

**BAS**

ballarat associated schools inc.



# HEAD OF THE LAKE

Lake Wendouree

**2023**



**NO ALCOHOL PERMITTED IN REGATTA AREA**

**BALLARAT ASSOCIATED SCHOOLS**  
**ONE HUNDREDTH AND NINTH**  
**HEAD OF THE LAKE**  
**2023 OFFICIALS**

*Supplied by Rowing Victoria*

**PRESIDENT OF THE JURY** David Grubits

David Grubits, Paul Diggerson, Michael Eastaughffe,  
Ross Litchfield, Bruce McInnes, Alastair Shaw,  
Shane Wood, Barry Wright, John Nichols, David Pitt

**Announcers:**

*Isaac Jantzen and James Warke*

*WINNING CREWS WILL BE PRESENTED WITH PENNANTS AND  
MEDALLIONS IMMEDIATELY FOLLOWING THEIR RACE ON THE  
PRESENTATION PONTOON NEAR THE LORETO SPIT.*

*PRESENTATIONS FOR SENIOR DIVISION 1 & 2 CREWS AND  
PREMIERSHIPS WILL OCCUR AT THE CONCLUSION OF THE PROGRAM.*

**TROPHIES TO BE PRESENTED**

**GIRLS' EVENTS**

J. H. NETHERWAY CUP

(Girls' Premiership Trophy)

Presented by Mr. Andrew Netherway

THE PATTERSON SHIELD

(Winner of the Girls' Head of the Lake)

Presented by Ms. Susan Patterson

**BOYS' EVENTS**

HAROLD DEVESON CUP

(Boys' Premiership Trophy)

Presented by Mr. Lance Deveson

THE DOWLING CHALLENGE CUP

(Winner of the Boys' Head of the Lake)

Presented by Mr. Tom Dowling

# **BALLARAT ASSOCIATED SCHOOLS ROWING**

## **Boys' Head of the Lake 2022**

Winner of the DOWLING CHALLENGE CUP

**Ballarat Grammar**

## **Girls' Head of the Lake 2022**

Winner of the PATTERSON SHIELD

**Ballarat Clarendon College**

The HAROLD DEVESON CUP will be held by the Premier  
Boys' Rowing School during 2023.

***2022 Winner - Ballarat Clarendon College***

The J. H. NETHERWAY CUP will be held by the Premier  
Girls' Rowing School during 2022.

***2022 Winner - Loreto College***

*\*All racing will be conducted according to the  
Ballarat Associated Schools regulations, as outlined  
in the BAS Handbook, or, when not specified,  
the rules that apply at Rowing Victoria Regattas.*

***The competing schools will wear the following colours:***

Ballarat High School - Light Blue and Navy Blue

Ballarat Clarendon College - Red & Black with Blue & Gold Stripe

St. Patrick's College - White, Green Shamrock, Blue Facing

Ballarat Grammar - Blue, Brown & Gold Stripes

Loreto College - Royal Blue & Gold

Damascus College - Navy with Maroon & Gold

Phoenix College - Black & Purple



*THE PATTERSON SHIELD*  
(Winner of the Girl's Head of the Lake)  
**Ballarat Clarendon College**



*J.H. NETHERWAY CUP*  
(Girl's Premiership Trophy)  
**Loreto College**



*THE DOWLING CHALLENGE CUP*  
*(Winner of the Boy's Head of the Lake)*  
**Ballarat Grammar**



*HAROLD DEVESON CUP*  
*(Boy's Premiership Trophy)*  
**Ballarat Clarendon College**

Race 1

To start at 9:00

1000 metres

## **FEMALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 6**

Lane 2 **BALLARAT CLARENDON COLLEGE 6**

A. Ronan, A. Shajahan,  
K. Salmi, A. Bassett-Zwar  
Cox: S.Pinder Coach: T. Lourey

Lane 3

**LORETO COLLEGE**

E. Dodd, G. Mahony,  
K. McDonald, O. James  
Cox: D. Donovan-Clancy  
Coaches: M. Miller-Schmetzer & A. Lewis

Lane 4 **BALLARAT CLARENDON COLLEGE 7**

H. Bains, K. Bansal,  
L. Penna-Baitis, S. Tadros  
Cox: A. Leppik Coach: B. Tucker

Lane 5 **BALLARAT CLARENDON COLLEGE 8**

C. Asplen, H. Renouf,  
R. Jain, S. Howe  
Cox: A. Glew Coach: C. Littlejohn

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 2

To start at 9:05

1000 metres

## **MALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 5**

Lane 2 **ST PATRICK'S COLLEGE 5**

N. Cummins, S. Chadwick,  
D. Kiely, E. Walters  
Cox: J. Davies Coach: N. Frichot

Lane 3 **BALLARAT CLARENDON COLLEGE**

S. Kosaraju, L. Kalms,  
C. Stevens, H. Hu  
Cox: A. Michie Coach: C. Littlejohn

Lane 4 **ST PATRICK'S COLLEGE 6**

P. McGreevy, B. Wattelet,  
T. Cosgriff, L. Gardiner  
Cox: A. Dalton Coach: G. Yanes

Lane 5 **ST PATRICK'S COLLEGE 7**

H. Joyce, M. Day,  
B. Eckel, M. Erdody  
Cox: O. Quick Coach: N. Frichot

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 3

To start at 9:10

1000 metres

## **FEMALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 5**

Lane 2 **BALLARAT HIGH SCHOOL**

B. Metcalfe, K. Rouhan,  
L. Tumohe, K. Reynen  
Cox: G. English Coach: R. Simmonds

Lane 3 **LORETO COLLEGE**

M. Constable, S. Martin,  
B. Burt, M. Schwarz  
Cox: K. Hutson Coaches: G. Watkins & M. Stewart

Lane 4 **BALLARAT GRAMMAR**

E. Mason, S. Quon,  
E. Davon, L. Danckert  
Cox: K. Crilly Coaches: L. Geddes & K. Walker

Lane 5 **BALLARAT CLARENDON COLLEGE**

T. Gray, M. Nolle,  
T. McGill, I. Long  
Cox: E. Freeman Coach: C. Goldsworthy

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec



Race 4

To start at 9:15

1000 metres

## **MALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 4**

Lane 2 **BALLARAT CLARENDON COLLEGE**

R. Grogan, J. Grogan,  
H. Draffin, F. Grima

Cox: E. Leong Coaches: J. Novak & C. Littlejohn

Lane 3 **BALLARAT GRAMMAR**

M. Wills, W. Balkin,  
R. Scott, J. Tanner

Cox: L. Bray Coach: C. Sharkey

Lane 4 **BALLARAT HIGH SCHOOL**

M. Matkov, W. Cattanach,  
H. Cunningham, R. Tomich

Cox: A. Keddie Coaches: B. O'Dwyer & S. Coles

Lane 5 **ST PATRICK'S COLLEGE**

B. Darbin, A. Todd,  
F. Dalziel, L. Huebner

Cox: L. Cowell Coaches: T. Foley & T. Elliott

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 5

To start at 9:20

1000 metres

## **FEMALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 4**

Lane 2

### **LORETO COLLEGE**

T. Castles, S. Robertson,  
E. Roney, T. Landry  
Cox: A. Oswin Coach: Z. Clark

Lane 3

### **BALLARAT GRAMMAR**

S. Read, M. Ussher,  
M. Matthews, A. Booth  
Cox: K. Deacon Coaches: C. Tatham & T. Johns

Lane 4 **BALLARAT CLARENDON COLLEGE**

E. Haynes, A. Sun,  
J. Martin, H. Beardmore  
Cox: Z. Doddamani Coach: A. Tippet

Lane 5

### **BALLARAT HIGH SCHOOL**

M. Hocking, I. Kaletsch,  
P. Smith, E. Keyte  
Cox: M. Sanders Coach: R. Simmonds

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 6

To start at 9:25

1000 metres

## **MALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 3**

Lane 2

### **BALLARAT GRAMMAR**

G. Pougault, C. Keilar,  
L. Goss, C. Dunstan,  
Cox: C. Mitchell Coach: L. Pougault

Lane 3

### **DAMASCUS COLLEGE**

J. Dwyer, J. Incoll,  
M. Calder, C. Chapman  
Cox: A. Lewis Coach: G. O'Leary

Lane 4

### **ST PATRICK'S COLLEGE**

I. Kopke-Veldhuis, J. Nunn,  
F. Russell, K. Kupisz  
Cox: H. Bennett Coaches: S. Pendlebury & O. Frangos

Lane 5

### **BALLARAT CLARENDON COLLEGE**

Z. McKerrow, H. Prior,  
J. McAllister, J. Bunnage  
Cox: L. Robson Coach: J. Nijhof

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 7

To start at 9:30

1000 metres

## **FEMALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 3**

Lane 2

### **BALLARAT GRAMMAR**

C. Ravisa, C. Armytage,  
B. Morrison, G. Draffin  
Cox: J. Hawker Coach: B. Clarke

Lane 3

### **DAMASCUS COLLEGE**

R. Lane, I. Forbes,  
C. Coad, C. Douglas  
Cox: I. Thompson Coach: L. Russell

Lane 4 **BALLARAT CLARENDON COLLEGE**

O. Hickingbotham, M. Kaushal,  
Z. Smyth, O. Sanapareddy  
Cox: A. Tucker Coach: J. Nijhof

Lane 5

### **BALLARAT HIGH SCHOOL**

A. Tapster, W. Manford,  
C. Mathison, M. Jenkins  
Cox: T. Noakes Coaches: S. Simpson & P. Hughes

Lane 6

### **LORETO COLLEGE**

J. Knobel, L. Molloy,  
A. Kinnersly, M. Geljon  
Cox: M. Cheeseman Coaches: M. McKinnis & I. Stevens

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 8

To start at 9:35

1000 metres

## **MALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 2**

Lane 2

### **DAMASCUS COLLEGE**

W. Madigan, H. Brisbane,  
E. Vallance, D. Newman

Cox: L. Shillito Coaches: R. Davis & S. Hutchison

Lane 3

### **ST PATRICK'S COLLEGE**

J. Lund, T. Coelho,  
F. Sandlant, A. Halsall

Cox: A. Dodd Coaches: H. Woodburn & C. Farrington

Lane 4

### **BALLARAT CLARENDON COLLEGE**

W. Bray, D. Demidov,  
D. Chandler, J. Belcher

Cox: A. Grima Coach: D. Hunter

Lane 5

### **BALLARAT GRAMMAR**

M. Hughes, H. Mansell,  
T. Faull, J. Sharkey

Cox: X. Rossato Coaches: J. Cumper & M. Hunt

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 9

To start at 9:40

1000 metres

## **FEMALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 2**

Lane 2

### **DAMASCUS COLLEGE**

M. Vallance, C. Houston-Connellan,  
L. Charry, B. Todd  
Cox: E. Ryan Coach: M. Flood

Lane 3 **BALLARAT CLARENDON COLLEGE**

Z. Ambrose, S. Houlihan,  
A. Moffat, S. Cardoso  
Cox: S. Ward Coach: A. Geljon

Lane 4

### **BALLARAT HIGH SCHOOL**

I. Emmerson, M. Aitken,  
J. Kaye, M. McBride  
Cox: G. Reid Coach: D. Biggin

Lane 5

### **LORETO COLLEGE**

A. Jones, L. Bennett,  
E. Watson, M. Kavanagh  
Cox: L. Stringer Coach: A. Foley

Lane 6

### **BALLARAT GRAMMAR**

L. Geddes, K. Johnson,  
A. Marriott, G. Hill  
Cox: H. Briody Coach: R. Draffin

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 10

To start at 9:45

1000 metres

## **MALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 1**

Lane 2      **BALLARAT HIGH SCHOOL**

S. Barclay, R. Barber,  
R. Webster, J. Carli-Seebohm  
Cox: J. Howden Coaches: Z. Andrews & J. Stokes

Lane 3      **ST PATRICK'S COLLEGE**

L. Torpey, E. Dekker,  
D. O'Brien, G. Charles  
Cox: J. Oliver Coach: S. O'Brien

Lane 4      **BALLARAT CLARENDON COLLEGE**

C. King, T. Williams,  
O. Fumi, J. Connolly  
Cox: R. Belcher Coach: J. Godwin

Lane 5      **BALLARAT GRAMMAR**

H. Myers, J. Howard,  
C. Arnsts, O. Stone  
Cox: L. Ashmore Coach: P. Myers

Lane 6      **DAMASCUS COLLEGE**

A. Bennett, W. Busuttill,  
E. Kuchel, S. Barentsen  
Cox: H. Wilson Coaches: R. Davis & S. Hutchison

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 11

To start at 9:50

1000 metres

# FEMALE SCHOOL COXED QUAD SCULL YEAR 9 DIVISION 1

Lane 2 **BALLARAT CLARENDON COLLEGE**

C. Bullen, T. Geljon,  
O. Buckland, A. Gilbert  
Cox: C. Ferguson Coach: J. Novak

Lane 3 **BALLARAT HIGH SCHOOL**

L. Ross, R. Arnold,  
B. Carli-Seebohm, N. Jenkins  
Cox: L. Wilson Coach: R. Simmonds

Lane 4 **LORETO COLLEGE**

A. Clarke, N. Griffiths,  
O. Lanyon, M. Woodburn  
Cox: T. Slater Coach: D. Foley

Lane 5 **BALLARAT GRAMMAR**

C. Tyndall, B. Walker,  
L. Gollan, O. Beechey  
Cox: A. Timms Coach: L. Marriott

Lane 6 **DAMASCUS COLLEGE**

M. Mason, A. Mumford,  
O. Radisich, A. Glover  
Cox: S. Mercer Coach: P. Blanchfield

## PLACE

1.....

2.....

3.....

Time: .....min .....sec



Race 12

To start at 10:00

1000 metres

# **MALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 5**

Lane 2 **BALLARAT CLARENDON COLLEGE 6**

L. Morris, M. Lucas,  
C. White, L. Garnett  
Cox: S. Fung Coach: J. Novak

Lane 3 **ST PATRICK'S COLLEGE**

S. Valenzuela, K. Jones,  
J. Dean, J. Florence  
Cox: H. Jones Coach: G. Morris

Lane 4 **BALLARAT CLARENDON COLLEGE 5**

F. Finch, P. Gilbert,  
W. Wakeling, V. Liyanapathirana  
Cox: A. Narayan Coach: J. Novak

## **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 13

To start at 10:05

1000 metres

## **MALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 4**

Lane 2

### **BALLARAT GRAMMAR**

A. Armytage, F. Buchanan,  
J. Muldoon, A. Hall

Cox: G. Jones Coach: M. Francis

Lane 3

### **ST PATRICK'S COLLEGE**

L. Warland, J. Roberts,  
S. Horgan, B. Briody

Cox: B. Roberts Coach: L. Smith

Lane 4 **BALLARAT CLARENDON COLLEGE**

S. Raj, C. Dwyer,

S. Wong, F. Van Egmond

Cox: H. Freeman Coach: A. Tippet

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 14

To start at 10:10

1000 metres

## **FEMALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 4**

Lane 1

### **LORETO COLLEGE 4**

D. Molloy, C. McConchie,  
I. Rossato, R. Sheridan

Cox: E. Black, Coaches: B. Main & B. O'Brien

Lane 2

### **BALLARAT GRAMMAR**

S. Headlam, O. Mees,  
C. Headlam, H. Torrance

Cox: C. Mcilvena Coach: K. Chapman

Lane 3 **BALLARAT CLARENDON COLLEGE 4**

G. Li, C. Tzavaras,  
K. Prior, N. Reddy

Cox: I. Channon Coach: H. Potts

Lane 4

### **PHOENIX COLLEGE**

H. Pinder, O. Magee,  
A. McMurray, P. Bogers

Cox: M. Berry

Lane 5

### **LORETO COLLEGE 5**

C. Templar, A. Cartledge,  
E. Templar, M. Keen

Cox: A. Korosec Coaches: L. Dodd & S. Boyd

Lane 6 **BALLARAT CLARENDON COLLEGE 5**

S. La, J. Qerim,  
M. Hughes, A. Lewis

Cox: S. Moysey Coaches: B. Chalmers & M. Crellin

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 15

To start at 10:15

1000 metres

# **MALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 3**

Lane 2      **ST PATRICK'S COLLEGE**

N. Svanosio, L. Severino,  
B. Monaghan, O. Farrington  
Cox: J. Hamill Coaches: A. Mendoza & O. Broad

Lane 3      **BALLARAT CLARENDON COLLEGE**

J. Clarke, F. Houlihan,  
J. Nunn, A. Dawar  
Cox: J. Long Coach: L. Dwyer

Lane 4      **BALLARAT GRAMMAR**

O. Coulson, G. McMullen,  
S. Kallio, B. Dunmore  
Cox: M. Cust Coach: A. Lowe

## **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 16

To start at 10:20

1000 metres

## **FEMALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 3**

Lane 2            **BALLARAT GRAMMAR**  
                      Z. Flamsteed, N. Kumnick,  
                      M. Tayler, D. Sheehan  
Cox: S. Dell    Coach: J. Mahony

Lane 3            **DAMASCUS COLLEGE**  
                      D. Collins, A. Kelly,  
                      A. Polkinghorne, E. Howard  
Cox: C. Rowe    Coach: G. O'Leary

Lane 4    **BALLARAT CLARENDON COLLEGE**  
                      B. Wise, R. Dennis,  
                      S. Postlethwaite, H. McRoberts  
Cox: B. Nolan    Coach: L. Murphy

Lane 5            **LORETO COLLEGE**  
                      A. Phillips, R. Cameron,  
                      J. Main, L. Boyanton,  
Cox: G. Bridges    Coach: C. Dodd

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 17

To start at 10:25

1000 metres

## **MALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 2**

Lane 2 **BALLARAT CLARENDON COLLEGE**

N. Young, D. Pritchard,  
T. Freeman, P. Harris

Cox: A. Baines Coaches: T. Lourey & C. Goldsworthy

Lane 3 **BALLARAT GRAMMAR**

W. McCahon, N. McDonald,  
L. Smith, H. Bryant

Cox: S. Deacon Coach: L. Warwick

Lane 4 **ST PATRICK'S COLLEGE**

J. Clark, B. Hackwill,  
C. Neil, C. Elliott

Cox: N. Kargaran Coach: J. Phillips

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 18

To start at 10:30

1000 metres

## **FEMALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 2**

Lane 2            **DAMASCUS COLLEGE**

B. Bellin, H. Debrincat,  
R. Byrne, K. Longmire  
Cox: M. Whelan Coach: C. Griffin

Lane 3            **BALLARAT CLARENDON COLLEGE**

J. Grove, K. Young,  
P. Lopez O'Donnell, M. Yuanjit  
Cox: O. Gilbert Coach: J. Novak

Lane 4            **LORETO BALLARAT**

A. Pituch, B. Molloy,  
C. Peucker, M. McTigue  
Cox: B. Atherton Coach: L. O'Loughlin

Lane 5            **BALLARAT GRAMMAR**

S. Collins, H. Hodge,  
F. Follett, A. Knight  
Cox: H. Sullivan Coach: H. Bogers

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 19

To start at 10:35

1000 metres

# **MALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 1**

Lane 2

## **BALLARAT GRAMMAR**

S. Hall, X. Gleeson,  
H. Tol, M. Magee

Cox: O. Wright Coach: S. Parry

Lane 3

## **ST PATRICK'S COLLEGE**

L. Belleville, H. Grant,  
H. Jackson, H. Reinehr

Cox: H. Lester Coach: C. Murfett

Lane 4

## **BALLARAT CLARENDON COLLEGE**

A. Cheesman, M. Mason,  
T. Taylor, J. Howell

Cox: J. Hunter Coach: L. Murphy

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec



Race 20

To start at 10:40

1000 metres

# **FEMALE SCHOOL COXED QUAD SCULL YEAR 10 DIVISION 1**

## **Lane 2 BALLARAT CLARENDON COLLEGE**

I. McRoberts, L. Goodson,  
G. Miller, C. Peele  
Cox: R. Bourke Coach: D. Kittelty

## **Lane 3 LORETO COLLEGE**

C. Connell, L. Cushing,  
T. Stringer, M. Lynch  
Cox: G. Bales Coach: B. Halsall

## **Lane 4 BALLARAT GRAMMAR**

H. Heagney, A. Maxted,  
M. Harris, Z. Wright  
Cox: E. Marshall Coach: G. Wright

## **Lane 5 DAMASCUS COLLEGE**

C. Crimeen, B .Orchard,  
R. Lavery, J. Skewes-Clinton  
Cox: S. Dalby Coach: P. Blanchfield

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 21

To start at 10:45

1000 metres

## **FEMALE SCHOOL COXED FOUR OPEN DIVISION 5**

Lane 2

### **LORETO COLLEGE 5**

O. Jones, T. Clark,  
A. Britt, J. McKinnis  
Cox: H. Boyd Coach: L. Elliott

Lane 3

### **BALLARAT GRAMMAR**

T. Davidson, E. Ferguson,  
J. Klein, B. Wolf  
Cox: E. Melotte Coach: A. Pittard

Lane 4

### **BALLARAT HIGH SCHOOL 5**

K. Skilton, M. Jones,  
I. VanDromme, A. Carnes  
Cox: H. Bayne Coaches: A. Jolly & N. Sims

Lane 5

### **LORETO COLLEGE 6**

Z. Klain, A. Grieve,  
P. Charleson, T. Keen  
Cox: S. Hoiles Coach: S. Waters

Lane 6

### **BALLARAT CLARENDON COLLEGE**

M. Goss, P. Maher,  
T. Mason, A. Anderson  
Cox: G. Lennox Coach: C. Littlejohn

Lane 7

### **BALLARAT HIGH SCHOOL 6**

G. Commons, K. Cullinan,  
O. Bell, L. Brown  
Cox: T. Noakes Coach: P. Carnes

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 22/23

To start at 10:55

1000 metres

## **DOUBLE SCULL OPEN DIVISION 1**

Lane 3      **BALLARAT HIGH SCHOOL**

L. Wallace, M. Sorensen  
Coach: M. Johnston

Lane 4      **LORETO COLLEGE**

R. Callender, R. Sheehan

Lane 5      **PHOENIX COLLEGE**

C. Thorp, A. Dunn

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 24/25

To start at 11:00

1000 metres

# **SINGLE SCULL OPEN DIVISION 1**

Lane 4

**BALLARAT GRAMMAR**

K. Mitchell

Coach: K. Lanyon

Lane 5

**LORETO COLLEGE**

C. Cook

## **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 26

To start at 11:10

2000 metres

## **FEMALE SCHOOL COXED FOUR OPEN DIVISION 4**

Lane 3

### **LORETO COLLEGE**

E. Cosgriff, P. McIlwaine,  
H. McCrum, M. Howard

Cox: L. Connell Coach: E. Bathurst

Lane 4

### **BALLARAT GRAMMAR**

E. Grieve, D. Walsh,  
M. Shaw, P. Jenkins

Cox: D. Op de Coul Coach: A. Pittard

Lane 5 **BALLARAT CLARENDON COLLEGE**

G. Faull, C. Skene,  
E. Dent, R. Kinnersly

Cox: P. Kaine Coach: L. Dwyer

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

## MALE SCHOOL COXED FOUR OPEN DIVISION 3

- Lane 1        **ST PATRICK'S COLLEGE 3**  
                   O. Watkins, K.T odd,  
                   P. Bennett, T. Stute  
 Cox: L. Shaw Coaches: L. Simpson & B. Worthington-Thin
- Lane 2        **BALLARAT CLARENDON COLLEGE 3**  
                   J. Cowan, O. Finch,  
                   Z. Spencer, H. Richardson  
 Cox: L. Langley Coach: J. Irwin
- Lane 3        **BALLARAT GRAMMAR**  
                   R. Read, A. Moll,  
                   H. Walsh, T. Ham  
 Cox: M. Cooper Coach: M. Toll
- Lane 4        **ST PATRICK'S COLLEGE 4**  
                   K. Long, J. Williamson,  
                   J. Elliott, C. Mong  
 Cox: C. Geddes Coaches: A. McPherson & N. Moran
- Lane 5        **BALLARAT CLARENDON COLLEGE 4**  
                   X. Allen, J. Mann,  
                   A. Rohan, N. Ling  
 Cox: A. Tucker Coaches: J. Irwin & M. Olver
- Lane 6        **ST PATRICK'S COLLEGE 5**  
                   M. Bleicher, W. Charles,  
                   M. Gatt, T. Sands  
 Cox: P. Stute Coaches: L. Simpson & B. Worthington-Thin
- Lane 7        **ST PATRICK'S COLLEGE 6**  
                   C. Cody, O. Krnel,  
                   G. Freeman, L. McColl  
 Cox: N. Clark Coaches: A. McPherson & N. Moran

### PLACE

1.....

2.....

3.....

Time: .....min .....sec

Race 28

To start at 11:30

2000 metres

## **FEMALE SCHOOL COXED FOUR OPEN DIVISION 3**

Lane 3

### **BALLARAT GRAMMAR**

G. Walsh, E. Whitwell,

E. Cassidy, A. Hawker

Cox: M. Barclay-Smith Coach: C. Grieve

Lane 4 **BALLARAT CLARENDON COLLEGE**

E. Davies, A. Moloney,

M. Salmi, K. McClure

Cox: P. Stepnell Coach: C. Boatman

Lane 5

### **LORETO COLLEGE**

E. Gowans, T. Squire,

L. Delaney, A. Hoffmann

Cox: M. Lane Coach: S. Lamb

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 29

To start at 11:40

2000 metres

## **MALE SCHOOL COXED FOUR OPEN DIVISION 2**

Lane 2 **BALLARAT CLARENDON COLLEGE**

J. Forsyth, C. McClure,  
Z. Lang, A. Moffat  
Cox: C. Nolle Coach: R. McClure

Lane 3 **BALLARAT GRAMMAR**

A. Boreham, H. Geddes,  
B. Meakin, T. Unwin  
Cox: W. Beechey Coach: D. Wright

Lane 4 **DAMASCUS COLLEGE**

J.Incoll, C.Seare,  
H.Bennett, J.Henderson  
Cox: I.Storey Coach: T. Perkins

Lane 5 **ST PATRICK'S COLLEGE**

J. Shaw, T. O'Loughlin,  
A. Murfett, D. Stute  
Cox: J. McLean Coach: D. O'Doherty

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec



Race 30

To start at 11.50

2000 metres

## **FEMALE SCHOOL COXED FOUR OPEN DIVISION 2**

Lane 2

### **DAMASCUS COLLEGE**

I. Pearce, L. Bylsma,  
N. Madigan, L. Leonard  
Cox: P. Watt Coach: B. Wilson

Lane 3 **BALLARAT CLARENDON COLLEGE**

G. Kemp, M. Kopke-Veldhuis,  
A. Goodson, D.T roon  
Cox: S. Crellin Coach: G. Howard

Lane 4

### **BALLARAT HIGH SCHOOL**

E. Strawhorn, A. English,  
E. Wray, C. Ellis  
Cox: W. Marbella Coach: E. Lukich

Lane 5

### **LORETO COLLEGE**

B. Bales, J. Stute,  
A. Ridley, R. Hunt  
Cox: T. Kinnersly Coach: C. Smith

Lane 6

### **BALLARAT GRAMMAR**

E. Adem, O. Moll,  
W. Tayler, E. Gleeson  
Cox: A. Crocker Coaches: J. Cumper & T. Johns

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 31

To start at 12:00

2000 metres

## **MALE SCHOOL COXED FOUR OPEN DIVISION 1**

Lane 2

### **BALLARAT GRAMMAR**

L. Heath, C. Savage,  
J. Faull, O. Harris

Cox: S. Ryan Coach: P. Commons

Lane 3

### **DAMASCUS COLLEGE**

H. Kennett, F. Rivett,  
R. Shillito, C. Reid

Cox: M. Watt Coaches: S. Wood & P. Blanchfield

Lane 4

### **BALLARAT HIGH SCHOOL**

H. Wade, C. Odwyer,  
F. Tomich, A. Pynn

Cox: C. Spruce Coach: C. Nielsen

Lane 5

### **ST PATRICK'S COLLEGE**

J. Halsall, P. O'Brien,  
N. Bennett, W. Hexter

Cox: I. Martin Coach: D. O'Doherty

Lane 6 **BALLARAT CLARENDON COLLEGE**

A. Grove, T. Nijhof,  
L. Clark, J. Quartermain  
Cox: J. Tippett Coach: I. Peele

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

Race 32

To start at 12:10

2000 metres

## **FEMALE SCHOOL COXED FOUR OPEN DIVISION 1**

Lane 2 **BALLARAT CLARENDON COLLEGE**

L. Dwyer, T. Kirsanovs,  
K. Jackson, L. Richardson  
Cox: C. Tippet Coach: M. Olver

Lane 3 **BALLARAT HIGH SCHOOL**

C. Kinnane, H.C arnes,  
A. Coutts, S. Edmonston  
Cox: Z. Edwards Coach: O. Spagnolo

Lane 4 **LORETO COLLEGE**

S. Augustine, B. O'Brien,  
G. Phillips, T. Whittle  
Cox: L. Davis Coach: S. Seery

Lane 5 **BALLARAT GRAMMAR**

A. Walker, E. Flamsteed,  
L. Bryant, P. Eaton  
Cox: A. Gowty Coach: A. Tyndall

Lane 6 **DAMASCUS COLLEGE**

T. Orchard, S. Crilly,  
D. Simpson-Kerr, C. Gartlan  
Cox: P. Govan Coach: B. Beutel

### **PLACE**

1.....

2.....

3.....

Time: .....min .....sec

# BAS ROWING TRAINING REGULATIONS AND CODE OF CONDUCT

## 1. Definitions

### 1.1 Session Times

A training session time is the time of actual physical participation in the activity.

### 1.2 Land Training

Training conducted or organised by coaches that does not involve the rowing of boats. Land training is deemed to be any program organised as a conditioning program for rowers and includes, for example, organised weight training, ergo use, gymnasium work, swimming and running.

### 1.3 Water Training

Actual training time conducted on water with a crew.

### 1.4 Week

Sunrise Monday to the following sunset Sunday (inclusive).

### 1.5 Term:

A normal school term, except that, for the purpose of these guidelines.

### 1.6 Permitted Year Levels

Crews will consist of students from years 12 to 9 (term 1). No year 8 crews are allowed to race at the Head of the Lake Regatta.

## 2. Purpose

The purposes of these guidelines are to:

### 2.1 Provide a framework where the sport of rowing can be conducted

- i. upon agreed best training practices
- ii. in an environment that ensures that the physical, emotional and academic welfare of the athlete is not jeopardised through training regimes

### 2.2 Ensure that no school or crew gets an unfair advantage over another school or crew through excessive training sessions.

## 3. Coaching Conduct and Qualifications

### 3.1 Coaches, in conducting training will:

- (a) Act in a professional and ethical manner and exercise appropriate Duty of Care
- (b) Be positive, supportive and encouraging of crews.
- (c) Train crews in accordance with the best practice for rowing being mindful of the needs of the individual and level of the crew.
- (d) Not exceed training times set out in these Guidelines
- (e) Model sportsmanship and appropriate behaviours at regattas, training and camps.
- (f) Ensure that members of any crews adhere to the School's Codes of Conduct.
- (g) Ensure school policies concerning uniform, sun protection and harassment are adhered to.
- (h) Maintain effective communication with the Rowing Co-ordinator and crews at all times.

### 3.2 Coaches will be supported by the school, and/or the school's rowing club, in gaining minimum coaching accreditation qualifications.

## 4. Training Regulations

### 4.1 The following training times are permitted.

- These times represent the MAXIMUM crews/squads may train. It be would be considered most unusual for the maximum to be used throughout a term.
- Coaches will exercise professional judgement, having regard for the wellbeing of the athlete in determining training programs.
- On-water training will not exceed 1 hour 30 minutes duration per session.
- A coach may substitute land training for on-water training (taking account of weather, illness, water levels, etc.)

No coach will permit any individual rower to exceed the maximum training times permitted under these guidelines. (Also see 4.8)

The school's Rowing Co-ordinator will monitor the training of all rowers, crews and squads and accept responsibility for adherence to these regulations.

### Permitted Sessions

Term 3	On Water	Land training per week
Senior Crews (Year 10 and 11)	Nil	Up to 3 Sessions per week
Intermediate Crews (Year 9)	Nil	Up to 1 session per week
Junior Crews (Year 8)	Nil	Up to 1 session per week

Term 4	On-water training per week	TOTAL Number of training sessions per week
Senior Squad	Up to 3 sessions	Up to 6 sessions
Year 9	Up to 2 sessions	Up to 4 sessions
Year 8	Up to 2 sessions	Up to 3 sessions

Term 1	On-water training per week	TOTAL Number of training sessions per week
Senior Squad	Up to 4 sessions	Up to 6 sessions
Year 10	Up to 3 sessions	Up to 4 sessions
Year 9	Up to 2 sessions	Up to 3 sessions

### Term 2

That rowing activities in Term 2 & 3 be considered on a case by case basis by application to BAS Inc. (eg. Henley tour and Edmund Rice Challenge)

Length of time for session as per the original regulations

Senior on-water 1.5 hours / off water 1.5 hours  
Year 9/10 on-water 1.5 hours / off water 1.0 hour  
Year 8/9 on-water 1.5 hours / off water 1.0 hour

Each school will be permitted to conduct a rowing camp(s) of up to 5 days' duration between 15th December and 26th January plus an extra 2 days at a time that suits individual schools.

The intended spirit of these regulations is that boys and girls and their families should not be under pressure to arrange their summer vacation to accommodate group training for Rowing.

All camp dates and locations are to be forwarded to the Executive Officer at the end of November each year.

Except for official rowing camps, there will be no training conducted by the School, and no use by rowers of school rowing boats between 15th December and 26th January.

During all school holidays there will be no formal or organised, on or off water training to take place other than the specified Dec/Jan Camp period (as specified above).

For further clarity - formal refers to the training occurring on school property OR with a school coach"

As directed by the Rowing Co-ordinator, crews shall be able to train outside of the BAS weekly training regulations on the proviso the total amount of training completed within any four-week period does not exceed four times the maximum number of weekly sessions for that period. This will apply to on-water training only.

Official rowing camps will not be subject to session limitations in 4.4.

Coaches will conduct training with an understanding that rowing is a school sport and that the school has overriding authority in the conduct of all aspects of its rowing program. Prior to the commencement of term 4 rowing, the Rowing Co-ordinators will meet with their coaches to explain the Code of Conduct and the rowing guidelines.

All schools will clearly display the Guidelines and Codes of Conduct in their respective boat sheds. All coaches will be given a copy of the guidelines and Code of Conduct.

**5. Procedures for dealing with alleged breaches of training regulations**

- 5.1** A protest is made by a Principal forwarding allegations and substantiating evidence in writing to the Principal of the School concerned and the Chair of Rowing Schools. (This Chair would invite another Principal to deputise if the allegation concerns his/her school.)
- 5.2** The Principal of the School concerned will, through the Rowing Co-ordinator, investigate the allegations and report on this investigation to the Chair of Rowing Schools and the Principal who lodged the protest.
- 5.3** If a breach of regulations is proven, the Principal of the School concerned will agree with the Chair of Rowing Schools on an appropriate course of action. This would then be reported to Principals of all rowing schools. (If agreement cannot be reached, a Principals' meeting would decide on a course of action.)
- 5.4** A decision about a course of action would take into account both the seriousness of the breach and the culpability of either the coach or the crew members or both.
- 5.5** In case of a first proven breach, a warning would normally be issued by the Chair of Rowing Schools. Subsequent or persistent breaches may be dealt with by dismissal of the coach, or loss of premiership points in the Head of the Lake.
- 5.6** Review - At the completion of a rowing season, the Rowing Co-ordinators will meet to review guidelines and other aspects of the season. A written report of the outcomes of this review, and any recommendations arising, will be forwarded to the Chair of Rowing School

# **BALLARAT ASSOCIATED SCHOOLS ROWING PREMIERSHIP**

## **Boy's Rowing Premiership**

Scoring by Points: 1st-6; 2nd-4, 3rd-3; 4th-2, 5th-1. Premiers 2022: BCC

<b>RACE</b>	<b>B.C.C.</b>	<b>B.G.</b>	<b>B.H.S.</b>	<b>D.C.</b>	<b>S.P.C.</b>
Yr 9 -Div 2					
Yr 9 - Div 1					
Yr 10 - Div 3					
Yr 10 - Div 2					
Yr 10 - Div 1					
Open - 4th					
Open - 3rd					
Open - 2nd					
Open - 1st					
<b>TOTAL</b>					

## **Girl's Rowing Premiership**

Scoring by Points: 1st-6; 2nd-4, 3rd-3; 4th-2, 5th-1. Premiers 2022: LC

<b>RACE</b>	<b>B.C.C.</b>	<b>B.G.</b>	<b>B.H.S.</b>	<b>D.C.</b>	<b>L.C.</b>
Yr 9 -Div 2					
Yr 9 - Div 1					
Yr 10 - Div 3					
Yr 10 - Div 2					
Yr 10 - Div 1					
Open - 4th					
Open - 3rd					
Open - 2nd					
Open - 1st					
<b>TOTAL</b>					

## **BOYS ROWING PREMIERSHIP**

1969 - B.C.C.	1987 - B.H.S	2005 - S.P.C.
1970 - B.C.C.	1988 - B.C.C.	2006 - S.P.C.
1971 - B.C.C.	1989 - S.P.C.	2007 - S.P.C.
1972 - B.C.C.	1990 - B.C.C.	2008 - S.P.C.
1973 - B.G.S.	1991 - B.C.C.	2009 - S.P.C.
1974 - B.G.S.	1992 - S.P.C.	2010 - S.P.C.
1975 - B.C.C.	1993 - S.P.C.	2011 - S.P.C.
1976 - B.C.C.	1994 - S.P.C.	2012 - B.G.S
1977 - S.P.C.	1995 - S.P.C.	2013 - B.G.S
1978 - S.P.C.	1996 - S.P.C.	2014 - B.G.S
1979 - S.P.C.	1997 - S.P.C.	2015 - S.P.C.
1980 - S.P.C.	1998 - S.P.C.	2016 - S.P.C.
1981 - B.G.S.	B.C.C.	2017 - S.P.C.
1982 - B.H.S.	1999 - B.G.S.	2018 - B.G.
1983 - B.H.S.	2000 - B.G.S.	2019 - B.G.
B.G.S.	2001 - B.G.S.	2020 - B.G.
1984 - B.H.S.	2002 - B.G.S.	2021 - B.C.C.
1985 - B.H.S	2003 - B.G.S	2022 - B.C.C.
1986 - B.G.S.	2004 - B.G.S	

## **GIRLS ROWING PREMIERSHIP**

1980 - B.G.S.	1994 - B.G.S.	2009 - B.G.S
B.H.S.	1995 - B.G.S.	2010 - B.C.C.
1981 - B.C.C.	1996 - B.G.S.	2011 - B.C.C.
1982 - B.G.S	1997 - B.G.S.	B.G.S
1983 - B.G.S.	1998 - B.G.S.	2012 - B.G.S
1984 - B.C.C.	1999 - B.G.S.	2013 - B.C.C.
1985 - B.G.S.	2000 - B.G.S.	2014 - B.C.C.
1986 - B.G.S.	2001 - B.G.S.	2015 - L.C.
1987 - B.G.S.	2002 - B.G.S.	2016 - B.G.S
1988 - B.G.S.	2003 - B.G.S	2017 - L.C.
1989 - B.C.C.	2004 - B.G.S	2018 - L.C.
1990 - B.C.C.	2005 - B.G.S	2019 - L.C.
1991 - B.H.S	2006 - B.G.S	2020 - L.C.
1992 - B.G.S.	2007 - B.G.S	2021 - B.C.C.
1993 - B.G.S.	2008 - B.G.S	2022 - L.C.



# BEST TIMES

<b>GIRLS YR 9</b>	5ths	4 min 13.94 sec	LC 2020	
	4ths	3 min 31 sec	LC 2013	
	3rds	4 min 01.87 sec	LC 2020	
	2nds	3 mins 52.85 sec	BG 2020	
	1sts	3 min 35.76 sec	BHS 2017	
<b>BOYS YR 9</b>	6ths	3 min 56.34 sec	SPC 2020	
	5ths	3 min 55.36 sec	SPC 2020	
	4ths	3 min 52.08 sec	BHS 2020	
	3rds	3 min 35 sec	BG 2013	
	2nds	3 min 01.17 sec	BG 2017	
<b>GIRLS YR 10</b>	5ths	4 mins 11.41 sec	LC 2017	
	4ths	4 min 08.14 sec	BGS 2003	
	3rds	4 min 05.62 sec	BGS 2003	
	2nds	3 min 49.60 sec	LC 2020	
	1sts	3 min 38.67 sec	BCC 2020	* 3 min 33.54 sec LC 2022
<b>BOYS YR 10</b>	5ths	4 min 01.68	SPC 2021	* 3 min 49.68 sec BG 2022
	4ths	3 min 42.36 sec	SPC 2019	* 3 min 34.62 sec BCC 2022
	3rds	3 min 35.04 sec	SPC 2003	* 3 min 30.56 sec BCC 2022
	2nds	3 min 26.08 sec	SPC 2020	* 3 min 17.91 sec BCC 2022
	1sts	3 min 14.79 sec	BG 2020	* 3 min 12.59 sec BCC 2022
<i>* denotes NEW Boat Class</i>				
<b>GIRLS OPEN</b>	10ths	4 min 09.10 sec	BGS 2002	
	9ths	4 min 02.87 sec	BHS 2002	
	8ths	4 min 21.63 sec	BGS 2002	
	7ths	4 min 10.59 sec	BGS 2002	
	6ths	4 min 03.26 sec	MC 2004	
	5ths	3 min 56.75 sec	LC 2019	1000m
	4ths	3 min 53.28 sec	LC 2020	1000m
	4ths	8 min 11.92 sec	LC 2022	2000m
	3rds	3 min 47.8 sec	BGS 2003	1000m
	3rds	7mins 52.20	LC 2022	2000m
	2nds	7 min 10:00 sec	BCC 2014	
1sts	7 min 25.55 sec	BCC 2002		
<b>BOYS OPEN</b>	10ths	3 min 49.52 sec	BGS 1995	
	9ths	3 min 39.00 sec	BGS 2002	
	8ths	3 min 39.8 sec	SPC 1985	
	7ths	3 min 38.28 sec	SPC 2002	
	6ths	3 min 24.30 sec	BHS	
	5ths	3 min 17.40 sec	BG 2022	1000m
	4ths	3 min 22.31 sec	BGS 2003	1000m
	4ths	7 min 35.53 sec	BCC 2022	2000m
	3rds	3 min 17.50 sec	BGS 2005	1000m
	3rds	7 mins 07.23sec	BGS 2006	2000m
	2nds	6 min 41.34 sec	BGS 2007	
1sts	6min 38.14 sec	BG 2021		

\*\* 2003 2000m events not eligible for best times due to shortened course that year

\*\* NO records kept away from Lake Wendouree - 2005 - 2011

\*\* event held at Nagambie Lakes



*Ballarat Associated Schools would like to extend their thanks to Adam Harrison and Laura Schouten from Rowing Victoria, David Grubits and ALL RV Officials in attendance today.*

*Thank you to the Ballarat Rowing Association, Life Saving Victoria, First Aid Training Group, The Ballaarat Yacht Club, BCIVIL Recruitment, the City of Ballarat and Ballarat High School, their parent group and support staff, as the 2023 host school, for their assistance in staging the 2023 Head of the Lake.*

# HEAD OF THE LAKE

## BOYS

1912 - Declared No Race  
1913 - BGS  
1914 - SPC  
1915 - SPC 1, BC 2, GS 3  
1916 - GS 1, BC 2, SPC 3  
1917 - GS 1, BC 2, SPC 3  
1918 - SPC 1, GS 2, BC 3  
1919 - GS 1, BC 2, SPC 3  
1920 - BC 1, GS 2, SPC 3  
1921 - GS 1, BC 2, SPC 3  
1922 - SPC 1, GS 2, BC 3  
1923 - GS 1, BC 2, SPC 3  
1924 - SPC 1, GS 2, BC 3  
1925 - GS 1, SPC 2, BC 3  
1926 - GS 1, SPC 2, BC 3  
1927 - SPC 1, GS 2, BC 3  
1928 - BC 1, SPC 2, GS 3  
1929 - GS 1, SPC 2, BC 3  
1930 - SPC 1, BC 2, GS 3  
1931 - GS 1, BC 2, SPC 3  
1932 - BC 1, GS 2, SPC 3  
1933 - GS 1, BC 2, SPC 3  
1934 - GS 1, BC 2, SPC 3  
1935 - GS 1, SPC 2, BC 3  
1936 - BC 1, SPC 2, GS 3  
1937 - SPC 1, GS 2, BC 3  
1938 - GS 1, SPC 2, BC 3  
1939 - BC 1, GS 2, SPC 3  
1940 - GS 1, SPC 2, BC 3  
1941 - GS 1, BC 2, SPC 3  
1942 - BC 1, GS 2, SPC 3  
1943 - BC 1, GS 2, SPC 3  
1944 - GS 1, SPC 2, BHS 3  
1945 - No Race  
1946 - No Race  
1947 - BHS 1, GS 2, SPC 3  
1948 - GS 1, BC 2, SPC 3  
1949 - BC 1, SPC 2, BHS 3  
1950 - BC 1, GS 2, SPC 3  
1951 - BC 1, GS 2, BHS 3  
1952 - BC 1, GS 2, BHS 3  
1953 - GS 1, BC 2, SPC 3  
1954 - BC 1, SPC 2, BHS 3  
1955 - SPC 1, GS 2, BHS 3  
1956 - BHS 1, BC 2, GS 3  
1957 - BHS 1, SPC 2, GS 3  
1958 - BHS 1, BC 2, GS 3  
1959 - BC 1, SPC 2, GS 3  
1960 - BC 1, SPC 2, GS 3  
1961 - SPC 1, BC 2, BHS 3  
1962 - GS 1, BC 2, BHS 3  
1963 - BC 1, BHS 2, GS 3  
1964 - BC 1, BHS 2, GS 3  
1965 - BCC 1, BHS 2, BGS 3  
1966 - BGS & BCC 1, BHS 3  
1967 - BGS 1, BCC 2, BHS 3

## GIRLS

1968 - No Race  
1969 - BHS 1, BCC 2, SPC 3  
1970 - BCC 1, BGS 2, BHS 3  
1971 - BGS 1, BCC 2, BHS 3  
1972 - BCC 1, SPC 2, BGS 3  
1973 - BCC 1, BGS 2, BHS 3  
1974 - BCC 1, BGS 2, BHS 3  
1975 - BCC 1, BHS 2, SPC 3  
1976 - BCC 1, BHS 2, BGS 3  
1977 - BGS 1, BCC 2, SPC 3  
1978 - BGS 1, SPC 2, BHS 3  
1979 - BGS 1, BCC 2, SPC 3  
1980 - BGS 1, BCC 2, SPC 3  
1981 - BCC 1, SPC 2, BGS 3  
1982 - BGS 1, BHS 2, BCC 3  
1983 - BHS 1, BCC 2, BGS 3  
1984 - BHS 1, BCC 2, SPC 3  
1985 - BCC 1, BHS 2, SPC 3  
1986 - BGS 1, BCC 2, SPC 3  
1987 - BHS 1, BCC 2, BGS 3  
1988 - BGS 1, BCC 2, SPC 3  
1989 - BGS 1, BCC 2, BHS 3  
1990 - SPC 1, BCC 2, BGS 3  
1991 - BHS 1, BCC 2, BGS 3  
1992 - SPC 1, BCC 2, BGS 3  
1993 - BHS 1, SPC 2, BCC 3  
1994 - SPC 1, BHS 2, BGS 3  
1995 - SPC 1, BHS 2, BCC 3  
1996 - BHS 1, SPC 2, BCC 3  
1997 - SPC 1, BHS 2, BGS 3  
1998 - BCC 1, SPC 2, BHS 3  
1999 - BGS 1, SPC 2, BHS 3  
2000 - BHS 1, SPC 2, BGS 3  
2001 - BCC 1, BHS 2, BGS 3  
2002 - BGS 1, BHS 2, BCC 3  
2003 - BGS 1, BCC 2, BHS 3  
2004 - SPC 1, BGS 2, BHS 3  
2005 - BGS 1, BHS 2, SPC 3  
2006 - BGS 1, BHS 2, SPC 3  
2007 - SPC 1, BGS 2, BHS 3  
2008 - SPC 1, BGS 2, BCC 3  
2009 - SPC 1, BGS 2, BHS 3  
2010 - SPC 1, BCC 2, BGS 3  
2011 - BGS 1, BCC 2, SPC 3  
2012 - BGS 1, BHS 2, SPC 3  
2013 - BGS 1, BHS 2, SPC 3  
2014 - BHS 1, BGS 2, SPC 3  
2015 - BGS 1, BHS 2, SPC 3  
2016 - BCC 1, BHS 2, SPC 3  
2017 - SPC 1, BGS 2, BHS 3  
2018 - SPC 1, BG 2, BCC 3  
2019 - BG 1, DC 2, BCC 3  
2020 - BG 1, BCC 2, SPC 3  
2021 - BG 1, SPC 2, BCC 3  
2022 - BG 1, SPC 2, BCC 3

1980 - BGS  
1981 - BCC  
1982 - BGS  
1983 - BCC  
1984 - BCC  
1985 - BGS  
1986 - BHS  
1987 - BGS  
1988 - BGS 1, BCC 2, BHS 3  
1989 - BCC 1, BGS 2, BHS 3  
1990 - BGS 1, BHS 2, BCC 3  
1991 - BHS 1, BGS 2, BCC 3  
1992 - BGS 1, BHS 2, BCC 3  
1993 - BGS 1, BHS 2, BCC 3  
1994 - BGS 1, BHS 2, BCC 3  
1995 - BGS 1, BHS 2, BCC 3  
1996 - BGS 1, BCC 2, BHS 3  
1997 - BGS 1, BCC 2, BHS 3  
1998 - BGS 1, BHS 2, BCC 3  
1999 - BGS 1, BHS 2, BCC 3  
2000 - BGS 1, BCC 2, BHS 3  
2001 - BGS 1, BCC 2, BHS 3  
2002 - BCC 1, BGS 2, BHS 3  
2003 - BGS 1, BCC 2, BHS 3  
2004 - BGS 1, BCC 2, BHS 3  
2005 - BCC 1, BHS 2, BGS 3  
2006 - BGS 1, BCC 2, BHS 3  
2007 - BGS 1, BCC 2, BHS 3  
2008 - BCC 1, BGS 2, BHS 3  
2009 - BGS 1, BCC 2, BHS 3  
2010 - BCC 1, BGS 2, LC 3  
2011 - BCC 1, BHS 2, BGS 3  
2012 - BGS 1, BCC 2, LC 3  
2013 - BGS 1, BCC 2, LC 3  
2014 - BCC 1, BGS 2, LC 3  
2015 - BCC 1, LC 2, BGS 3  
2016 - BGS 1, BHS 2, BCC 3  
2017 - LC 1, DC 2, BCC 3  
2018 - BG 1, DC 2, LC 3  
2019 - BG 1, BCC 2, BHS 3  
2020 - LC 1, BG 2, BHS 3  
2021 - BCC 1, BG 2, LC 3  
2022 - BCC 1, BG 2, LC 3