conditions or as approved by RAS

5 overs in a row from one end.

If a team is dismissed with more than 3 overs left to play in the day the opposing team will bat for the remaining overs left in the day (less 3 overs for changeover) and continue on the following week until they have received their full 45 overs, been dismissed or reached the target score.

First innings points will be awarded to the team with the highest amount of runs after both sides have had their first innings. If both teams have batted out their allotted 45 overs, first innings points will be awarded to the team with the highest number of runs, even if the team batting second has not been dismissed.

After both teams have had their first innings, a second innings can begin if one or both teams have been dismissed. The game can be called off after a first innings result upon agreement.

2. Matches are to be played on the same turf wicket both days.

3. Abandonment of games:

(a) If, due to unplayable conditions, the match is to be abandoned more than one hour prior to start time. This decision is to be made in consultation with the Executive Officer and fixtured schools.

- (b) If the fixtured match hasn't been abandoned one hour prior to the appointed start time, then the decision of when play will commence is in the hands of the appointed umpire/s.
- (c) Any decision for abandonment of play for the day, if rule 3(a) hasn't been applied, will be in the hands of the appointed umpire/s.
- **4.** Where possible two independent umpires will be appointed for 1st XI matches. However at least one umpire will be used for each match. If only one umpire is available the team batting will provide the square leg umpire. A player acting as the square leg umpire must wear a distinctive coloured outer jacket or vest.
- Wicket covering: It is the responsibility of each school to provide appropriate covers for the for the centre square area so that wickets can be covered prior to each match. The wicket must be covered the night prior to the match and on match day if necessary.
- **6.** The wicket must be rolled for at least 30 minutes on Friday prior to the commencement of play.
- **7.** Each batting team, is permitted to face a maximum of 45 overs in an innings.
- 8. In the case of rain or other delays (i.e.) injury, if more than 30 minutes of playing time is lost, then there will be no compulsory closure of the team batting first. They will be permitted to face 45 overs unless dismissed earlier. The team batting second will face whatever number of overs is possible in the remaining time on that day through until the allotted overs for the day are complete. The team batting second will face a maximum of 45 overs. If the team batting second has not passed the total of runs of the team batting first when a delay intervenes again, and if the game is abandoned, the match shall be declared a draw.
- **9.** Any game that has not begun within 30 minutes of the scheduled start time on the match day shall be counted as an abandoned game. In the event of the first day being totally washed out / delayed or less than 20 overs being bowled, a T20 match will be played on the second day. If more than 20 overs are played the first day, but less than 45 overs, due to rain / delays, the team batting second will face the same number of overs as the team on the first day.
- 10. At any time during a two-day match, either side may declare its innings closed. If at the end of both sides first innings, the side that batted first leads by 100 or more runs, it shall have the option of requiring the other side to follow on with its second innings. 90 overs is the maximum number to be bowled in a match. If an outright can be achieved, it must be done so by the end of the 90th over of the match. The match can be called off by agreement of the team coaches and umpires after a first innings result.

- **11.** A new four-piece ball is to be used by the bowling side.
- **12.** A team may consist of 12 players. Any 11 players may bat or bowl. Fielders may interchange any time with the umpires' approval. A player may bowl immediately upon returning to the field.
- **13.** No Year 12 student is permitted to play in any Term 4 fixtures. Only students in Years 11 down are eligible to play.

14. Premiership Points:

Two-day matches

Outright win after 1st innings lead Outright win after 1st innings tie Outright win after 1st innings loss Outright tie after 1st innings tie Outright tie after 1st innings loss Outright loss after 1st innings lead	10 points 8 points 6 points 6 points 4 points 4 points
First innings win First innings tie Drawn or abandoned match Forfeit	6 points 3 points 3 points 10 points

The school that wins the 2-Day Grand Final will be awarded the G Kennedy / R Horner Challenge Cup.

- **15. Team sheets:** will be exchanged between coaches prior to the match and a copy made available for the Association Executive Officer if requested.
- **16.** Tossing the coin: The umpires shall oversee this prior to the commencement of play.
- 17. In the event of play being interrupted, including intervals or stoppages for rain, bad light, etc., the number of overs to be bowled shall be reduced at a rate of 3 minutes per over. Any over left incomplete due to the interruption of play is to be completed when play resumes and counts as one over bowled. If a new innings commences within the last hour, the minimum number of overs to be bowled shall be calculated on the basis of one for each 3 minutes, or part of 3 minutes, remaining for play when the innings is started.
- **18.** If a bowler is unable to complete an over for any reason, the remaining balls of that over shall be bowled by another player. This cannot be the bowler who bowled the preceding over nor can they bowl the succeeding over.
- **19.** At any time after both teams have completed their first innings, and with the mutual agreement of both Teams, stumps may be declared. If a second innings commences the match will then continue until the scheduled time of conclusion.

20. Slow Play and Time Wasting

Batting and fielding teams are both required to minimise slow play and time wasting (i.e., Slow field placements or strikers not ready when bowler is ready, within reason.) Umpires can apply 5 run penalties for repeated infringements.

First infringement will incur a verbal warning to the offending player/ captain.

Second infringement will incur an official warning to the offending player/captain.

Third and further infringements will incur 5 run penalties against the offending team.

21. Bowling Restrictions:

The following regulations will apply to all 1st. XI matches. These guidelines and rules are an integral part of Cricket Australia's Health and Safety Policy.

- (a) Fast bowlers are limited to five overs maximum each spell* and twelve overs maximum per match day.
- (b) * Rest between spells should be the same number of overs from the same end as the completed spell.
- (c) A bowler is classed as fast if the umpire considers that a wicketkeeper would under normal circumstances stand back to take the ball. If a bowler commences as a fast bowler, then they shall be considered as such for the duration of the innings.

RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

9.2 Cricket – Junior Boys (Year 7, 8 and 9 Boys)

- 1. Games will take place Tuesdays at 4pm in Term 1.
- 2. The competition will be played following a dual pitch format. Schools must indicate their home venues at the time of entering teams.
- 3. Time of play: 4.00 pm 5.30 pm
- 4. Matches will be played on turf wickets when the home school is able to provide a wicket, otherwise matches will be played on synthetic pitches.
- 5. Matches will be umpired by the coaches of the respective teams. All schools must supply an adult to accompany the team.
- 6. BAS recommends that Junior Boys use a 142g ball.

7. Junior Dual Pitch Cricket:

- (a) Games will be played on adjoining grounds. One team batting on one ground, the other team batting at the same time on the adjacent ground.
- (b) Teams consist of 15 players, with eleven players fielding, two players batting on the adjoining ground and two players padded ready to bat. A team must have 8 eligible players to take the field before a match for premiership points may proceed.
- (c) When a player is dismissed, he replaces the next listed batsman in the field.
- (d) The bowling order is at the discretion of the fielding team.
- (e) One coach or nominated adult will umpire on each ground. Each school is encouraged to supply a senior student as a square leg umpire.
- (f) One scorebook is maintained on each ground.
- (g) The winning team is the team with the highest score after the maximum of 20 overs per team. If the runs scored are equal the team which has lost the least wickets will be the winner. If both the runs and wickets are equal the match will be a tie.
- (h) The home team must supply stumps and boundary markers for both grounds. Ball to be used: Year 7 142g ball, Year 8 156g ball.

Junior Restrictions:

- (a) All players to wear helmets when batting.
- (b) No fieldsman to be closer than half pitch length-bat, excluding wicket keeper and slips.
- (c) All overs to be six ball overs irrespective of whether wides or no-balls are bowled (two runs awarded for either of the aforementioned).
- (d) Bowlers are restricted to a run of no more than 12 metres and only 4 overs each
- (e) Any ball passing over a batsman's shoulder is a no ball.
- (f) ALL batters retire at **20 balls** (with the assumption that some players will be dismissed)

- (g) Any retired batters can return when all others have batted, in the order that they retired.
- (h) ALL balls (regardless of whether wides / no balls) will be included in the batter's ball count.
- (i) Wicket-keepers are not to be replaced during an innings.
- 8. Points will be allocated as for all BAS competitions; refer to Rules and Regulations 5.9.
- 9. RESULTS FOR ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

10. The team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.

9.3 Cricket - Senior Girls

BAS Cricket shall be played according to the rules of Cricket Australia: (https://www.cricketaustralia.com.au/cricket/rules-and-regulations) unless otherwise stated in the regulations listed below.

Games will take place Thursdays at 4pm in Term 4.

- **1.** Each team will consist of 11 players per team and will provide one umpire, one scorer, and their own equipment.
- **2.** Each fielding team will bowl 15 x 6 ball overs (maximum of 10 balls per over including extras) and each individual bowler will be restricted to 5 overs.
- 3. Umpires should be aware that the teams only have an hour to bowl their 15 overs and try to encourage a swift game. Bowlers will change ends every 4 overs. Keep records of runs, overs, and wickets.
- **4.** There will be a compulsory retirement for batters when they score 30 runs. A batter who is required to retire may return to bat when <u>all</u> other wickets have been lost. Should a school not have a full batting team (11 players) retired players are not permitted to bat again.
- **5.** It is recommended that girls use a 142g ball. All other rules of cricket will apply. (Including dismissal for LBW).
- **6.** Should 2 or more teams finish on equal points final ladder positions shall be determined by;

Percentage Calculations: Formula, using the results of the matches between the equal teams;

Runs Scored x Wickets Taken x 100 Runs Against x Wickets Lost

IMPORTANT:

- (a) Play out all overs where possible.
- (b) Score sheets must be fully completed.
- (c) All Batters must wear helmets.
- (d) In the case of the whole round being washed out points will be shared.
- (e) In the case of a forfeit percentage will be calculated on the basis of 100 runs scored and 10 wickets taken.

7. FINALS:

In the event of a tie at the end of play:

- (a) Each team will face one extra over, with the sides batting in the same order.
- (b) Prior to the commencement of the extra overs each team shall select 3 batsmen and 1 bowler. The names of the selected players are to be given in writing to the umpire.
- (c) Each team's over is played with the same fielding restrictions as those that are in place for the 20th over of a normal match.
- (d) The same ball as used at the end of the team's innings shall be used for the 'extra' over.

- (e) The loss of two wickets in the over ends the team's one over innings.
- (f) If a tie still exists at the end of the extra innings, the team with the most number of sixes combined from its two innings shall be the winner.
- (g) If the number of sixes hit by both teams is equal, the team that hits the most boundaries (fours and sixes) in the one extra over shall be declared the winner.
- (h) In the event that the result is still a tie, the process of one extra innings each shall be repeated.

In case of a wash out the side finishing on top of the ladder will be declared premiers.

8. Results:

RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

9.4 Cricket - Junior Girls

BAS Cricket shall be played according to the rules of Cricket Australia: (https://www.cricketaustralia.com.au/cricket/rules-and-regulations) unless otherwise stated in the regulations listed below.

Games will take place Thursdays at 4pm in Term 4.

- 1. The matches will consist of one innings per side, each innings shall be 16 overs. (4 sets of 4 overs)
- 2. Each batting pair shall face 4 overs (Four sets of batting gear will be required to enable a quick change over of batters)
- 3. Maximum of 3 overs per bowler minimum of 6 bowlers to be used. The wicketkeeper may bowl but is not required to bowl. Each over shall be 6 deliveries extra's not to be re-bowled.
- 4. In Junior Girls Cricket a WIDE and a NO BALL shall be equal to 2 runs for the batting team and the balls will NOT be re-bowled.
 - WIDE; bounces on the pitch and then goes off the pitch.
 - NO BALL; bounces more than twice, bounces off the pitch, full toss above waist height, if the ball is clearly thrown with no attempt to rotate the shoulder.
- 5. Loss of wicket <u>5 run bonus for bowling / fielding team</u>
- 6. It is recommended that the girls use a 142g ball.
- 7. Matches will be umpired by the coaches of the respective teams. All schools must supply an adult to accompany the team.
- 8. In JUNIOR competitions the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.
- 9. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.
- Both schools are required to enter OR confirm results and scores before they
 will be declared official. Updated results and ladders will be available on the
 BAS Website under SPORTS / RESULTS & FIXTURES.
 - Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

10. CROQUET

The BAS Croquet competition will be conducted in Term 4 on Wednesday afternoon and hosted and co-ordinated by the **Alexandra Croquet Club**, Gillies St. Ballarat.

A total of 16 entries can be accepted from BAS schools, 2 from each school with the extra places filled on a yearly rotational basis.

Teams will consist of four (4) players.

Week One will be used as a Coaching Session for all students.

Alexandra Croquet Club will distribute the fixtures for this completion and collate all scores and results.

Team entries to be forwarded to BAS Executive Officer.

11. CROSS COUNTRY AND LAP OF THE LAKE

- Venue for the Cross Country is set by the host school (either Damascus College or Ballarat High School) and agreed to by BAS.
 5000 metres – Inter and Senior Boys
 3000 metres - All Girls and Junior Boys
- 2. A suitable start / finish line for the Lap of the Lake will be determined by the Executive Officer in conjunction with the host school. Lap of the Lake for Junior Boys and Girls will be 4000m, commencing at a designated 2 km mark around the lake and finishing at the designated start / finish line. Inter and Senior Boys and Girls will be 6km. Students will be transported to the 4km start from the finish line.
- 3. Commencing 2024 Cross Country and Lap of the Lake divisions will be determined by a students Year Level. Students may only compete in their current or a higher division.
- 4. Age groups Junior (Yrs 7&8), Intermediate(Yrs 9&10) and Senior (Yrs 11&12).
- 5. Up to fifteen students per school may compete in each division with only the <u>first ten competitors</u> per team recorded AND the first five places to score.
- 6. Start times will be staggered (30 sec intervals) for each division of both the Cross Country and Lap of the Lake. *Junior Boys will start first to avoid confusion re: 1 or 2 laps of the course.
- 7. Lowest score wins First home gets 1pt., Second gets 2 pts., etc.
- 8. Each school is to supply three officials for each event.

Lap of the Lake - one official will be involved in course supervision

- one official will act as a timer for a division

 one official will be required to tally the scores for their school in each division.

Cross Country - two officials will be involved in course supervision

- one official will be required to tally the scores for their school in each division.

- 9. There is to be a Girls aggregate, Boys aggregate, Co-Educational shield and pennants will be awarded to each division.
- 10. The Disputes Committee will comprise Headmaster, Headmistress or their representatives from each competing school.
- 11. The Lap of the Lake, and Road Relay will be run on afternoons midweek commencing after school hours. The Cross Country will start at a time that allows all competitors to complete the course in daylight.



12. FOOTBALL

12.1 Football - 1st XVIII Boys

All BAS - BOYS matches shall be played according to the Laws of Australian Football: (https://resources.afl.com.au/afl/document/2019/12/04/d8d5f2cf-04eb-4530-b2d5-5cc799ff625c/2019-Laws-of-Australian-Football.pdf) except where the following regulations state otherwise:

- 1. Matches are to be played, where possible, every second Wednesday in Term 2. Coaches will meet in term 4 of the previous year to devise a draw that takes into account other school football commitments for that year. 1st XVIII matches will start at 3.00pm. Commencing 2023, a 6 round season will be played. If 5 teams are involved (BCC, BG, SPC play each other x 2 and play BHS, DC x 1) and 5 rounds if 4 teams involved.
- 2. Independent central umpires are to be appointed for 1st XVIII matches.
- 3. Each school must provide a correctly attired boundary and goal umpire for 1st matches.
- 4. Matches will be played as 4 x 20-minute guarters with no time on.
- 5. The break at the end of the first and third quarters will not exceed 5 minutes. The break at half-time will not exceed 10 minutes. Sides will stay on the ground at half-time unless arrangements are made between coaches prior to the match start time.
- 6. All 1st XVIII sides will be permitted to use up to four interchange players, unless otherwise agreed between the two teams.
 - A team must have 14 eligible players to take the field before a match for premiership points may proceed.
- 7. Forfeit: The score for a forfeit shall be recorded as the average number of points scored for that round.
- 8. The team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership. (Commencing 2023)
- 9. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

12.2 Football - 2nd XVIII Boys

All BAS - BOYS matches shall be played according to the Laws of Australian Football: (https://resources.afl.com.au/afl/document/2019/12/04/d8d5f2cf-04eb-4530-b2d5-5cc799ff625c/2019-Laws-of-Australian-Football.pdf) except where the following regulations state otherwise:

- 1. The second XVIII fixture will be played on Tuesdays in Term 2. Starting at 4.00pm.
- 2. BAS will endeavour to supply a central umpire for each match OTHERWISE each school involved in the match is to supply a central umpire for 2nd XVIII matches.
- 3. Each school must provide a correctly attired boundary and goal umpire for 2nd XVIII matches.
- 4. Matches will be played as 4 x 15-minute quarters with no time on. Length of quarters can be adjusted if lack of daylight will make playing conditions unsafe.
- 5. All breaks, ¼, ½ and ¾ time, will not exceed 5 minutes. Sides will stay on the ground at half-time.
- 6. Team sheets will be exchanged between 2nd XVIII coaches prior to the match. The size of the teams can be adjusted through negotiation between schools involved in the fixture if required.
- 7. There is no limit to the number of interchange players that may be used for 2nd XVIII. A team must have 14 eligible players to take the field before a match for premiership points may proceed.
- 8. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

9. FINALS:

(a) The two teams that finish on top of the ladder at the end of the preliminary rounds in the 2nd XVIII competitions will play off in a Grand Final.

(b) Tied scores at the end of a Grand Final

Should scores be tied at the completion of the fourth quarter, teams will change ends after a break of 3 minutes and play 5 minutes each end, with an immediate change over and no break between the two 5-minute periods. If scores are still tied at the end of extra time, play will continue as normal until the next score is registered and the siren will sound to mark the end of the match.

All other match conditions will be as for the preliminary rounds.

12.3 Football - Intermediate and Junior Boys

- 1. <u>Intermediate Matches</u> will be played Tuesdays at 4pm during Term 2. <u>Junior Matches</u>, when entries permit, shall run as separate Year 7 & Year 8 competitions, or a combined Junior competition on Wednesdays in Term 2 from 4.00pm 5.15pm.
- 2. Matches will consist of 4 x 15-minute quarters. This may be changed at the umpire's discretion.
- 3. Where possible, independent umpires will be appointed for Intermediate matches. When this is not possible, and for all Junior matches, the home team (first named team on the fixture) must supply a central umpire.
- 4. There is no limit to the number of interchange players that may be used. A team must have 14 eligible players to take the field before a match for premiership points may proceed.
- 5. Tackling is permitted per the Laws of Australian Football, however: NO PLAYER shall be deliberately slung, dumped or thrown to the ground in any tackle.
- 6. Each side is to provide a boundary and goal umpire.

7. Mercy Rule

In Junior games, if the margin equals or exceeds 45 points at ¾ time the game will be "called" and deemed to be over.

In **Intermediate** games, if the margin equals or exceeds 60 points at $\frac{3}{4}$ time the game will be "called" and deemed to be over.

In above situations, the coach from both Schools will approach the Central Umpire/s at the break and advise them that the game is over. The score at this time will be recorded as the final score.

The remainder of the game will be played as a "friendly" game, where Coaches can implement strategies to make the game fun and enjoyable with the emphasis on giving the less experienced players the opportunity to play a more active role in the match, e.g. swap players between teams, play additional numbers on the ground, award a free kick to the losing team after each goal above the suggested margin is scored.

8. Premiership:

In INTERMEDIATE and JUNIOR competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.

The WINNER of the BAS Intermediate Boys Competition will qualify to compete in the AFL Herald Sun Intermediate Competition for that year.

- 9. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.
 - Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

12.4 Football - Senior Girls

Football will be played in Term 2. Matches shall be played according to the rules of the AFL Female Football Guidelines:

(https://resources.afl.com.au/afl/document/2019/12/04/5422d829-52d3-47c1-b51e-b887be438f0a/AM-6436-AFL-Female-Football-Guidelines_FA_web.pdf) except where the following regulations state otherwise:

- 1. Games will start at 4pm and will consist of 4 x 15-minute quarters with no time on. There will be a 3-minute break between 1st and 2nd and 3rd and 4th quarters. A 5-minute break at half time. The clock will be stopped when the umpire stops the game for an injury.
- 2. BAS will endeavour to supply a central umpire for each match OTHERWISE each school involved in the match is to supply a central umpire. Each school is to provide one boundary and one goal umpire.
- 3. All players involved are required to wear a mouthguard, correct football boots and football jumpers. A size 4 leather football is recommended for use in this competition.
- 4. There is no limit to the number of interchange players that may be used. A team must have 12 eligible players to take the field before a match for premiership points may proceed.

No matter how many players a team has available they will only be permitted to have the same number of players on the ground as their opposition.

Schools are encouraged to share players to ensure participation is maximised and even numbers on both teams are achieved. If one school lends another school players and the game progresses with 12 or more players per side, the match will still be played for premiership points.

5. Rule Modifications:

- (a) Each team will have 18 players on the ground at any one time. This can be negotiated between the two opposing sides prior to the arranged match time. Schools are asked to contact their opposition in advance should any variations in numbers be sought or they will be short of numbers for the fixture. Please see No. 4.
- (b) Whenever the ball goes out of play across the boundary line a free kick will be awarded against the team that last touched the ball prior to it going out of play. Penalties for a deliberate 'out of bounds' or a deliberate 'rushed behind' shall not be applied in this competition.
- (c) Tackling is permitted per the Laws of Australian Football, however: NO PLAYER shall be deliberately slung, dumped or thrown to the ground in any tackle.
- (d) A 25 metre penalty shall be imposed where the Laws of Australian Rules Football impose a 50m penalty.

- (e) A player is only permitted to bounce the ball THREE TIMES in a single possession before disposing of it in the correct manner.
- 6. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

8. Final:

- (a) The two teams that finish on top of the ladder at the end of the preliminary rounds in the will play off in a Grand Final.
- (b) Tied scores at the end of a Grand Final

Should scores be tied at the completion of the fourth quarter, teams will change ends after a break of 3 minutes and play 5 minutes each end, with an immediate change over and no break between the two 5 minute periods. If scores are still tied at the end of extra time, play will continue as normal until the next score is registered and the siren will sound to mark the end of the match.

All other match conditions will be as for the preliminary rounds.

12.5 Football – Junior Girls

Junior Girls Football will be played in Term 3. Matches shall be played according to the rules of the AFL Female Football Guidelines:

(https://resources.afl.com.au/afl/document/2019/12/04/5422d829-52d3-47c1-b51e-b887be438f0a/AM-6436-AFL-Female-Football-Guidelines_FA_web.pdf)

except where the following regulations state otherwise:

- 1. Games will start at 4pm and will consist of 4 x 15-minute quarters with no time on. There will be a 3-minute break between 1st and 2nd and 3rd and 4th quarters. A 5-minute break at half time. The clock will be stopped when the umpire stops the game for an injury.
- 2. BAS will endeavour to supply a central umpire for each match OTHERWISE each school involved in the match is to supply a central umpire. Each school is to provide one boundary and one goal umpire.
- 3. All players involved are required to wear a mouthguard, correct football boots and football jumpers. A size 4 synthetic football is recommended for this competition.
- 4. There is no limit to the number of interchange players that may be used. A team must have 12 eligible players to take the field before a match for premiership points may proceed.

No matter how many players a team has available they will only be permitted to have the same number of players on the ground as their opposition.

Schools are encouraged to share players to ensure participation is maximised and even numbers on both teams are achieved. If one school lends another school players and the game progresses with 12 or more players per side, the match will still be played for premiership points.

5. Rule Modifications:

- (a) Each team will have 15 a-side no rucks and rovers on the ground at any one time. This can be negotiated between the two opposing sides prior to the arranged match time. Schools are asked to contact their opposition in advance should any variations in numbers be sought or they will be short of numbers for the fixture. Please see No.4
- (b) To start play the ball will be thrown up between 2 centre players.

 Players should be approx. equal size. There shall be no more than 3 players from each team closer than 20m from a ball up.
- (c) If the ball goes out of bounds a free kick will be awarded against the team that last kicked the ball prior to it going out of play. If there is doubt or the ball came off hands or body, the umpire shall call a ball up 5 metres in from the boundary. Penalties for a deliberate 'out of bounds' or a deliberate 'rushed behind' shall not be applied in this competition.

- (d) Tackling is permitted per the Laws of Australian Football, however: NO PLAYER shall be deliberately slung, dumped or thrown to the ground in any tackle.
- (e) A player is only permitted to bounce the ball THREE TIMES in a single possession before disposing of it in the correct manner.
- (f) Any player catching a ball directly off a kick from another player, provided the ball has travelled at least 10 metres, shall be awarded a mark.
- (g) A 25-metre penalty shall be imposed where the Laws of Australian Rules Football impose a 50m penalty.
- (h) While tactics such as tagging and flooding are elements of the AFL competition, they are contrary to providing an environment that maximises the fairness, speed and skilled execution of Australian Football. Nor do these tactics encourage clean disposals, one-on-one competition or other desired aspects of learning the game. To stop congestion players will be instructed by the umpire to stay in their correct positions.

6. MERCY RULE

In Junior games, if the margin equals or exceeds 45 points at $\frac{3}{4}$ time the game will be "called" and deemed to be over.

In above situations, the coach from both Schools will approach the Central Umpire/s at the break and advise them that the game is over. The score at this time will be recorded as the final score.

The remainder of the game will be played as a "friendly" game, where Coaches can implement strategies to make the game fun and enjoyable with the emphasis on giving the less experienced players the opportunity to play a more active role in the match, e.g. swap players between teams, play additional numbers on the ground, award a free kick to the losing team after each goal above the suggested margin is scored.

7. The team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.

The WINNER of the BAS Junior Girls Competition will qualify to compete in the AFL Herald Sun Intermediate Competition in the following year.

8. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

13. **GOLF**

13.1 Senior Golf

- 1. Senior Golf will be played on Wednesday afternoons in Term 1 at Midlands Golf Course commencing at 4pm.
- Teams will consist of 4 players unless otherwise negotiated between the staff members present. Teams can be mixed.
 Girls will hit off red markers however the male score card will be used for competition purposes. (Boys to play off white markers).
- 3. The format for the competition will be two by two-person match play Ambrose.

Schools will tee off in a group of four players – (i.e. BG v MCC) with games being contested over a maximum of seven holes or until 5.15 pm. Players should complete a hole if they tee off before 5.15 pm, however they should walk quickly to the club house as soon as the hole is completed.

Competition will be a scratch competition played to the following rules:

- (a) Teams of four players.
- (b) All four players from each team tee-off from the nominated tees and start at hole as directed by event manager.
- (c) The best positioned ball is then marked and played by the owner.
- (d) Other players place their ball if on fairway or drop ball if off fairway within one club length of selected ball, no nearer the hole
- (e) When on the green, place marker beside chosen ball
- (f) Players then putt in any order, repeating procedure until holing out
- (g) Balls are to be placed on the green at the marked spot
- (h) A minimum of one tee shots must be used by each player in the group (initials to be marked on card where each group member uses his tee shots)
- (i) Scoring system is match play e.g. BCC 4 strokes defeats BHS 5 strokes on hole 1. Therefore, BCC are 1 up after one hole.
- (j) Matches will be completed when a result is obtained for example DC defeated BGS 4 and 3 (by winning holes 1 to 4). Play concludes at this point and players should return immediately to the club house. Schools can then send players out on the course for additional practice subject to teacher's discretion.
- (k) Cards must be clearly labelled and signed by Team Captains at the end of play. Cards are to be placed in the BAS results box at the clubhouse at the conclusion of play. Results not received by Tuesday at 5pm shall result in no points be awarded for that match.
- 4. Schools will be permitted to enter up to two teams and will be required to provide one official per team to provide rule interpretations and encouragement to players to compete in a manner consistent with the traditions and spirit of golf. Each team will nominate a team Captain who shall be responsible for signing the score card. Failure to sign a card or signing an incorrect card will result in disqualification and the loss of the match.

- 5. At the conclusion of the scheduled rounds the winner will be determined according to ladder positions determined using the following ladder format
 - 4 points for a team win (if team wins 3 matches = 12 points)
 - 2 points for a tied team result
 - 1 point for a loss
 - Teams on the same number of points would be differentiated by percentage to be calculated from weekly scores.
 - In the event that teams cannot be separated on the basis of ladder points after scheduled rounds, percentage will be used to determine the Premier School. If teams cannot be separated based upon individual matches won, joint premiers will be declared.

Practice Round

The first week of play will be reserved for a practice round. Schools will play on their own from alternate tee's as directed by the event manager and staff should use this as an opportunity to confirm the rules of competition and proper golf etiquette.

The draw will be finalised after the practice round.

Logistics

The competition will be managed by the Executive Officer

Players will be required to comply with the rules of golf in relation to footwear and must be attired in a recognisable school playing uniform. All players must have their own golf clubs and schools must ensure all players are familiar with the etiquette and rules of golf.

13.2 Junior Golf

- 1. Junior Golf will be played on Wednesday afternoons at Midlands Golf Course, commencing at 4pm. The focus for Junior Golf will be 'come and try' with all students having the opportunity to learn how to play, experience actual match play in various formats and be involved in a culminating stableford event.
- 2. Players are not required to have a handicap and there will be no limit to the number of students entered by a school. Individual entries must be received by the Executive Officer 1 week before the scheduled start date for competition.
- 3. Proposed Format:

Week 1 & 2 – Coaching Clinics

Weeks 3 - 5 – Ambrose (individual entries that will be grouped according to experience)

Week 6 – Individual event over 6 holes

- 4. Ambrose: Weeks 3- 5
 - (a) Schools to forward names and handicap of individual students to EO.
 - (b) Draw for weeks 3 5 will be distributed to schools.
 - (c) Students will be allocated in groups of 4 according to handicap and experience.
 - (d) All four players tee off from the nominated tee.
 - (e) The best positioned ball is marked and played by the owner.
 - (f) Other players place their ball if on the fairway, or drop ball if off the fairway within one club length of selected ball, no nearer the hole.
 - (g) Repeat the procedure until reaching the green.
 - (h) When on the green place marker beside chosen ball.
 - (i) Players then putt in any order, repeating the procedure until holing out. A minimum of one tee shot must be used by each player in the group. (Initials to be marked on card where each group member uses their tee shot.)
 - (j) Players should complete a hole if they tee off before 5.30pm, and then make their way guickly to the club house once that hole is completed.
 - (k) Completed score cards for each group are to be submitted.
- 5. Stableford: Week 6
 - (a) 6 holes to be played
 - (b) 4pm 6.30pm
 - (c) All players will be allocated a handicap for this event.
 - (d) Groups of 3 or 4
 - (e) Stableford scoring / format to be followed.
 - (f) ALL players to submit a completed and signed card at the conclusion of the event.
 - (g) Final scores will contribute to an overall team / school score (format to be determined once entries are received)

- 6. Schools will be required to provide one staff / official to assist with rule interpretations and encourage players to compete in a manner consistent with the traditions and spirit of golf.
- 7. Players will be required to comply with the rules of golf in relation to footwear and must be attired in school sport uniform. All players must have their own clubs and schools must ensure all players are familiar with the etiquette and rules of golf and the course hosting our program.

13.3 BAS Golf Championships

Commencing 2020, BAS will combine with Golf Victoria to run an event that caters for both BAS students and SSV students from the Western District and provides pathways to state finals.

The tournament will be held on a date in Term 1 at Midlands Golf Course, Ballarat with tee off at 1pm.

- 1. Individual students can complete their own entry online through Golf Victoria. Alternatively, schools may manage students' entries and utilise the entry form provided. Schools will then be responsible for submitting student entries online.
- 2. This will be a stroke event (maximum score per hole is double par)
- 3. Students must choose to play either 9 or 18 holes.
- 4. Categories will include Junior (Years 7, 8 & 9) and Senior (Years 10, 11 & 12). Juniors do have the option of playing 9 holes on a shortened course, normal 9 holes or 18 holes. Seniors may play 9 or 18 holes, although 18 holes is required to be eligible for the Independent State Final.
- 5. BAS Students wishing to qualify for the Independent Schools Final must play 18 holes. * Not applicable in 2024
 - *Please note that previously students must have played in the AGSV / APS / BAS event to be eligible for this final. The BAS Tournament is now considered a qualifying round. Should your school still intend taking students to Spring Valley on the 20th of April they MUST nominate prior to the Ballarat event which pathway they wish to pursue. Students cannot attempt to qualify at more than one event. Similarly, BHS / MCC /PC students must nominate the BAS pathway or the SSV pathway and BG, ICCES or BAS. Students may play in both events but only 1 score shall be considered for entry at the next level.
- 6. Students finishing 1st, and 2nd in their category will be recognised. BAS will award the perpetual trophy to the BAS winning school.

14. HOCKEY - BOYS / GIRLS

BAS Hockey will be played consistent with the rules of the International Hockey Federation (http://www.fih.ch/media/13164482/fih-rules-of-hockey-2019-final-website-11112019-typo-edits.pdf) unless otherwise stated below.

Exception: The "sticks" rule shall be applied to all BAS matches. This is penalty awarded against a player who raises their stick dangerously near another player.

BAS requires all players involved to wear a mouthguard, shin guards and correct protective gear.

Each school to provide one regulation orange match ball.

1. COMPETITIONS

Senior Boys	Term 3	Tuesday
Senior Girls	Term 3	Wednesday
Junior Girls	Term 2	Wednesday
Junior Boys	Term 2	Thursday

2. All matches will be played at Prince of Wales Park or Ballarat Grammar.

Senior matches shall consist of 2 x 25-minute halves, with a 5-minute break for half time. The first game must start at 4pm and conclude at 4.55pm regardless of the length of the second half.

The second match is to commence at 5pm. All matches must conclude by 6pm.

If required Junior matches may be modified to 2 x 20-minute halves with matches commencing at 4.00pm and 4.45pm. This shall be confirmed at the start of the season with start times being shown on the relevant fixture.

Schools must be ready to start at the designated time. Late starts shall be noted on the score sheets and any team 15 minutes late, or continuously late for matches, may incur a forfeit. The BAS Executive Officer would impose such a penalty under the direction of BAS Inc.

3. For 1st XI and Senior competitions five interchange players are permitted.

For all other grades there is no limit to the number of interchange players that may be used.

Up to three substitutions allowed in a rolling situation format at the centre line with no stoppage in play.

A player substituting for a Goalkeeper must wear a helmet.

A team must have 7 eligible players to take the field before a match for premiership points may proceed.

- 4. Forfeit: The score for a forfeit will be 5 0.
- 5. BAS will endeavour to appoint independent umpires for all Senior and Junior matches. Should this NOT be possible; Each school is to supply one umpire who is NOT the coach.

6. MERCY RULE; To be applied to ALL BAS Junior and Intermediate matches.

Once a team is leading by 5 or more goals, that team is required to play one less player in defence.

If, after $\frac{1}{2}$ time the margin reaches 8 goals, coaches are to call a time out, at which point the game will be "called" and deemed to be over. The score at this time will be recorded as the final score.

The remainder of the game will be played as a "friendly" game, where Coaches can do what they like to make the game fun and enjoyable with the emphasis on giving the less experienced players the opportunity to play a more active role in the match.

7. FINALS: 1st XI BOYS / SENIOR GIRLS

- (a) The two teams that finish on top of the competition at the end of the preliminary rounds will play off in the Grand Final.
- (b) Grand Finals will be played under the same conditions as the preliminary rounds, except for when there is a tie at the completion of scheduled time.
- (c) When a tie exists at the end of scheduled time, 14 minutes of extra time will be played, 7 minutes each way (no half time break). If a tie remains after extra time, teams shall be declared joint premiers.

In INTERMEDIATE and JUNIOR competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.

8. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

15. LAWN BOWLS

The Lawn Bowls competition will be played according to the rules of the Ballarat Lawn Bowls Association except where the following rules state otherwise.

- 1. Lawn Bowls will be played on Mondays at 4pm 5.30pm in Term 1. The Program and Match venues will be issued in first school week by the Ballarat Regional Bowls Association Junior Bowls Co-ordinator.
- 2. Each school will be affiliated with a Lawn Bowls Club. Each club will provide coaching and assistance at matches for their designated school. Each school is to make their own contact with their designated club.
- 3. Pennant teams will comprise of 6 students (2 x 3 students), years 7 12, with a limit of one team entry per school.
- 3. Format of Play teams of 6 to play 2 x 2 bowl triples
- 4. Bowls will be provided to schools by their affiliated BRBA club.
- 5. Flat soled footwear must be worn. Students are expected to compete in their school sports uniform.

16. NETBALL

Played under the Rules of the International Netball Federation, (https://netball.com.au/sites/default/files/2020-02/INF-RulesofNetball2020.pdf) unless stated otherwise in the regulations below.

1. NETBALL GRADES:

Term 2

Senior Netball will be divided into four grades, 1sts – 4ths.

1sts/2nds Girls
Tuesdays, 4.00pm – 6.00pm
3rds/4ths Girls
Wednesdays, 4.00pm – 6.00pm

Where possible, the season for 1st and 2nd netball should allow each team to play each other twice e.g. a 10-week season commencing week one of term.

Term 3

Year 9 Girls

Junior (Yr. 7 & 8) Girls Div. 1 and 2

Junior (Yr. 7 & 8) Girls Div. 3 & 4

Tuesdays, 4.00pm -6.00pm

Wednesdays, 4.00pm -6.00pm

Thursdays, 4.00pm -6.00pm

Term 4

Year 10 Girls

Thursdays, 4.00pm – 6.00pm

Junior (Yr. 7 – 9) Boys

Tuesday, 4.00pm – 6.00pm

(JB 1 week Intro to Netball be included then ¾ week season)

(JB) Week intro to Netball be included then 74 week season)

(Venues to be confirmed at the commencement of each season)

PLEASE NOTE: Where a school has two teams in one section, there is to be no swapping of players between the teams and any one player may play only one game per round.

2. There may be up to five interchange players for 1st and 2nd's. For all other grades there will be no limitation on the number of substitutions in any one game. A team must have 5 eligible players to take the court before a match for premiership points may proceed.

FIRSTS to FOURTHS / YEAR 9 / YEAR 10:

Twelve (12) minutes each quarter with breaks of three (3) minutes at half time and one (1) minute between quarters.

JUNIOR

Ten (10) minutes each quarter with breaks of three (3) minutes at half time and one (1) minute between quarters.

- 3. All matches to have two (2) umpires. Each team to provide one Umpire for each match. Independent umpires may be called upon. Schools that cannot provide an Umpire are to make arrangements with opponents to umpire the whole match and appropriate remuneration made.
- 4. Each team is to provide a regulation BALL for each match.

5. Both teams must provide and use the BAS Official score sheet. Scorers (one from each school), MUST stand together and check with each other after each goal.

Home/Away Matches: When both teams are equal on points at full-time, declare a draw. (Senior and Year Level)

Forfeit: the score for a forfeit will be recorded as 10 - 0.

6. BAS Mercy Rule shall be applied to all Junior and Intermediate competitions. Once a team is leading by 30 or more goals, the opposition team shall receive the free pass at the centre for all subsequent goals.

If the margin equals or exceeds 40 points at $\frac{3}{4}$ time the game will be "called" and deemed to be over. The score at this time will be recorded as the final score.

In above situations, the coach from both Schools will approach the Central Umpire/s at the break and advise them that the game is over. The score at this time will be recorded as the final score.

The remainder of the game will be played as a "friendly" game, where Coaches can do what they like to make the game fun and enjoyable with the emphasis on giving the less experienced players the opportunity to play a more active role in the match.

7. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

8. FINALS:

In all SENIOR competitions, a Grand Final will be played between the top two teams on the ladder at the end of preliminary rounds.

- (a) A separate timing clock is required for each court.
- (b) NOTE: Injury time in finals, the clock WILL stop for injuries If time constraints of the venue permit.
- (c) If both teams are equal on points at full-time, then 3 minutes are played at either end. If still a draw at the end of 3 minutes, a joint premiership is declared.
- (d) Umpires: BAS will allocate umpires for Grand Finals. Umpires will be neutral unless teams from the one School are playing each other. Grand Final umpires will be paid by the BAS.

In INTERMEDIATE and JUNIOR competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.

17. ROAD RELAY

- To be run on an afternoon mid-week in Term 3.
 Venue: 2024 to be held at Victoria Park, Ballarat as a trial return to this venue.
 Previously held at Windmill Drive Lake Wendouree. To be confirmed each year by BAS Executive Officer.
- 2. Distance 4 x 1500 metres. Four competitors per team. One team per school per division.
- 3. Divisions: A and B Grade in each of Junior (Yrs 7&8), Intermediate (Yrs 9&10) and Senior (Yrs 11&12). (Girls and Boys events). Should numbers permit a school may enter a C Grade team to run in conjunction with the B Grade event. This team will not be eligible for medals or aggregate points.
- 4. BAS Executive Officer to book and liaise with Ballarat City Council to organise venue and course. SPC / BG will oversee the running of the event.
- 5. All competitors must assemble at the starting line five minutes prior to the start time. All A divisions will start together, All B / C divisions will start together.
- 6. Event Schedule (note all age groups run simultaneously)
 - 4.00pm B Division start
 - 4.30pm A division start
 - 4.55pm Presentations
- 7. Each runner must wear a bib designating the division they are running in. Bibs are to be collected by the team manager from the recording table at least 15 minutes prior to the designated start time. Each school will only receive one set of bibs which will be worn for each division. All bibs must be returned to the recording table at the conclusion of the event.
- 8. Each runner is to tag the outgoing runner within the age group change over zone. Waiting runners should be instructed to remain off the road and out of the changeover zone until the incoming runner is approaching the changeover area. Seniors will start from the front line, Inters the second line and Juniors from the third line. This will ensure that there is less chance of collisions.
- 9. Final runner for each team must run across their designated finish line and report to the recorders immediately upon finishing their leg of the event.
- 10. Allocation of points:

A Grade:
$$1^{st} = 16$$
 B Grade: $1^{st} = 8$ $2^{nd} = 14$ $2^{nd} = 7$ $3^{rd} = 12$ $3^{rd} = 6$ $4^{th} = 10$ $4^{th} = 5$ $5^{th} = 8$ etc. $5^{th} = 4$ etc.

- 11. Each school is to supply **one staff member** to act as an official on the 1500m course. Officials are to report to the Organiser 20 minutes prior to the designated start time. They will be transported to their observation points.
- 12. The Organiser will provide students to assist in other areas.
- 13. Each school will be assumed to be entering each section. If any school is not going to compete in a section, they need to let SPC / BG Head of Sport / BAS Executive Officer know well prior to the event.

18. **ROWING** (27/10/21)

- 1. The races shall be rowed, if possible, on a date in Term 1 which will be set by BAS Inc. at, or prior to, the Term 3 BAS Inc. meeting of the previous year. The start time of the regatta program is to be determined by BAS Inc.
- 2. The annual race shall be rowed on Lake Wendouree, whenever possible, or at an alternative venue set down by BAS Inc. Course permitting, the length of the race shall be 2000 metres for Boys and Girls Head of the Lake and Open Div. 2, Open Div. 3 and Open Div. 4 and 1000 metres for all other crews.
- 3. The following boat classes shall apply to the BAS Head of the Lake: *(updated 2021)*

			BOYS	GIRLS	
Boat Class	Level	Crew	Event Code	Event Code	Boat Type
Fours	Open	1	MSCH4+O1	FSCH4+O1	Any
		2	MSCH4+O2	FSCH4+O2	Any
		3	MSCH4+O3	FSCH4+O3	Any
		4	MSCH4+O4	FSCH4+O4	Any
		5	MSCH4+O5	FSCH4+O5	Regulation
		6	MSCH4+O6	FSCH4+O6	Regulation
	Yr 10	1	MSCH4xY101	FSCH4xY101	Any
		2	MSCH4xY102	FSCH4xY102	Any
		3	MSCH4xY103	FSCH4xY103	Any
		4	MSCH4xY104	FSCH4xY104	Any from 2022
		5	MSCH4xY105	FSCH4xY105	Any from 2022
		6	MSCH4xY106	FSCH4xY106	Any from 2022
		7	MSCH4xY107	FSCH4xY107	Any from 2022
		8	MSCH4xY108	FSCH4xY108	Any from 2022
	Yr 9	1	MSCH4xY91	FSCH4xY91	Any
		2	MSCH4xY92	FSCH4xY92	Any
		3	MSCH4xY93	FSCH4xY93	Any
		4	MSCH4xY94	FSCH4xY94	Any from 2022
		5	MSCH4xY95	FSCH4xY95	Any from 2022
		6	MSCH4xY96	FSCH4xY96	Any from 2022
		7	MSCH4xY97	FSCH4xY97	Any from 2022
		8	MSCH4xY98	FSCH4xY98	Any from 2022

Except where the following regulations or regulations outlined in Section 5 of the BAS Handbook state, all races shall be rowed under the rules authorised by Rowing Victoria: (https://www.rowingvictoria.asn.au/about/rulespolicies/) as the rules are applicable.

- 4. All races shall, if possible, start from moorings.
- Control of races, appointment of officials and arrangement of the course on the day of the Head of the Lake Race shall be in the hands of Rowing Victoria in conjunction with the Ballarat Rowing Association and the BAS Executive Officer.

- 6. A Lane Draw will take place prior to the Regatta at a time and venue decided by the Chair of Rowing. Representatives of each competing school will draw for lanes in the reverse order of finishing positions of the previous year. E.g., The fifth finishing crew shall draw first.
- 7. Any crew not at the starting line at the time appointed shall be issued a yellow card. If the crew is not in sight of the start by the specified start time, without explanation or prior contact with the appropriate race official, the race may be started without them.

8. Coxswain Weighing Policy:

- (a) Coxswains are members of the crew. However, a girl's crew may be steered by a boy and a boy's crew may be steered by a girl.
- (b) The minimum weight for a coxswain (wearing racing uniform) is 55kg. The weighing scales shall indicate the weight of the coxswain to 0.1 kg.
- (c) It is the inherent responsibility of a School for ensuring coxswains to make the minimum weight wearing their racing uniform and where underweight, carry the correct amount of dead weight in a recognized weight bag.
- (d) The provision of weights and weight bags is a crew's responsibility. To make up this weight, a coxswain may carry deadweight in a specified sealed bag which shall be placed in the boat as close as possible to his/her person. No article of racing equipment shall be considered as part of this deadweight. At any time, before or until immediately after the race, the Organising Committee or participating BAS Principals / Heads may require the deadweight to be reweighed.
- (e) Each school will be allocated a timeframe whereby the Coxswains for Open Boys and Girls Firsts and Seconds crews shall be weighed in. Coxswains will be required to be wearing racing uniform and shall be weighed by a person duly authorised by the Organising Committee. The weigh in will occur in the presence of the BAS Executive Officer (or a designated representative from BAS Inc.) and the relevant school's Director of Rowing or Head of Sport (A female adult must be present for the weigh in of female coxswains and a male adult must be present for the weigh in of male coxswains OR if the student identifies as Non-Binary, an adult of their preference). An optional 'Trusted Person' may be nominated by each student to be present with them during the Weighing Process. A trusted person is any person whom the school deems appropriate to support the coxswain through the weigh-in process. The trusted person may be a coach, director of rowing, school staff member or parent.
- (f) The Weigh In shall occur on tested scales in a private area not less than one hour and not more than two hours before the commencement of the regatta. (At a time and venue specified by the Clerk of Scales). During the weighing process, Coxswains will be unable to see the weights being recorded by Officials or the weight displayed on the scales themselves. At

this time coxswains will be recorded as either 'Ready to Race' if over 55kg OR the dead weight carried shall be recorded and maintained by BAS Executive Officer (or a designated representative from BAS Inc.). If the Coxswain does not meet the 55kg minimum weight, they will be recorded as "Not yet Ready to Race". Rowing Victoria Officials will communicate the necessary weight requirements in private with the Coxswains' 'Trusted person'. Under no circumstances should students be aware of their weight during the weighing process other than 'Ready to Race' or 'Not Yet Ready to Race'. It is the responsibility of each School to maintain the weight in the Coxswain's bag and this will be checked at the conclusion of the race.

- (g) Immediately following the Open Boys and Girls Firsts and Seconds races the Coxswain of the winning crew and the 2nd place crew is to present their weight bag to the Umpire or Principal / Head in Charge of BAS Rowing to be checked and verified.
- (h) In the event of the weight carried by the coxswain of any given crew is underweight, then the crew steered shall be relegated to last place.
- (i) In other crews each school shall have a separate cox for each crew; coxswains in these crews can be of any weight.

9. Objections / Protests

- (a) If a crew considers that the race was not in order a member of the crew may bring this to the attention of his or her schools Rowing Director or Head of Sport who may raise an objection with the Umpire, the BAS Executive Officer or a member of BAS Inc. A school must raise this objection within 30 minutes of the conclusion of the race.
- (b) Should the crew not cross the finish line the objection should be raised to the Umpire following the race or Officials at the start of the race, to be communicated to the Judges at the Finish, the Umpire, the BAS Executive Officer or a member of BAS Inc.
- (c) The Umpire may seek further information regarding the objection. In this case, he shall raise a red flag and then take any necessary further steps to resolve the issues relating to the objection, e.g., consult with other officials, and consult with the Principal / Head in Charge of BAS Rowing.
- (d) The Judges at the Finish, in such cases, must not announce the official result of the race until a final decision is made.
- (e) Please refer to BAS Handbook Section 5.14 for the management of objections and disputes.
- (f) Participating BAS Principals / Heads shall decide on the protest and on the measures resulting from its decision including:

- 1. reprimand;
- 2. relegation;
- 3. disqualification;
- 4. re-row (for a specified number of crews).

After application of the appropriate penalty, if any, the participating BAS Principals / Heads shall take any other appropriate measure to restore the chances of a crew that has suffered a disadvantage.

- 10. In the event of a crew being removed from a race, an APPEAL may be made by observing the following procedure:
 - (a) An individual coach may lodge an appeal in writing through the School's Head with the BAS Inc. Chair of Rowing not later than 30 minutes following the race in which the disqualification was made.
 - (b) The Chair of Rowing convene the Disputes Committee who will make a decision no later than 2 days following the event.
 - (c) The Disputes Committee will comprise the Principal or their delegate, other than the Director of Rowing, from each competing school, the judge, the umpire and the Course Manager.
- 11. Premiership points are awarded in 4 x Open, 3 x Yr. 10 and 2 x Yr. 9 events in either the boys' program or the girls' program.

 Points are: 1st 6; 2nd 4; 3rd 3; 4th 2; 5th 1

Extra races, according to entries, can be included in the program but will not count for Premiership points. All winning crews will be acknowledged with pennants and medals.

- 12. There will be provision for equal numbers of boys and girls' races.
- 13. At the end of the regatta, the presentation of aggregate trophies will be made at an area nominated by the host school with the Heads and boys' and girls' Captains of Boats of each school present.

Trophies will be presented to the Boy's Rowing Premier School, Girl's Rowing Premier School, Boy's Head of the Lake, Girl's Head of the Lake. Each winning crew will be presented with medallions and a BAS premiership pennant throughout the course of the Regatta.

Heat Policy - refer to Rowing Victoria Extreme Heat Recommendations.

18.1 BAS Head of the Lake Entry Policy - 10/11/20

The entry policy for BAS Head of the Lake aims to provide an equitable management framework that addresses the diversity of rowing programs across BAS schools given the variation in school enrolments and available resources.

The regatta entry process applies with respect to the number of crews entered at each level, being the Year 9, Year 10 and Senior levels.

Events Entry Format

- · A school with one crew in a division:
 - The school enters Senior, Year 10 or Year 9 into with School Four Division 2.
- A school with two crews in a division:
 - The school enters Senior, Year 10 or Year 9 commencing with School Four Division 1.
- · A school with three or more crews in a division:
 - The school enters Senior, Year 10 or Year 9 commencing with School Four Division 1.
- A school with a <u>Senior 'casual' crew</u> will enter into <u>Senior School Four</u> <u>Division 5.</u>
- Schools may elect to enter their crews in higher divisions than indicated by this Policy.
- Any crew from any school granted a special entry request would compete for and receive medals (if successful) in that division.
- Any school applying for special entry request (as above) loses the ability to win premiership points in that division.
- A Senior based casual crew is defined as a crew that competes in a regulation boat over 1km.

Special Entry Process

- Any school wishing to apply for a special entry request should:
 - o Gain support from their Principal prior to making the request.
 - Apply in writing to the Chair of BAS Rowing.
 - Provide clear supporting evidence for the request(s).
 - Apply no later than 3 weeks prior to the BAS Head of the Lake.
- Special entry requests are to be presented and discussed at the BAS Heads of Rowing meeting prior to BAS Head of the Lake.
- All special entry requests will be presented to BAS Inc. (Principals) for ratification by the chair of BAS Rowing who will communicate the thoughts and recommendations of the Heads of Rowing.

18.2 BAS Rowing Training Regulations and Code of Conduct

1. Definitions

- 1.1 Session Times: A training session time is the time of actual physical participation in the activity.
- 1.2 Land Training: Training conducted or organised by coaches that does not involve the rowing of boats. Land training is deemed to be any program organised as a conditioning program for rowers and includes, for example, organised weight training, ergo use, gymnasium work, swimming and running.
- 1.3 Water Training: Actual training time conducted on water with a crew.
- 1.4 Week: Sunrise Monday to the following sunset Sunday (inclusive).
- 1.5 Term: A normal school term, except that, for the purpose of these guidelines.
- 1.6 Permitted Year Levels: Crews will consist of students from years 12 to 9 (term 1). No year 8 crews are allowed to race at the Head of the Lake Regatta.

2. Purpose

The purposes of these guidelines are to:

- 2.1 Provide a framework where the sport of rowing can be conducted
 - i. upon agreed best training practices
 - ii. in an environment that ensures that the physical, emotional and academic welfare of the athlete is not jeopardised though training regimes
- 2.2 Ensure that no school or crew gets an unfair advantage over another school or crew through excessive training sessions.

3. Coaching Conduct and Qualifications

- 3.1 Coaches, in conducting training will:
 - (a) Act in a professional and ethical manner and exercise appropriate Duty of Care
 - (b) Be positive, supportive and encouraging of crews.
 - (c) Train crews in accordance with the best practice for rowing being mindful of the needs of the individual and level of the crew.
 - (d) Not exceed training times set out in these Guidelines
 - (e) Model sportsmanship and appropriate behaviours at regattas, training and camps.
 - (f) Ensure that members of any crews adhere to the School's Codes of Conduct.

- (g) Ensure school policies concerning uniform, sun protection and harassment are adhered to and
- (h) Maintain effective communication with the Rowing Co-ordinator and crews at all times.
- 3.2 Coaches will be supported by the school, and/or the school's rowing club, in gaining minimum coaching accreditation qualifications.

4. Training Regulations

- 4.1 The following training times are permitted.
- These times represent the MAXIMUM crews/squads may train. It be would be considered most unusual for the maximum to be used throughout a term.
- Coaches will exercise professional judgement, having regard for the wellbeing of the athlete in determining training programs.
- On-water training will not exceed 1 hour 30 minutes duration per session.
- A coach may substitute land training for on-water training (taking account of weather, illness, water levels, etc.)

No coach will permit any <u>individual rower</u> to exceed the maximum training times permitted under these guidelines. (Also see 4.8)

The school's Rowing Co-ordinator will monitor the training of all rowers, crews and squads and accept responsibility for adherence to these regulations.

Permitted sessions

Term 3	On-water	Land training per week
Senior Crews (years 10 and 11)	Nil	Up to 3 sessions per week
Intermediate Crews (year 9)	Nil	Up to 1 session per week
Junior Crews (year 8)	4 week introductory program for Year 8's at the end of Term 3.	Up to 1 session per week
	1½ hours per week for 4 weeks, not an intensive program.	

Term 4	On-water training per	TOTAL Number of training		
	week	sessions per week		
Senior Squad	Up to 3 sessions	Up to 6 sessions		
Year 9	Up to 2 sessions	Up to 4 session		
Year 8	Up to 2 sessions	Up to 3 session		

Term 1	On-water training	per	TOTAL Number of training
	week		sessions per week
Senior Squad	Up to 4 sessions		Up to 6 sessions
Year 10	Up to 3 sessions		Up to 4 session
Year 9	Up to 2 sessions		Up to 3 session

Term 2

That rowing activities in Term 2 & 3 be considered on a case by case basis by application to BAS Inc. (e.g. Henley tour and Edmund Rice Challenge)

Length of time for session as per the original regulations

Senioron-water 1.5 hours / off water 1.5 hours Year 9/10 on-water 1.5 hours / off water 1.0 hour Year 8/9 on-water 1.5 hours / off water 1.0 hour

Each school will be permitted to conduct a rowing camp(s) of up to 5 days' duration between 15th December and 26th January plus an extra 2 days at a time that suits individual schools.

The intended spirit of these regulations is that boys and girls and their families should not be under pressure to arrange their summer vacation to accommodate group training for Rowing.

All camp dates and locations are to be forwarded to the Executive Officer at the end of November each year.

Except for official rowing camps, there will be no training conducted by the School, and no use by rowers of school rowing boats between 15th December and 26th January.

During all school holidays there will be no formal or organised, on or off water training to take place other than the specified Dec/Jan Camp period (as specified above).

For further clarity - formal refers to the training occurring on school property OR with a school coach"

As directed by the Rowing Co-ordinator, crews shall be able to train outside of the BAS weekly training regulations on the proviso the total amount of training completed within any four-week period does not exceed four times the maximum number of weekly sessions for that period. This will apply to on-water training only.

Official rowing camps will not be subject to session limitations in 4.4.

Coaches will conduct training with an understanding that rowing is a school sport and that the school has overriding authority in the conduct of all aspects of its rowing program.

Prior to the commencement of term 4 rowing, the Rowing Co-ordinators will meet with their coaches to explain the Code of Conduct and the rowing guidelines.

All schools will clearly display the Guidelines and Codes of Conduct in their respective boat sheds. All coaches will be given a copy of the guidelines and Code of Conduct.

5. Procedures for dealing with alleged breaches of training regulations

- 5.1 A protest is made by a Principal forwarding allegations and substantiating evidence in writing to the Principal of the School concerned and the Chair of Rowing Schools. (This Chair would invite another Principal to deputise if the allegation concerns his/her school.)
- 5.2 The Principal of the School concerned will, through the Rowing Co-ordinator, investigate the allegations and report on this investigation to the Chair of Rowing Schools and the Principal who lodged the protest.
- 5.3 If a breach of regulations is proven, the Principal of the School concerned will agree with the Chair of Rowing Schools on an appropriate course of action. This would then be reported to Principals of all rowing schools. (If agreement cannot be reached, a Principals' meeting would decide on a course of action.)

- 5.4 A decision about a course of action would take into account both the seriousness of the breach and the culpability of either the coach or the crew members or both.
- 5.5 In case of a first proven breach, a warning would normally be issued by the Chair of Rowing Schools. Subsequent or persistent breaches may be dealt with by dismissal of the coach, or loss of premiership points in the Head of the Lake.
- 5.6 Review At the completion of a rowing season, the Rowing Co-ordinators will meet to review guidelines and other aspects of the season. A written report of the outcomes of this review, and any recommendations arising, will be forwarded to the Chair of Rowing School

18.3 Procedures for dealing with alleged breaches of training regulations

A protest is made by a Principal forwarding allegations and substantiating evidence in writing to the Principal of the School concerned and the Chair of Rowing Schools. (This Chair would invite another Principal to deputise if the allegation concerns his/her school.)

The Principal of the School concerned will, through the Rowing Co-ordinator, investigate the allegations and report on this investigation to the Chair of Rowing Schools and the Principal who lodged the protest.

If a breach of regulations is proven, the Principal of the School concerned will agree with the Chair of Rowing Schools on an appropriate course of action. This would then be reported to Principals of all rowing schools. (If agreement cannot be reached, a Principals' meeting would decide on a course of action.)

A decision about a course of action would take into account both the seriousness of the breach and the culpability of either the coach or the crew members or both.

In case of a first proven breach, a warning would normally be issued by the Chair of Rowing Schools. Any subsequent breach may be dealt with by dismissal of the coach, or loss of premiership points for the crew concerned in the Head of the Lake.

Review

At the completion of a rowing season, the Rowing Co-ordinators will meet to review regulations and other aspects of the season. A written report of the outcomes of this review, and any recommendations arising, will be forwarded to the Chair of Rowing Schools.

As approved at BAS Inc. meeting 11.8.2004 for implementation from that date.

18.4 BAS Head of the Lake

The following procedures are to be followed relating to the staging of the <u>BAS</u> Head of the Lake:

The Bureau of Meteorology website / app would be used for the forecast and determining weather conditions relevant to the event.

48 hours prior to the start time of the event, (by 9am on the Friday preceding a Sunday regatta), weather conditions on BOM will be checked. Should any of the forecast conditions be outside the prescribed parameters the event will be cancelled. The BAS Chair of Rowing will advise other Principals and, in conjunction with the Executive Officer, inform Rowing Victoria and any appropriate media.

7am, the day of the event Principals and the assigned RV Field of Play Officer and President of the Jury will meet at a location to be confirmed subject to the wind conditions. Again, the BOM will be used as a reference in consultation with Principals and Rowing Victoria Officials.

Once the event has commenced, conditions shall be reviewed every 30 minutes OR at the request of a Principal or an RV Official.

On the day of the event, the initial decision will be to delay racing for 1 hour and then review forecast conditions, according to the prescribed parameters to determine whether to proceed or not.

Safety Concerns must come from Rowing Coordinators to the Principal of their school then to the BAS Chair of Rowing who will inform Rowing Victoria Officials. Any other safety event or something specific to a school, will be communicated in the same way.

Concerns in relation to a specific race during the regatta

Any concern is to be raised via the School Principal and racing will be suspended until investigated.

Concern must be raised within 30 minutes of when the concern occurred.

A meeting convened with Principals and RV Field of Play Officer / President of the Jury.

All Principals will support although a Principal may withdraw their crews at any time due to events outside the prescribed parameters.

BAS appointed representative to support President of the Jury

Cancellation of the BAS Head of the Lake will be required should any of the below conditions be forecast 48 Hours prior to the start time of the event / (by 9am on the Friday preceding a Sunday regatta), or present during the event.

Wind speed – 30 kmph.

Wind gusts – 30 kmph.

Wind direction will also be considered a factor.

Heat – refer to the RV Heat Policy

Rain - greater than 20mm or 70% chance of 20mm or more rain.

Storms, lightening or thunder / Extreme weather warnings -forecast or present during the event.

Communication:

All communication with Rowing Victoria is through Executive Officer of BAS and/or Chair, BAS Rowing.

All communication with media with regards to any postponement or rescheduling is through Chair of BAS Rowing

All communication with families and rowing club members for each school is through the Principal to the Rowing Coordinator.

A Back up Date is to be nominated for the Head of the Lake each year.

19. SOCCER - BOYS / GIRLS

All matches to be played under the rules and regulations of the Federation International Football Association (F.I.F.A.)

(https://img.fifa.com/image/upload/datdz0pms85gbnqy4j3k.pdf).

Schedule of Matches: (updated for 2024)

1st XI Boys - Term 3 - Wednesday, 4.00pm Junior Boys - Term 3 - Thursday, 4.00pm Senior Girls - Term 3 - Tuesday, 4.00pm Junior Girls - Term 2 - Thursday, 4.00pm Inter Boys (return for 2024) Term 2 - Wednesday 4.00pm

1. 1st XI / Senior Girls matches are to be of 60 minutes' duration, consisting of 2 x 30-minute halves and a 5-minute interval at half-time. Time may only be added for injuries if the allocated time of the venue permits. Every effort must be made to complete the match on time.

Intermediate and Junior Matches will consist of 2 x 25-minute halves. Time may only be added for injuries if the allocated time of the venue permits. Every effort must be made to complete the match on time.

2. BAS will request FFV appoint referees to all First XI and Senior matches. If this is not possible the home team / school (first named on the fixture) is to provide a referee.

BAS will also request FFV to appoint referees to Intermediate and Junior matches. If this is not possible the home team / school (first named on the fixture) is to provide a referee.

Each side is to provide a linesperson for all matches.

- 3. The first named school on the fixture is to ensure that:
 - the field is correctly marked;
 - corner flags are in place;
 - goal nets are in position; and
 - the correct size ball is used: All divisions size 5.
- 4. A team must have 7 eligible players to take the pitch before a match for premiership points may proceed. Up to five interchange players are allowed for each team at 1st XI, unless otherwise agreed between the two teams and the referee is informed.

There is no limit to the number of interchange players for Junior and Intermediate soccer.

- 5. Referees are to check that players are wearing the correct equipment. Boots in particular are to be checked. Shin Guards are compulsory for all grades of Soccer.
- 6. Points: Win 4 points, Loss 1 point, Draw 2 points, Win on Forfeit 4 points (and goals difference of the highest margin of other games in the round) to winning team,) 0 points for the team that forfeits.

7. BAS Mercy Rule is to be applied to all <u>Junior and Intermediate sport.</u> Once a team is leading by 5 or more goals, that team is required to play one less player in defence.

If, after ½ time the margin reaches 8 goals, coaches are to call a time out, at which point the game will be "called" and deemed to be over. The score at this time will be recorded as the final score.

The remainder of the game will be played as a "friendly" game, where Coaches can do what they like to make the game fun and enjoyable with the emphasis on giving the less experienced players the opportunity to play a more active role in the match.

8. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

- 9. Sides that finish equal on points at the end of the preliminary round will be divided by goals difference in matches between the tied teams. **In First XI and Senior Girls**, if a deadlock still exists, a tie-breaker match will be played between the two teams.
- 10. FIRST XI and SENIOR FINALS:
 - (a) The two teams that finish on top of the ladder at the end of the preliminary rounds will play off in a Grand Final.
 - (b) All match conditions will be the same as for the preliminary rounds except for when a tie exists at the end of injury time.
 - (c) In the event of a tie, sides will change ends immediately and play 20 minutes of extra time, 10 minutes each way.
 - (d) If a tie still exists at the end of extra time, a joint premiership shall be awarded.

In INTERMEDIATE and JUNIOR competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership. Sides that finish equal on points at the end of the preliminary round will be divided by goals difference in matches between the tied teams. If a deadlock still exists a JOINT PREMIERSHIP shall be awarded.

20. SQUASH AND RACQUETBALL BOYS AND GIRLS

- Proposed entries for Squash and Racquetball are required in the first week of Term 3. The first 2 weeks of the season will be used for schools to confirm grading and entry of teams and for players to learn how to play, score etc. hosted by S&R Centre. Competition will commence in Week 3 of Term 3.
 All games commence at 4.00pm and will conclude at approx. 5.15pm. A staff member must accompany each school.
- 2. BAS Executive Officer to liaise with the Squash and Racquetball Association regarding draws, court allocation and venues. All games shall be played according to the rules of the Ballarat Squash and Racquetball Association.
- 3. Both Squash and Racquetball to be played and depending on entries: Squash- A, B and C Grade Racquetball A, B, C, D & E Grades
- 4. Four players will make up a Racquetball Team. Players are to be seeded 1 4 and will play one match against the oppositions corresponding seed. Each match to be 3 sets to 15.
 - Squash will involve individual play.
- 5. The Squash and Racquetball Association will organise score sheets for each round of competition, provide racquets and balls free of hire charge. Schools will be invoiced at a rate of approximately \$3.50 per player per night.
- 18 Schools are responsible for ensuring they have complete teams for all rounds and must find fill-ins if required. The centre is to be notified of team changes on arrival.
- 7. EYEWEAR It is compulsory for ALL players to wear appropriate eyewear when playing. It is the responsibility of all players and staff to ensure it is being worn and no player may take the court without it.

19 FINALS:

- (a) Finals for Senior teams will be played on the final night of competition.
- (b) 1st v 4th; 2nd v 3rd, Winners play-off on the final night.
- (c) For finals, all teams must consist of players who have been playing regularly on those teams (at least 1/3 of the season).
- (d) If a fill-in is required, they must be a player who has been playing the same grade or lower.
- (e) Independent umpires to be arranged for the final night of competition.

21. SWIMMING

The BAS Swimming Carnival will be held on a date confirmed by BAS Inc. in Term One at the Ballarat Aquatic and Lifestyle Centre, commencing at 2pm.

- 1. Age groups: Commencing 2024 the BAS Swimming Carnival will be conducted in age groups, with students only eligible to compete in their current or, a higher year level. Year 11 and 12 will be combined for all events.
- 2. Except for relays there shall be one competitor per event.
- 3. Competitors shall compete in only one year level for any event.
- 4. A competitor may ONLY swim in three (3) individual events, one (1) freestyle relay and one (1) medley relay.
- 5. Competitions:

Boys' Aggregate Championship Girls' Aggregate Championship Co-Educational School Shield Junior Boys and Girls Aggregate Inter Boys and Girls Aggregate Senior Boys and Girls Aggregate

6. List of events (in order)

Where applicable Div. C events, precede Div. B events which precede Div. A events.

100m Freestyle: Senior (Yrs 10-12) & Junior (Yrs 7-9) A only

4 x 50m Medley Relay: Division A - Junior, Intermediate and Senior

50m Backstroke: Yrs 7-10 Division A & B, Yrs 11/12 (combined) Division A, B & C.

50m Breaststroke: Yrs 7-10 Division A & B, Yrs 11/12 (combined) Division A, B & C

50m Butterfly: Division A only, all year levels (Yrs 11/12 combined)

50m Freestyle: Division A, B & C, all year levels (Yrs 11/12 combined)

4 x 50m Freestyle Relay - Division B – Junior, Intermediate and Senior

4 x 50m Freestyle Relay - Division A – all year levels (Yrs 11/12 combined)

100m Events and Medley Relay's: start and finish at the north end of the pool.

Medley Events Order - Backstroke, breaststroke, butterfly and freestyle. All medley swimmers to marshal in the marshaling area and then move to the end of the pool they will be swimming from (backstroke, butterfly – north end. Breaststroke and freestyle – south end)

7. Lanes will be rotated each year.

8. The points scoring system shall be:

	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Division A	16	14	12	10	8	6	4	2
Division B & C	8	7	6	5	4	3	2	1
Relays (Division A)	16	14	12	10	8			
Relays (Division B)	8	7	6	5	4			
Medley Relays	16	14	12	10	8			

9. If 32 points or fewer separate the 1st and 2nd schools NO winner will be announced for all results on the day of the carnival pending a recount. A winner shall be announced before mid-day on the Wednesday following the carnival

22. TABLE TENNIS

Competition will be conducted in Term 3 in collaboration with, and at, Ballarat Table Tennis.

BAS will be responsible for collating entries and preparing fixtures for this competition. BTT staff will manage the weekly competition, collect results and prepare ladders.

The first week of the season will be used for schools to confirm grading and entry of teams. Competition will commence in Week 3 of Term 3.

All games will commence at 4.00pm and will conclude at approx. 5.15pm. Each school must allocate a staff member to be in attendance with their students.

- 1. Competition will include A, B, C, D & E Grades
- 2. 4 Players per team. Players need to be seeded 1 4 / A D. A team must have three eligible players before a match for premiership points may proceed.

Each fixture will consist of 3 DOUBLES MATCHES

```
Best of 3 to 11
Rd 1 – A&B v 1&2, C&D v 3&4
Rd 2 – A&C v 1&3, B&D v 2&4
Rd 3 – A&D v 1&4, B&C v 2&3
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- 3. Players swapping between teams and grades in not permitted.
- 4. Each school will be individually invoiced by the Ballarat Table Tennis Association for their pro rata participation in the competition.
- 5. Finals will be played in the last week of competition In A and B Grade

For all other grades the team that finishes on the top of the ladder at the end of preliminary rounds shall be declared the premier team.

23. TENNIS

BAS Tennis is to be played under the rules of the International Tennis Federation (https://www.itftennis.com/media/2510/2020-rules-of-tennis-english.pdf) unless otherwise stated in the regulations below.

23.1 Tennis - 1ST & 2ND IV Boys

- 1. All 1st and 2nd IV matches are to be played on Friday nights in Term 1 from 4.00 pm at Ballarat Regional Tennis Centre.
- 2. In the event of a school not being able to fulfil a fixtured match, then a forfeit will be awarded to its opponent. If an individual is unable to fulfil his fixtured matches those games will be awarded to his opponents 6 0.
- 3. Teams: Each 1st and 2nd team consist of 4 players.

In the event of a 1st team having a bye, no regular 1st team player can represent his 2nd team

A player who does not complete a match due to illness or injury, forfeits that match, but the sets and games that he has won are recorded on his team's results. The unplayed sets and games are recorded in his opposing team's score.

A team must have three eligible players before a match for premiership points may proceed.

- 4. Play: One doubles match and one singles match per player
- 5. Senior Competition Player Seeding Format:

Each school must nominate their senior tennis players in rank order of singles ability prior to the commencement of the season, this includes all players who are likely to be playing in the First or Second IV competition.

In accordance with the spirit of the competition, it would be deemed as most inappropriate for a school to alter these seeds weekly or throughout the competition. It is understandable that rankings may be required to change according to player availability and injury, but every effort must be made to keep rankings consistent with player ability.

1st Doubles; 1 & 2 v 1 & 2 2nd Doubles; 3 & 4 v 3 & 4

1st Singles; 1 v 1 2nd Singles; 2 v 2 3rd Singles; 3 v 3 4th Singles; 4 v 4

Format of play – Courts will be allocated for each match on the fixture provided.

4pm - Firsts Doubles

4pm - Seconds Singles

4.45pm - Firsts Singles

4.45pm - Seconds Doubles

All sets – singles and doubles, are to be decided as the first to 6 with a tie break at 5 - 5.

- 6. For a washout (agreed to by coaches), sets completed will be counted towards a team's tally. With remaining sets and games divided equally between the two teams.
- 7. Balls: Each team will supply two pairs of new tennis balls which must be Tennis Australia approved.
- 8. Umpiring: Players are to umpire their own matches. Where there is a disagreement about a call, the point as called by the person whose end it is shall stand. If disagreements continue a referee (an adult supervisor from one of the schools present) may be called to observe and adjudicate on a period of the game. Refer to Tennis Australia: Procedures for Matches played without a Chair Umpire:

(https://www.tennis.com.au/wp-content/uploads/2019/06/Procedures-for-Matches-played-without-a-Chair-Umpire-V19.3.pdf)

20 FINALS:

- (a) A Grand Final will take place in both First and Seconds competitions at Ballarat Regional Tennis Centre on a Friday afternoon from 4.00pm.
- (b) The final will be played according to the same conditions as the preliminary rounds. In the case of inclement weather, the final will be shifted to an indoor venue if possible.
- (c) If it is a drawn fixture a joint premiership shall be awarded.
- 10. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

23.2 Tennis - Intermediate and Junior Boys

BAS Tennis is to be played under the rules of the International Tennis Federation (https://www.itftennis.com/media/2510/2020-rules-of-tennis-english.pdf) unless otherwise stated in the regulations below.

- 1. Intermediate Boys Tennis will be played in Term 1, Tuesday from 4.00pm. Junior Boys Tennis will be played in Term 4, Thursday from 4.00pm. Matches are to be completed by 5.30pm.
- 2. 4 players per team (A & B Grades), to be seeded 1 4. A team must have three eligible players before a match for premiership points may proceed.

Order of Play: Team A1/2 v Team B1/2, Team A 3/4 v Team B 3/4
Team A 1/3 v Team B 1/3, Team A 2/4 v Team B 2/4

- 3. Number of Games to be Played: Intermediate 6 games, tie break at 5 all Junior 6 games, tie break at 5 all
- 4. Wash Out: If a wash out occurs after a fixture has commenced it should attempt to be rescheduled. The rescheduled fixture would then recommence with the score as standing at the time of the wash out. If this is not possible for a washout (agreed to by coaches), sets completed will be counted towards a team's tally. With remaining sets and games divided equally between the two teams. A player who does not complete a match due to illness or injury, forfeits that match, but the sets and games that he has won are recorded on his team's results. The unplayed sets and games are recorded in his opposing team's score.
- 5. Balls: Each team will supply two pairs of new tennis balls which must be Tennis Australia approved.
- 6. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

In INTERMEDIATE and JUNIOR competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.

23.3 Tennis - Girls

BAS Tennis is to be played under the rules of the International Tennis Federation (https://www.itftennis.com/media/2510/2020-rules-of-tennis-english.pdf) unless otherwise stated in the regulations below.

1. Senior Girls' Tennis (A & B Grade) will be played in Term 1, Wednesdays at 4pm.

Inter Girls' Tennis will be played in Term 4, Tuesdays at 4pm.

Junior Girls' Tennis (A & B Grade) will be played in Term 4, Wednesdays at 4pm.

2. 4 players per team (A & B Grades), to be seeded 1 - 4. A team must have three eligible players before a match for premiership points may proceed.

Order of Play: Team A1/2 v Team B1/2, Team A 3/4 v Team B 3/4
Team A 1/3 v Team B 1/3, Team A 2/4 v Team B 2/4

3. Number of Games to be Played: Senior - 6 games, tie break at 5 all Intermediate - 6 games, tie break at 5 all Junior - 6 games, tie break at 5 all

- 4. Wash Out: If a wash out occurs after a fixture has commenced it should be rescheduled. The rescheduled fixture would then recommence with the score as standing at the time of the wash out. If this is not possible for a washout (agreed to by coaches), sets completed will be counted towards a team's tally, with remaining sets and games divided equally between the two teams. A player who does not complete a match due to illness or injury, forfeits that match, but the sets and games that he has won are recorded on his team's results. The unplayed sets and games are recorded in his opposing team's score.
- 5. Balls: Each team will supply two pairs of good quality (not necessarily new) tennis balls, which must be Tennis Australia approved.
- 6. RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

- 7. In all SENIOR competitions, a Grand Final will be played between the top two teams on the ladder at the end of preliminary rounds.
 - (a) Finals, where possible are to be played on neutral school courts
 - (b) Format for finals: 8 games, tie break at 7 all.

(c) Draw in Finals: A joint premiership will be awarded. In INTERMEDIATE and JUNIOR competitions, the team that finishes on top of the ladder at the end of preliminary rounds shall be awarded the premiership.

23.4 Tennis - Singles Championships

BOYS - McNEIL CUP (Open) / ROB BENOIT CUP (Junior Years 7 – 9)

GIRLS - JUNIOR (Junior Years 7 – 9) AND SENIOR (Open) HENDERSON SHIELD

BAS Tennis is to be played under the rules of the International Tennis Federation (https://www.itftennis.com/media/2510/2020-rules-of-tennis-english.pdf) unless otherwise stated in the regulations below.

A Senior and Junior Singles Championship to be held in Term 1 each year. The preliminary rounds are to be conducted on the Monday of the nominated week starting at 10.00am. The Semi Finals and Finals are to be played on the following Thursday commencing at 9.00am, with the Grand Finals commencing at 11.00am.

The Junior Singles Championship will be held for students who are in Year 7, 8 or 9 in that year.

- 1. Each school will be eligible to enter 2 players. These players will be seeded No. 1 and No. 2 and placed into two pools according to the final seedings. Each school must have its entries to the BAS Executive Officer two (2) weeks prior to the date set for the preliminary rounds.
- 2. The Executive Officer is to divide all entrants into two pools players. Each pool should have an equal number of No. 1 seeds and No. 2 seeds.
- 3. Each pool will play a round robin competition.
- 4. The top two players from each pool following the round robin series will go into the semi-finals. Final positions will be determined by sets won, then games won if sets are equal.
- 5. The semi-finals will cross over between the two pools:

No. 1 player Pool A Vs No. 2 player Pool B

No. 1 player Pool B Vs No. 2 player Pool A

The winners of the semi-finals to meet and determine the winner.

Games:

Seniors Round Robin: First to 6, tie break at 5 all

Girls Semi-Finals: First to 8, tie break at 7 all Boys Semi Finals – First to 8. Tie-breaker at 7 all

Juniors Round Robin - First to 6. Tie-breaker at 5 all.

Semi-Finals: First to 8 set, tie breaker at 7 all

Grand Final: Best of 3 sets to 6, all tie break at 6 all

Format of matches may be altered by the Executive Officer depending on the number of entries in each division.

- 6. Umpiring: The players umpire their own matches. Where there is a disagreement about a call, the point as called by the person whose end it is shall stand. If disagreements continue a referee (an adult supervisor from one of the schools present) may be called to observe and adjudicate on a period of the game. Refer to Tennis Australia: Procedures for Matches played without a Chair Umpire:
 - (https://www.tennis.com.au/wp-content/uploads/2019/06/Procedures-for-Matches-played-without-a-Chair-Umpire-V19.3.pdf)
- 7. The Executive Officer will conduct the competition. Each school remains responsible for their individual competitors. They are to be accompanied by a school appointed adult.
- 8. Each school is to supply 4 tins of new tennis balls at the start of the competition.

24. VOLLEYBALL

Unless otherwise stated in the regulations below, all BAS games are to be played under F.I.V.F. rules, (http://www.fivb.org/EN/Refereeing-Rules/documents/FIVB-Volleyball Rules 2017-2020-EN-v04.pdf)

Senior Boys – Term 1, Wednesday 4pm Senior Girls – Term 3, Tuesday 4pm Intermediate Girls – Term 1, Wednesday 4pm Junior Girls – Term 1, Tuesday 4pm Junior Boys (Yr. 7-9) Term 4, Wednesday 4pm

- 1. Before the commencement of the game, school staff must ensure:
 - Adequate padding is secured to poles
 - Floor is clear of hazards (water, clothing etc.)
 - That all tables and chairs are clear of the court
 - That players have suitable footwear.

Volleyball – BAS recommends the following net heights for all matches:

Open Boys 2.35m Open Girls 2.24m Inter Boys 2.24m Inter Girls 2.15m Junior Boys 2.15m Junior Girls 2.10m

2. Teams must comprise of a minimum of 5 players to commence a game for premiership points.

There may be 12 players (six on court) nominated for Senior matches. For all other matches there is no limit to the number of interchange players. All players must be in correct school sports uniform.

3. <u>Seniors and Intermediates</u> will play 3 sets for all round games. Games are played to 25 with a 2-point advantage.

The final set, if a deciding set, is to be played to 25, with a 2-point advantage (unless time runs out).

In the senior division, if there is only an A competition, a time limit of 60 minutes will apply. If there is an A and B grade competition, then a 40-minute time limit will apply. If a 25-point game gets to 15 it will count. The team leading the set at that point is awarded that set, regardless of lead.

<u>Juniors</u> will play 5 sets for all matches with sets 1-4 to 15, and the final / possibly the deciding set, to 8.

A 40 minute time limit will apply for all junior and intermediate matches. 40 min matches for both; 4:00-4:40 (5 min change over) and then 4:45-5:25.

- 4. SENIORS: Conduct of the game:
 - (a) Team must adhere to the official substitution rule
 - (b) Teams are permitted to play a libero. They must be in a contrasting colour to the team and can be changed at the end of the set.
 - (c) Teams are permitted 2 x 30 second time-outs per set.
 - (d) There will be a maximum of 2 minutes between sets.

- 5. INTERMEDIATE: Conduct of the game:
 - (a) Intermediates may use a rotational substitution
 - (b) Teams are not permitted to use a libero
 - (c) Teams are permitted 2x30 second time-outs per set
 - (d) There will be a maximum of 2 minutes between sets
- 6. JUNIORS: Conduct of the game:
 - (a) Players not allowed to serve more than 3 points in a row. The team would just rotate to the next server on that team.
 - (b) All games must be played with the lighter volleyball.
 - (c) Junior may use a rotational substitution
 - (d) Teams are not permitted to use a libero
 - (e) There are to be NO time-outs in Junior Volleyball.
 - (f) There will be a maximum of 2 minutes between sets
 - (g) Soft Touch Volleyballs to be used for all Junior games.
- 7. A team who cannot take the court with 5 uniformed players will forfeit the game (Score 3/75 0/0 OR 5/75 0/0).

 Teams will forfeit one set for every 10 minutes late. After 30 minutes 3 sets.
- 8. The first named school is responsible for supplying a suitable referee The second named school is responsible for supplying a scorer
- 9. Both teams must accurately complete their team details on the score sheet. Only players who are listed on the score sheet may take the court once the game commences.

Coaches and referees are responsible for signing the score sheet at the conclusion of the game.

RESULTS for ALL BAS Sports are required to be entered into SportsDash within 48 hours after the completion of the match.

Both schools are required to enter OR confirm results and scores before they will be declared official. Updated results and ladders will be available on the BAS Website under SPORTS / RESULTS & FIXTURES.

Completed scoresheets must be retained by the winning school and be available for presentation should they be requested.

10. FINALS:

In all SENIOR competitions, a Grand Final will be played between the top two teams on the ladder at the end of preliminary rounds.

- (a) Senior Grand Final shall be the best of 5 sets.
- (b) There will be no time limit on Finals.
- (c) BAS shall endeavour to appoint independent umpires for Finals.

n INTERMEDIATE and JUNIOR competitions, the team that finishes on top he ladder at the end of preliminary rounds shall be awarded the premiership	of).

25. MOUNTAIN BIKING

Mountain Biking may be offered in Term 4 should a suitable venue and convener be available.

- 1. Venue: Woowookarung Regional Park, Ballarat Sebastopol Cycling Club (BSCC) MTB Short loop.
- 2. Proposed time: Term 4, Tuesday afternoons.

Start time: 4.00pm Juniors 4.20pm Inter

4.20pm Inter 4.40pm Senior

- 3. Parking: MCC bus loop car park (entry from Recreation Rd)
- 4. Convener MCC
 Timer MCC

Team manager supplied by student's participating school. (To comply with required Adventure ratio for MTB of 1:10).

- **5.** Competing students would compete in a time format where they would try to complete as many laps in the time allowed. Each school's team manager is responsible for recording students' laps.
- 6. Junior (7 & 8) Boys/Girls 12 mins Intermediate (9 & 10) Boys/Girls - 15 mins Senior (11 & 12) Boys /Girls - 20 mins
- 7. Students can enter as an individual or as a team of 4 as either single gender or mixed gender. In a team situation combined total of laps of the 4 students will be used for placings. Like in cross country format a student can participate individually as well in a team format.
- 8. Students are required to supply their own mountain bike and helmet. There is the possibility of utilising the MCC mountain bikes and helmets (only 20 bikes available) by prior booking with David Ogilvie (MCC).

 Race numbers supplied by BSCC MTB club.
- 9. Running Costs:
 - No hire fees for venue.
 - No hire fees for bikes & helmets.
 - No hire fee for race numbers.

26. PREMIERSHIP TROPHY / SHIELD POLICY

This policy applies to all trophies and cups that are competed for within BAS Inc. competitions.

A trophy is the responsibility of the school that is listed as winning it within the BAS Inc. Handbook or the association records for that current year.

The repair of any damage or replacement of a lost trophy is the responsibility of the school listed as the trophy holder.

Trophies are not to be left in the care of students. The school remains responsible for any damage or loss that occurs whilst a student has a trophy.

All trophies are to be present for presentation at the next final of the relevant competition. They are expected to be presented in a clean state with all engraving up-to-date.

In the case of a trophy having no space remaining for engraving, approval for an upgrade of the trophy must occur at the next meeting of the association.

If a BAS Heads of Sport meeting determines that a trophy is completely full and it is not possible or feasible to upgrade the trophy to a satisfactory standard, then the trophy being replaced will remain at the school that has won it on the most occasions. The new trophy that is struck will indicate the location of the previous trophy for that competition.

When a trophy is full and is replaced the original trophy will remain on display at the school which won it the most during its lifespan.

Dated 15/10/03

27. POLICY: NAMING RIGHTS

27.1 Introduction

The Naming Rights Policy will operate to ensure that the reputation and integrity of the Ballarat Associated Schools (BAS) and its member schools are maintained and that a fair and equitable process is both perceived and recognised as being in place by stakeholders within the Association. The Principals within the Association, in line with the mission of BAS, will manage the Naming Rights Policy. All names are at the absolute discretion of BAS Inc. and can be instated or removed at any time for any reason by a majority vote of BAS Principals.

27.2 Policy

BAS will ensure that equipment, awards, prizes and other assets are named in a manner consistent with the mission, objectives, history and traditions of the Association.

27.3 Policy Guidelines - Naming in Perpetuity

Awards

- Awards should be named as a consequence of a recommendation from a Principal of a member school of BAS.
- These awards should be named to highlight outstanding service, achievement and support for:
 - i) History and operation of the Association
 - ii) Achievement within a sport actively played by BAS
- The Association will consider applications to have sporting awards named after individuals who have demonstrated a significant commitment or have achieved a high level of success. For example, the Moneghetti Award for Athletics.
- Such awards need to be made in perpetuity.
 This should be reflected within a Naming Rights Agreement to be developed between the parties to ensure consistency and to ensure an individual or family agrees to have an award named in their honour.

27.4 Naming Rights - Recognising Donors / Commercial Arrangements

- Where the attribution of naming rights is linked to a donation/sponsorship agreement, naming rights will only be negotiated for a set period of time (minimum five years), after which time awards may be renamed or the sponsorship renegotiated with the original benefactor.
- Names of benefactors will be recognised as part of the award a trophy inscription, for example. Use of corporate logos will not be permitted as part of an award inscription however can be recognised on any certificate that accompanies an award or trophy.

Naming Rights agreements are to be negotiated with organisations, families or individuals whose public image, products or services are consistent with the ethos of the Association as reflected in its Mission Statement. Should this situation change it is to be expected that Principals within the Association will review the agreement and make changes where necessary.

Status of Policy: Accepted Date: May, 2023

Date for Review: 2026

28. BAS SHIELD / CUP / PENNANTS

28.1 BAS Girls

BADMINTON			2021/22
BADMINION	O: 1	Lemonade and Trophy	DO (0004)
	Singles	Shoppe Shield	BG (2021)
BASKETBALL			
DASKLIDALL	Senior A Grade	Chris Cook Shield	LC (2023)
	Senior B Grade	Chins Cook Shield	PC (2023)
	Junior A Grade	Dawn Jose Shield	LC Blue (2023)
	Junior B Grade	Dawn oose onicia	PC(2023)
CRICKET	Julioi D Glade		1 0(2020)
ORIGINET	Senior	Shield	BCC (2023)
	Junior	Shield	BCC Black (2019)*
FOOTBALL	Julioi	Officia	DOC Black (2019)
TOTIDALL	Senior	Cup	BCC (2023)
	Junior	Oup	BHS (2023)
HOCKEY	Garnor		DI 10 (2020)
HOOKET	Senior A Grade	Cup	BHS (2019)*
	Senior B Grade	Cup	last comp 2008
	Junior A Grade	Cup	BG (2021)
NETBALL	odilloi 71 Grade		BO (2021)
NETDALL	Firsts	Cup* (not presented in 2014)	BG (2021)
	Seconds	John Jens Cup	BG Blue (2021)
SOCCER	CCCCTIGO	Com Com Cup	BO Blac (2021)
OOOOLK	Senior	Cup	BCC (2019)*
	Junior	Junior Soccer Cup	LC (2021)
SOFTBALL	<u>ournor</u>	danier Godder Gap	LO (2021)
OOTTBALL	Senior	Cup	BG (2012)
	Junior	Cup	LC (2010)
TENNIS	Carnor	- Cup	20 (2010)
	Senior A Grade	Shield	BG (2021)
	Senior B Grade	5.11010	BG Blue (2021)
	Junior A Grade	Shield	LC Blue (2019)*
	Junior B Grade	Cup	LC Gold (2019)*
	Senior Singles	Senior Henderson Shield	BHS (2022)
	Junior Singles	Junior Henderson Shield	BCC (2022)
VOLLEYBALL	Carnor Chighoo	Carnot Floridotooti Officia	500 (2022)
	Senior A Grade	Shield	BG Blue (2019)*
	Senior B Grade	5.11010	No comp since 2012
	Junior A Grade	Cup	BG Blue (2021)
	Junior B Grade		BG Blue (2021)
* No comp	since date shown	due to Covid	202.53 (202.)

28.2 BAS Boys

BAS - Boys						
Summer		Current Holder 2023/4				
BADMINTON - Singles	Brehaut Family Trophy	SPC (2023)				
CRICKET						
Percy Beames Trophy	1 st XI T20	BCC (202)				
George Kennedy / Ron Horner Cricket Challenge Cup	2-day competition	BCC (2023)				
TENNIS						
Bath Shield	- 1 st 1V	BG (2021)				
Barry Smith Trophy	- 2 nd 1V	BCC (2021)				
	McNeil Cup	DC (2022)				
	Junior Tennis Cup	SPC (2022)				
VOLLEYBALL	- Senior	BG (2021)				
14/: 140 11						
<u>Winter</u>						
FOOTBALL						
O'Malley Cup	- 1 st XV111	BCC (2023)				
2 nd XV111 Cup	- 2 nd XV111	SPC White (2023)				
SOCCER	- 1 st X1	SPC (2019)*				
HOCKEY						
Br H Breach Hockey Shield	- 1 st X1	BG (2019)*				
DACKETDALI	Conjor	PC (2010*				
BASKETBALL	- Senior	BG (2019)*				

28.3 BAS Co-Ed

		BAS Co-Ed						
		Current Holder – 2021/22						
BADMINTON	A Grade	LC/SPC (2023) (LC)						
SWIMMING	Co-Ed Aggregate	BCC (2021)						
	Boys	BCC (2021)						
	Girls	BG (2021)						
ATHLETICS	Co-Ed Aggregate	BG (2019)*						
	Boys	SPC (2019)*						
	Girls	BG (2019)*						
CROSS COUNTRY	Co-Ed Aggregate	BG (2019)*						
	Boys	SPC (2019)*						
	Girls	BG (2019)*						
GOLF	Cup	SPC (2021)						
LAP OF THE LAKE	Co-Ed Aggregate	BG (2019)*						
	Boys	SPC (2019)*						
	Girls	LC (2019)*						
LAWN BOWLS		BHS (2020)*						
ROAD RELAY	Aggregate	BCC/BG (2021)						
	Boys	BCC/BG (2021)						
	Girls	BCC/BG (2021)						
ROWING	Boys Premiership – Harold Deveson Cup	BCC (2022)						
	Girls Premiership – JH Netherway Cup	LC (2022)						
	Boys Head of the Lake - Dowling Challenge Cup	BG (2022)						
	Girls Head of the Lake – Patterson Trophy	BCC (2022)						
SQUASH & RACQUETBALL	Jim Bryce Memorial Trophy	Squash – SPC (2020)* Racquetball – BG (2020)*						

 ^{*} No comp since date shown due to Covid

29. EVALUATION OF SPORTS

Ballarat Associated Schools EVALUATION OF SPORTS

SPORT:		(please circle) Boys/Girls	Junior/Inter/Senior
NAME:		POSITION with TEA	AM:
Please rate th	e following aspects	of the competition:	
Divisions: (Junior / Inter / Senio	 or) Needs Attention	Acceptable	Excellent
Timing of Sea	SOn: Needs Attention		 Excellent
Timing of Mat	ches: Needs Attention		 Excellent
Length of Sea	SOn: Needs Attention		 Excellent
Fixture:	 Needs Attention		 Excellent
Availability of Players		Acceptable	Excellent
Venues:	 Needs Attention	Acceptable	 Excellent
Umpires:	Needs Attention	Acceptable	Excellent
Rules as per Handbook	•	Acceptable	 Excellent
Comment:			
Recommenda	itions:		
Signed:		Date:	

THANK YOU for taking the time to complete this evaluation. Please return to your Head of Sport prior to the commencement of the following term.

