

## 1. ROWING

1. The races shall be rowed if possible on a date in term 1 which will be set by BAS Inc. at, or prior, to the term 3 BAS Inc. meeting.
2. The Annual Races shall be rowed in out-rigged four-oar boats, fitted with slides.
3. All races shall be rowed under the rules authorised by the Rowing Victoria as the rules are applicable, and provided they do not clash with any of these regulations.
4. All races shall, if possible, start from moorings.
5. Control of races, appointment of officials and arrangement of the course on the day of the Head of the Lake Race shall be in the hands of the Ballarat Rowing Association in conjunction with BAS Executive Officer.
6. A Lane Draw will take place prior to the Regatta at a time and venue decided by the Chair of Rowing. Captains of both Boys and Girls First Crews will draw for lanes in the reverse order of finishing positions of the previous year. Eg. The fourth finishing crew shall draw first.
7. The annual race shall be rowed on Lake Wendouree, whenever possible, or at an alternative venue set down by BAS Inc. Course permitting, the length of the race shall be 2000 metres for Head of the Lake and Open Div 2 and 3 crews and 1000 metres for all other crews.
8. Any crew not at the starting time at the time appointed shall be liable to disqualification.
9. All coxswains in the Head of the Lake crews and Open Div 2 and 3 crews MUST WEIGH OUT at the scheduled time and venue with the Clerk of Scales. In the event of the weight of the coxswain being less than, girls weight 50 kgs, boys weight 55 kgs their boat shall carry sufficient dead weight to make up the difference. In other crews each school shall have a separate cox for each crew; coxswains in these crews can be of any weight.
10. The winning coxswain must report to the umpire immediately after the Head of the Lake.
11. In the event of disqualification, an appeal may be made by observing the following procedure:
  - (a) An individual coach may lodge an appeal through the School's Head with the umpire immediately following the race in which the disqualification was made.
  - (b) The umpire will inform the Course Manager who will convene the Disputes Committee.
  - (c) The Disputes Committee will comprise the Head or his delegate, other than the Rowing Master, from each competing school, the judge, the umpire and the Course Manager.

12. When training prior to daylight rowing shells must carry lights on the bow. If street lights are operational then lights need to be fitted.
13. Premiership points are awarded in 4 x Open, 3 x Yr 10 and 2 x Yr 9 events in either the boys' program or the girls' program.  
Points are: 1st - 5; 2nd - 3; 3rd - 2; 4th - 1.

Extra races, according to entries, can be included in the program but will not count for Premiership points. All winning crews will be acknowledged with pennants and medals.

14. To allow for student participation to occur in like age groupings the following regulations will apply from 2008;  
Crews 1 – 4 will be open age crews  
Year 10 Division 1, 2, 3  
Year 9 Division 1, 2
15. There will be provision for equal numbers of boys and girls races.

The start of the regatta program is to be determined by BAS Inc.

At the end of the regatta, the presentation of trophies will be made at an area nominated by the host school with the Heads and boys' and girls' Captains of Boats of each school present.

Trophies will be presented to the Boy's Rowing Premier school, Girl's Rowing Premier school, Boy's Head of the Lake, Girl's Head of the Lake and each winning crew will be presented with medallions and a BAS premiership pennant.

Heat Policy – refer to Rowing Victoria Extreme Heat Recommendations.

## 1.1 BAS Rowing Training Regulations and Code of Conduct

Currently under review.  
Please refer to website for updated rules of play:

[www.bas.vic.edu.au](http://www.bas.vic.edu.au)

### **Procedures for dealing with alleged breaches of training regulations**

A protest is made by a Principal forwarding allegations and substantiating evidence in writing to the Principal of the School concerned and the Chair of Rowing Schools. (This Chair would invite another Principal to deputise if the allegation concerns his/her school.)

The Principal of the School concerned will, through the Rowing Co-ordinator, investigate the allegations and report on this investigation to the Chair of Rowing Schools and the Principal who lodged the protest.

If a breach of regulations is proven, the Principal of the School concerned will agree with the Chair of Rowing Schools on an appropriate course of action. This would then be reported to Principals of all rowing schools. (If agreement cannot be reached, a Principals' meeting would decide on a course of action.)

A decision about a course of action would take into account both the seriousness of the breach and the culpability of either the coach or the crew members or both.

In case of a first proven breach, a warning would normally be issued by the Chair of Rowing Schools. Any subsequent breach may be dealt with by dismissal of the coach, or loss of premiership points for the crew concerned in the Head of the Lake.

#### **Review**

At the completion of a rowing season, the Rowing Co-ordinators will meet to review regulations and other aspects of the season. A written report of the outcomes of this review, and any recommendations arising, will be forwarded to the Chair of Rowing Schools.

As approved at BAS Inc meeting 11.8.2004 for implementation from that date.